

Table 1

Starters	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Sautéed mushrooms	Yes GF available					Yes	Yes Dairy free available							May contain
Fish Platter	Yes	Yes	Yes	Yes					Yes	May contain				
Today's soup	Yes GF available						Yes Dairy free available							Yes
Olives			May contain				May contain							
Baked loaf and olives	Yes						Yes							
Duo off cheese	Yes						Yes		Yes					Yes
Panzerotti ham	Yes						Yes Dairy free available							
Panzerotti salmon	Yes			Yes			Yes Dairy free available							
Panzerotti goats	Yes						Yes							
Garlic bread any	Yes						Yes							
Duck Hash	Yes		Yes available			Yes								
Smoked Haddock & Salmon fishcakes	Yes		Yes	Yes					Yes					
Nachos							Yes			May contain				

Table 1-1

Mains	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Sea bass				Yes			Yes Dairy free available							
Ham Hock	Yes						Yes							Yes
Fish and chips	Yes		Yes available	Yes			Yes Dairy free available		Yes available					
Mushroom penne pasta	Yes available						Yes							May contain
Fried chicken	Yes		Yes available				Yes		Yes	May contain				
Parmesan Crusted Salmon	Yes available		Yes	Yes			Yes							
Vegetable bolognese pasta	Yes available													Yes
Mushroom risotto							Yes							Yes
Pork Tenderloin							Yes Dairy free available		Yes					Yes
Homemade Hunters chicken			Yes available				Yes		Yes available					
Lamb Duo							Yes							Yes
Homemade Pie of the Day	Yes available						Yes							Yes
House dressing									Yes					
Homity Pie	Yes						Yes							Yes
Beef Lasagne	Yes		Yes				Yes		Yes available					
Sausage and mash	Yes					Yes	Yes							Yes

Table 1-2

Steaks	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
8 oz sirloin							Yes Dairy free available							Yes in sauce
10 oz ribeye							Yes Dairy free available							Yes in sauce
Garlic prawns		Yes					Yes							
Peppercorn sauce							Yes							Yes
Diane sauce						Yes	Yes							May contain

Table 1-3

Burgers	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
8 oz beef burger	Yes GF available						Yes Dairy free available							Yes
Halloumi burger	Yes GF available						Yes							
Buttermilk	Yes		Yes available				Yes		Yes	May contain				
Falafel burger	Yes		Yes available						Yes					
Pulled Pork Burger	Yes GF available		Yes available				Yes		Yes					

Table 1-5

Kids menu	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Fish goujons	Yes			Yes										
Tomato mozzarella pasta	Yes GF available						Yes Dairy free available							
Chicken strips						Yes	Yes Dairy free available							Yes
Cheese burger	Yes GF available						Yes Dairy free available							
Kids pizza any	Yes GF available						Yes Dairy free available							
Kids desert any							Yes							
Macaroni cheese	Yes						Yes		Yes					

Table 1-6

Sides	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Chunky chips														
Sweet potato wedges														
Baby potato							Yes Dairy free available							
Seasonal vegetables							Yes Dairy free available							
Dressed side salad									Yes					
Coleslaw			Yes						Yes					
Garlic mushrooms							Yes							
Garlic flat bread	Yes GF available						Yes							
Halloumi frice							Yes							
Macaroni cheese	Yes						Yes		Yes					

Table 1-7

Lunch menu	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Fish finger sandwich	Yes		Yes available	Yes			Yes available		Yes available					
Chicken club sandwich	Yes GF available		Yes				Yes Dairy free available		Yes					
Croque monsieur	Yes GF available						Yes		Yes					
Croque madam	Yes GF available		Yes				Yes		Yes					
Skirt steak	Yes GF available						Yes Dairy free available		Yes					
Fish cakes	Yes		Yes	Yes			Yes		Yes					
Sausage	Yes						Yes							Yes
Fish and chips	Yes		Yes available	Yes			Yes Dairy free available		Yes available					
Gammon egg			Yes											
Cooked ham	Yes GF available						Yes Dairy free available		Yes					
Scampi in basket	Yes	Yes	Yes						Yes					
California flatbread	Yes						Yes							
Plain nachos							Yes							
Prawn cocktail	Yes available	Yes	Yes	Yes			Yes available		Yes					
Falafel & hummus	Yes		Yes											
Steak and onion	Yes available						Yes available							
Bacon and Brie	Yes available						Yes							
Brie and cranberry	Yes available						Yes							
Hoisin duck tortillas	Yes					Yes								
Sweet chilli chicken tortillas	Yes								Yes	May contain				
Tuna melt	Yes available			Yes			Yes		Yes					
Cheese and tomato	Yes						Yes		Yes					

Table 1-4

Pizzas	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Duck and hoisin pizza	Yes					Yes	Yes Dairy free available							
Meat Feast pizza	Yes GF available						Yes Dairy free available							
Garlic mushroom pizza	Yes GF available						Yes Dairy free available							
Chicken pizza	Yes GF available						Yes Dairy free available							
Margarita pizza	Yes GF available						Yes Dairy free available							
Tropical pizza	Yes GF available						Yes Dairy free available							
Sea food pizza	Yes GF available	Yes		Yes			Yes Dairy free available							

Table 1-4-1

Sunday lunch	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Homity pie							Yes							Yes
Beef	Yes		Yes				Yes							Yes
Chicken	Yes		Yes				Yes							Yes
Lamb	Yes		Yes				Yes							Yes
Beef duo	Yes		Yes				Yes							Yes
Lamb duo	Yes		Yes				Yes							Yes
Cheese cauliflower	Yes						Yes							
Mash							Yes							
Yorkshire pudding	GF available		Yes				Yes							