

VEGAN MENU

OUR DISHES ARE FRESHLY PREPARED BY OUR SKILLED TEAM OF CHEFS. PLEASE SPEAK TO A MEMBER OF THE TEAM IF YOU HAVE ANY DIETARY REQUIREMENTS.

	STARTERS TIAVE ANT DIETART REQUIREMENTS.	
	Sauteed Mushrooms - in a creamy porcini sauce served on toasted focaccia	£8
	Avocado & Tomato Bruschetta - with rocket and a balsamic reduction	£7
	Mixed Olives - mixed green and kalamata olives	£5
	SHARING PLATES Garlic Flatbread - choose from vegan cheese or tomato	£8
	Nachos to Share - loaded with vegan cheese, guacamole, tomato salsa, sweet chilli sauce, jalapenos and fresh chillies	£16
	Vegan Platter - vegan meatballs, sundried tomatoes, olives, tomato salsa, rocket and ciabatta	£14
De la	MAINS Mushroom Penne Pasta - garlic mushrooms, porcini and white wine sauce with baby spinach	£16
	Butternut Squash Risotto - with spring onion, red onion & vegan cheese	£16
	Mushroom Risotto - garlic mushrooms, spring onion and vegan cheese	£16
	California Quinoa & Avocado Salad - with roasted butternut squash, tender stem broccoli, spring onion and a maple syrup & lemon dressing	£16
	Add toYour Meal: Falafel £4 Vegan Meatballs £4	
	Vegan Meatball Penne - in a tomato and chilli sauce	£18
	Moving Mountains Vegan Burger - with tomato, lettuce, red onion, vegan cheese, pickles and fries	£18
	Vegan Sausage and Mash - moving mountains vegan sausages with mashed potato, greens and vegan gravy	£17
	Sweet Potato, Mushroom and Spinach Curry - served with rice and poppadoms (contains peanuts)	£17
	Chilli-Non-Carne - served with rice, corn tortilla chips and guacamole	£17
	STONE BAKED PIZZAS	015
	Garlic Mushroom - red onion chutney, spinach, tomato sauce and vegan cheese	£15
	Mediterranean - red peppers, sundried tomatoes, olives, tomato sauce and vegan cheese	£15
	Margherita - tomato sauce, vegan cheese and basil oil	£13
	Mexican - vegan meatballs, pickled red onion, red peppers, jalapeño, guacamole, tomato sauce and vegan cheese	£16
	Vegan Delight - mushroom, red onion, red pepper, cherry tomato, olives, tomato sauce and vegan cheese	£15
	Meatball - vegan meatballs, red onion, tomato sauce and vegan cheese	£15
	Add to your pizza: Vegan Meatballs, Vegan Tuna Mushrooms, Spinach, Onion, Red Pepper, Chilli Flakes, Fresh Chilli, Spring Onion, Broccoli, Cherry Tomatoes, Green Beans, Pineapple	£4 £2

Allergen Information:

Some dishes may be modified upon request. However we cannot guarantee 100% that any items are completely allergen free due to being prepared in a kitchen that contains ingredients with allergens.

Please ask a member of the team for todays specials and dessert options.