

DISHES AND THEIR ALLERGEN CONTENT - JUNE 2026

MC INDICATES DISHES MAY CONTAIN THOSE ALLERGENS

*** INDICATES DISHES ARE COOKED IN THE SAME APPLIANCES AS ALLERGEN CONTAINING FOODS**

DISHES														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
CAESAR SALAD				YES	YES		YES							
CORNFLAKES TENDERS		BARLEY		YES			YES			MC	MC	MC		
SAUTEED MUSHROOMS	YES	WHEAT		MC			YES					MC	YES	YES
SALT AND PEPPER CALAMARI		WHEAT	MC*	MC	MC*		MC	YES	MC			MC		YES
PROSCIUTTO AND FIG BRUSCHETTA		WH, RYE, BAR, SPE, K AMUT		MC			MC			MC	MC	MC	MC	YES
PRAWN & SALMON	YES		YES	YES	YES			MC						
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
GARLIC FLATBREAD WITH TOMATO		WHEAT												
GARLIC FLATBREAD WITH CHEESE		WHEAT					YES							
FETA FLATBREAD		WHEAT		MC			YES							YES
NACHOS		COOKED IN PIZZA OVEN					YES			MC	MC	MC		YES
ADD PULL PORK	YES								YES					
ANTIPASTI PLATTER		WHEAT					YES					YES		
CHICKEN TIKKA FLATBREAD		WHEAT					YES							
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
FISH & CHIPS		WHEAT	MC*	YES	YES		YES	MC*	YES					YES
SIRLOIN STEAK		WHEAT	*		*		*	*						YES
PEPPERCORN SAUCE							YES							YES
BLUE CHEESE SAUCE							YES							YES
LAMB TAGINE	YES	WHEAT					YES			ALMONDS				YES
SEABASS		MC												
PORK TOMAHAWK							YES							
MARRY ME CHICKEN		MC					YES							
SALMON FILLET		MC	MC		YES		YES	MC						
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE

ASPARAGUS RISOTTO	YES						YES							YES
MUSHROOM RISOTTO	YES						YES							YES
ADD CHICKEN							YES							
ADD BREADED HALLOUMI		WHEAT					YES							*
ADD BACON														
ADD GOATS CHEESE							YES							
ADD GARLIC MUSHROOMS														
SALADS	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
STIR FRIED RICE BOWL												YES	YES	
RAINBOW SALAD							YES							
LARGE CAESAR SALAD				YES	YES		YES							
TABOULEH SALAD		WHEAT					YES							
ADD STEAK														
ADD CHIPOTLE CHICKEN														
ADD CHICKEN														
ADD BREADED HALLOUMI		WHEAT		YES			YES							
ADD SALMON					YES									
ADD SEABASS					YES									
BURGERS	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
BRIOCHE BUN		WHEAT		YES			YES						YES	
THE WOODYARD BURGER		WHEAT	*	YES	*		YES	*					YES	YES
PULLED PORK BURGER	YES	WHEAT	*	YES	*		YES	*	YES				YES	YES
HALLOUMI BURGER		WHEAT	*	YES	*		YES	*					YES	YES
CHIPOTLE CHICKEN BURGER		WHEAT	*	YES	*		YES	*					YES	YES
FISH GOUJON BURGER		WHEAT	*	YES	YES		YES	*	YES				YES	YES
MOVING MOUNTAINS BURGER		WHEAT					*						YES	YES
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
PROSCIUTTO & FIG		WHEAT					YES							
SPICY ITALIAN	MC	WHEAT		MC			YES		MC				MC	
MARGHERITA		WHEAT					YES							
CAJUN CHICKEN PIZZA		WHEAT					YES							
HOT HONEY HALLOUMI		WHEAT					YES							*
BBQ MEAT FEAST	YES	WHEAT		MC			YES		YES				MC	
WILD MUSHROOM		WHEAT					YES							

	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
DRESSED SIDE SALAD									YES					
COLESLAW				YES										
CHIPS, FRIES, SWEET POTATO FRIES							*							YES
BABY JACKETS							YES							
ONION RINGS		WHEAT	*		*			*						YES
GARLIC FOCACCIA		WHEAT		MC			MC					MC	YES	
HALLOUMI, PARMESAN & TRUFFLE FRIES							YES							YES
GLUTEN FREE MENU														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
SAUTEED MUSHROOMS	YES						YES						YES	YES
MIXED OLIVES										MC ALMONDS				
PRAWN & SALMON			YES	YES	YES									
CEASAR SALAD				YES	YES		YES							
PROSCIUTTO AND FIG BRUSCHETTA														
NACHOS *		COOKED IN PIZZA OVEN					YES			MC	MC	MC		YES
ADD PULLED PORK	YES								YES					
ANTIPASTI PLATTER														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
PARMESAN SALMON					YES		YES							
SIRLOIN STEAK							*							YES
PEPPERCORN SAUCE							YES							YES
BLUE CHEESE SAUCE							YES							YES
PORK TOMAHAWK							YES							
SEABASS			MC		YES		YES	MC						YES
LAMB TAGINE	YES						YES			ALMONDS		MC		YES
CHILLI NON CARNE														
MARRY ME CHICKEN							YES							
ASPARAGUS RISOTTO	YES						YES							YES
MUSHROOM RISOTTO	YES						YES							YES
ADD CHICKEN							YES							

