### Main Menu

Starters: Chicken Bites – Gluten, Fish\*, Crustaceans\* Watermelon & Feta Salad –Milk Prawn & Salmon Cocktail- Fish, Crustaceans, Egg Corn Ribs- Celery, Milk\*, Sulphites\* Whitebait - Gluten, Fish, Crustaceans\*

### **Sharers:**

Garlic Bread with Cheese – Gluten, Milk Garlic Bread with Tomato – Gluten Feta Flatbread - Gluten, Milk, Sulphites, May Contain Eggs Antipasti - Gluten, Milk, Soya, May Contain Eggs Nachos- Milk, May Contain Sesame, May Contain Peanuts, May contain Nuts, Gluten\* Beef Brisket – Celery, Mustard

### Mains:

Fish & Chips- Egg, Gluten, Fish, Milk, Mustard, Sulphites, Crustaceans\* Rump Steak - Milk Moroccan Lamb – Gluten (GFA), Nuts, Milk (DFA), Sulphites Thai Seabass - Nuts (Coconut), Fish Hot Honey Chicken Tenders – Gluten, Egg, Mustard, Sulphites\* Salmon Fillet – Fish, Milk, Sulphites, Celery Parmesan Linguine- Celery, Gluten, Milk, Sulphites Asparagus Risotto – Celery, Milk Caesar Salad – Eggs, Milk Green Goddess Salad - Milk (DFA) Chicken Add On – Milk (DFA) Halloumi Add On- Milk Bacon Add On-Goats Cheese Add On - Milk Chorizo Add On- May Contain Gluten

# Burgers: Brioche Bun – Gluten, Milk, Egg, Soya The Woodyard – Gluten, Egg, Milk, Soya, Fish\*, Crustaceans\*, Mustard, Sulphites\* Beef Brisket – Gluten, Egg, Milk, Mustard, Soya, Celery, Fish\*, Crustaceans\*, Sulphites\* Hot Honey Chicken- Gluten, Egg, Milk, Soya, Fish\*, Crustaceans\*, Sulphites\* Moving Mountains – Gluten, Soya, Milk\* Halloumi - Gluten, Egg, Milk, Soya, Fish\*, Crustaceans\*

Pizzas:

Prosciutto & Fig- Gluten, Milk Spicy Italian- Gluten, Milk Margherita- Gluten, Milk Mexican Beef- Gluten, Milk Mediterranean- Gluten, Milk Chicken & Chorizo – Gluten, Milk Hot Honey Halloumi- Gluten, Milk, Sulphites\* BBQ Meat Feast - Celery, Gluten, Milk

Sides: Side Salad- Mustard Coleslaw- Egg Chunky Chips- Milk\* Fries- Milk\* Sweet Potato Fries- Milk\* Onion Rings- Gluten, Sulphites, Crustaceans\*, Fish\* Garlic Focaccia – Gluten, Soya, May Contain Sesame, Milk, May Contain Eggs Parmesan Fries- Milk Halloumi Fries- Milk

# Lunch Menu-

White Roll- Gluten, Soya, May Contain Nuts, May Contain Egg, May Contain Milk, May Contain Mustard, May Contain Lupin

**Brown Roll**- Gluten, Soya, May Contain Nuts, May Contain Egg, May Contain Milk, May Contain Mustard, May Contain Lupin

**Gluten Free Bread-**

Panini- Gluten, May Contain Sesame, May contain Peanuts

Prawn & Salmon Roll- Gluten, Crustaceans, Egg, Mustard, Milk\*
Ham Roll- Gluten, Egg, Mustard, Milk\*
Pastrami Roll- Gluten, Egg, Mustard, Milk\*
Beef Brisket Roll- Celery, Gluten, Egg, Mustard, Milk\*

**Vegan Cheese & Tomato Panini**- Gluten, Milk\*, May Contain Sesame, May Contain Peanuts **Goats Cheese Panini**- Gluten, Egg, Milk, Mustard, May Contain Sesame, May Contain Peanuts

**Cheese & Ham Panini**- Gluten, Egg, Milk, Mustard, May Contain Sesame, May Contain Peanuts

Vegan Meatball Panini- Gluten, Soya, Milk\*, May Contain Sesame, May Contain Peanuts

Small Haddock – Gluten, Egg, Fish, Mustard, Crustaceans\*, Milk\*
Scampi-Gluten, Crustaceans, Egg, Mustard, Fish\*, Milk\*
Gammon- Egg, Milk\*