ADD HALLOUMI							YES							*
ADD BACON														
ADD GOATS CHEESE							YES							
ADD GARLIC MUSHROOMS														
BURGERS	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
GLUTEN FREE BURGER BUN														
GF WOODYARD BURGER				YES			YES							YES
GF PULLED PORK BURGER	YES						YES		YES					YES
GF HALLOUMI BURGER							YES							YES
GF CHIPOTLE CHICKEN BURGER				YES			*							YES
SALADS	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
LARGE CAESAR SALAD				YES	YES		YES							
STIR FRIED RICE BOWL												YES	YES	
RAINBOW SALAD							YES							
ADD SIRLOIN														
ADD CHICKEN														
ADD CHIPOTLE CHICKEN														
ADD HALLOUMI							YES							*
ADD SALMON					YES									
ADD BACON														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
GLUTEN FREE PIZZA BASE *		COOKED IN PIZZA OVEN							MC	MC			YES	
GF PROSCIUTTO PIZZA *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF SPICY ITALIAN *	MC	COOKED IN PIZZA OVEN		MC			YES		MC	MC			YES	
GF MARGHERITA *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF HOT HONEY HALLOUMI *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	YES
GF MEAT FEAST *	YES	COOKED IN PIZZA OVEN		MC			YES		YES	MC			YES	
GF WILD MUSHROOM *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
DRESSED SIDE SALAD									YES					
COLESLAW				YES										
CHIPS							*							YES
FRIES							*							YES
SWEET POTATO FRIES							*							*

ADD GARLIC MUSHROOMS														
ADD FALAFEL														
ADD VE MEATBALLS														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
SIDE SALAD														
VE COLESLAW														
CHIPS							*							YES
FRIES							*							YES
SWEET POTATO FRIES							*							*
LIGHT BITES														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
BACON & BRIE CIABATTA		WH, RYE, BAR, SPE, K AMUT		YES			YES		YES	MC	MC	MC		YES
HAM & CHEESE CIABATTA		WH, RYE, BAR, SPE, K AMUT		YES			YES		YES	MC	MC	MC		YES
BRIE & CRANBERRY CIABATTA		WH, RYE, BAR, SPE, K AMUT		YES			YES		YES	MC	MC	MC		YES
PULL PORK CIABATTA	YES	WH, RYE, BAR, SPE, K AMUT		YES			YES		YES	MC	MC	MC		YES
VEGAN CHEESE & TOMATO CIABATTA		WH, RYE, BAR, SPE, K AMUT					MC*			MC	MC	MC		YES
GOATS CHEESE CIABATTA		WH, RYE, BAR, SPE, K AMUT		YES			YES		YES	MC	MC	MC		YES
VEGAN MEATBALL CIABATTA		WH, RYE, BAR, SPE, K AMUT		MC			MC*			MC	MC	MC	YES	YES
SMALL FISH & CHIPS		WHEAT	MC	YES	YES		YES	*	YES					YES
SMALL SCAMPI		WHEAT	YES	YES	*		YES	*	YES					YES
100Z GAMMON				YES			*							YES
SMALL SEABASS			MC		YES		YES	MC						YES
SMALL MUSHROOM RISOTTO	YES						YES							YES
SMALL ASPARAGUS RISOTTO	YES						YES							YES
PLOUGHMANS PLATTER	YES	WHEAT					YES							
KIDS MENU														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
FISH GOUJONS		WHEAT	*		YES			*						YES
CHICKEN STRIPS							YES							

MOZZARELLA STICKS		WHEAT	*		*		YES	*						*
CHEESE BURGER		WHEAT		YES			YES						YES	
BEEF BURGER		WHEAT		YES			YES						YES	
SAUSAGE		WHEAT											YES	YES
FALAFEL BITES							*							YES
MASHED POTATO														YES
FRIES							*							YES
CHIPS							*							YES
BEANS, PEAS, CUCUMBER, CARROT														
KIDS MARGHERITA		WHEAT					YES							
KIDS HAM PIZZA		WHEAT					YES							
KIDS PEPPERONI PIZZA		WHEAT					YES							
GF MARGHERITA		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF HAM PIZZA		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF PEPPERONI PIZZA		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
SUNDAY LUNCH														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
ROAST BEEF	YES	WHEAT		YES			YES							YES
ROAST PORK	YES	WHEAT		YES			YES							YES
VEGAN WELLINGTON	YES	WHEAT					MC			ALMONDS			YES	YES
CAULIFLOWER CHEESE		WHEAT					YES		YES					
ROAST POTATO	YES													YES
YORKSHIRE PUDDING		WHEAT		YES			YES							
GF YORKSHIRE PUDDING				YES			YES							