# **Gluten Free Menu**

Starters: Watermelon & Feta Salad- Milk Corn Ribs – Celery, Milk\*, Sulphites\* Mixed Olives -Prawn and Salmon Cocktail- Fish, Crustaceans, Egg Antipasti - Milk, Soya, May Contain Eggs Nachos\* - Milk, May Contain Sesame, May Contain Peanuts, May contain Nuts Beef Brisket – Celery, Mustard

Mains: Salmon Fillet- Milk, Fish, Sulphites, Celery Rump Steak- Milk Thai Seabass- Fish, Nuts (Coconut) Moroccan Lamb- Milk, Nuts, Sulphites Chilli Non Carne-Parmesan Spaghetti- Celery, Milk, Sulphites Asparagus Risotto – Celery, Milk Green Goddess Salad- Milk Green Goddess Salad- Milk Caesar Salad– Eggs, Milk Chicken Add On – Milk (DFA) Halloumi Add On- Milk Bacon Add On-

### **Burgers:**

Gluten Free Bun -The Woodyard – Egg, Milk, Soya, Mustard, Sulphites\* Beef Brisket – Celery, Egg, Milk, Mustard, Soya, Sulphites\* Hot Honey Chicken- Egg, Milk, Mustard, Soya, Sulphites\* Halloumi - Egg, Milk, Soya, Sulphites\*

### Pizzas:

Pizza Base\*- Soya, May contain Mustard Prosciutto & Fig\*- Soya, Milk, May contain Mustard Spicy Italian\*- Soya, Milk, May contain Mustard Margherita\*- Soya, Milk, May contain Mustard Mexican Beef\*- Soya, Milk, May contain Mustard Mediterranean\*- Soya, Milk, May contain Mustard Hot Honey Halloumi\*- Soya, Milk, May contain Mustard BBQ Meat Feast Pizza\*- Soya, Milk, May contain Mustard

Sides: Side Salad- Mustard Coleslaw- Egg Chunky Chips- Milk\* Fries- Milk\* Sweet Potato Fries- Milk\* GF Onion Rings- Milk\* Parmesan Fries- Milk Halloumi Fries- Milk Truffle Parmesan Fries- Milk

## Vegan Menu

Starters: Corn Ribs- Milk\*, Sulphites\* Tomato Bruschetta- Gluten, Sulphites Bang Bang Cauliflower-Gluten, Soy

Sharers: Garlic Bread with Vegan Cheese- Gluten Garlic Bread with Tomato- Gluten Nachos- May Contain Sesame Vegan Platter- Gluten, Soya, May Contain Eggs, May Contain Milk

Mains: Asparagus & Pea Risotto- Celery Green Goddess Salad-Falafel Add On-Vegan Meatball Add On- Gluten, Soya, May contain Eggs, May contain Milk Chilli & Coconut Curry- Gluten, Nuts (coconuts) Vegan Burger Bun- Gluten, May Contain Sesame Vegan Burger- Gluten, Milk\*, Soya Vegan Chilli Non Carne-

Pizzas: Mediterranean- Gluten Margherita- Gluten Mexican- Gluten, Soya Meatball- Gluten, Soya Sides-Side Salad- Mustard Vegan Coleslaw-Chips- Milk\* Fries- Milk\*

# Sunday Menu

Roast Beef- Celery, Gluten (GFA), Egg, Milk Roast Pork-Celery, Gluten, (GFA), Egg, Milk Vegan Wellington- Gluten, Nuts, Soya, Milk Cauliflower Cheese- Gluten, Milk Roast Potatoes-Yorkshire Pudding- Gluten, Egg, Milk Gluten Free Yorkshire Pudding- Egg, Milk

# Kids Menu

Fish Goujons- Gluten, Fish, Crustaceans\* Chicken Strips- Milk (DFA) Chicken Dippers- Gluten, Crustaceans\*, Fish\* Mozzarella Sticks- Gluten, Milk, Crustaceans\*, Fish\* Cheese Burger- Gluten, Egg, Milk(DFA), Soya Beef Burger- Gluten, Egg, Milk(DFA), Soya Sausages- Gluten (GFA), Sulphites Falafel Bites-

Fries- Milk\* Chips- Milk\*

Beans-Peas-Cucumber-Carrot-

Cheese & Tomato Pizza- Gluten(GFA), Milk(DFA) Ham Pizza- Gluten(GFA), Milk(DFA) Pepperoni Pizza- Gluten(GFA), Milk(DFA) \*Gluten Free Pizza Base contains Soya and May Contain Mustard\*