












Allergen Matrix

For cereals containing gluten, and nuts, the type of gluten and type of nut needs to be specified.

MAIN MENU														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
BBQ CHICKEN BITES		WHEAT	*		*								✓	✓
PRAWN & SMOKED SALMON			✓	✓	✓									
CHORIZO IN RED WINE		WHEAT		MAY CONTAIN			✓					MAY CONTAIN	✓	✓
SAUTEED MUSHROOMS		WHEAT		MAY CONTAIN			✓					MAY CONTAIN	✓	✓
TEMPURA KING PRAWNS		WHEAT	✓		*									
GARLIC FLATBREAD WITH TOMATO		WHEAT												
GARLIC FLATBREAD WITH CHEESE		WHEAT					✓							
FETA FLATBREAD		WHEAT		MAY CONTAIN			✓							✓
NACHOS		Cooked in pizza oven					✓			MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		
ADD BEEF BRISKET	✓								✓					
FISH & CHIPS		WHEAT	*	✓	✓		✓		✓					✓
SIRLOIN STEAK		WHEAT	*		*		*							✓
PEPPERCORN SAUCE							✓							
BLUE CHEESE SAUCE							✓							
LAMB TAGINE		WHEAT					✓			ALMONDS				✓

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Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
SEABASS					✓		✓							
PIE OF THE DAY- CHANGES DAILY SO ASK THE TEAM FOR ALLERGENS														
CHIPS							*							
MASHED POTATO														
TUSCAN CHICKEN							✓							✓
SALMON FILLET		WHEAT			✓		✓							
PARMESAN LINGUINI	✓	DURUM WHEAT					✓							✓
ASPARAGUS RISOTTO	✓						✓							
TOMATO RISOTTO	✓						✓							
ADD CHICKEN							✓							
ADD HALLOUMI							✓							
ADD BACON														
ADD CHORIZO							✓							
ADD GOATS CHEESE							✓							
ADD GARLIC MUSHROOMS														

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Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
BRIOCHE BUN		WHEAT		✓			✓						✓	
THE WOODYARD BURGER		WHEAT	*	✓	*		✓						✓	*
BEEF BRISKET BURGER	✓	WHEAT	*	✓	*		✓		✓				✓	*
CAJUN CHICKEN BURGER		WHEAT	*	✓	*		✓						✓	*
FISH GOJON BURGER		WHEAT	*	✓	✓		✓		✓				✓	*
SPICY BEAN BURGER		WHEAT		✓			✓						✓	
PROSCIUTTO & HONEY PEACH PIZZA		WHEAT					✓							
SPICY ITALIAN PIZZA		WHEAT					✓							
MARGHERITA PIZZA		WHEAT					✓							
CAJUN CHICKEN PIZZA		WHEAT					✓							
POLLO PESTO PIZZA		WHEAT					✓							
HOT HONEY HALLOUMI PIZZA		WHEAT					✓							*
BBQ MEAT FEAST PIZZA	✓	WHEAT					✓		✓					
WILD MUSHROOM PIZZA		WHEAT					✓							


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Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
DRESSED SIDE SALAD									✓					
COLESLAW				✓										
CHIPS							*							
FRIES							*							
BABY JACKETS							✓							
SWEET POTATO FRIES							*							
ONION RINGS		WHEAT	*		*									✓
GARLIC FOCACCIA		WHEAT		MAY CONTAIN			MAY CONTAIN					MAY CONTAIN	✓	
HALLOUMI FRIES							✓							
PARMESAN FRIES							✓							
TRUFFLE & PARMESAN FRIES							✓							

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GLUTEN FREE MENU														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
GLUTEN FREE MENU														
SAUTEED MUSHROOMS							✓						✓	✓
CHORIZO IN RED WINE							✓						✓	✓
MIXED OLIVES							MAY CONTAIN							
PRAWN & SALMON			✓	✓	✓									
NACHOS *		COOKED IN PIZZA OVEN					✓			MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		
ADD BEEF BRISKET	✓								✓					
PARMESAN SALMON					✓		✓							
SIRLOIN STEAK							*							
PEPPERCORN SAUCE							✓							
BLUE CHEESE SAUCE							✓							
SEABASS					✓		✓							
LAMB TAGINE							✓		MAY CONTAIN	ALMONDS		MAY CONTAIN		✓
CHILLI NON CARNE														
TUSCAN CHICKEN							✓							✓

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Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
PARMESAN SPAGHETTI	✓						✓							✓
ASPARAGUS RISOTTO	✓						✓							
TOMATO RISOTTO	✓						✓							
ADD CHICKEN							✓							
ADD HALLOUMI							✓							
ADD BACON														
ADD GOATS CHEESE							✓							
ADD CHORIZO							✓							
ADD GARLIC MUSHROOMS														
GLUTEN FREE BUN														
GF WOODYARD BURGER				✓			✓							
GF BRISKET BURGER	✓						✓		✓					
GF CAJUN CHICKEN BURGER				✓										
GF BEAN BURGER				✓			✓							

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Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
GLUTEN FREE PIZZA BASE *	✓	COOKED IN PIZZA OVEN							MAY CONTAIN	MAY CONTAIN			✓	
GF PROSCIUTTO PIZZA *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF SPICY ITALIAN *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF MARGHERITA *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF CAJUN CHICKEN PIZZA *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF POLLO PESTO *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF HOT HONEY HALLOUMI *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	✓
GF MEAT FEAST *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF WILD MUSHROOM *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
DRESSED SIDE SALAD									✓					
COLESLAW				✓										
CHIPS, FRIES, SWEET POTATO FRIES							*							
GF ONION RINGS							*							
HALLOUMI FRIES							✓							
PARMESAN FRIES							✓							
TRUFFLE PARMESAN FRIES							✓							

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VEGAN MENU														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
VE SAUTEED MUSHROOMS		WHEAT		MAY CONTAIN			MAY CONTAIN					MAYCONTAIN	✓	✓
VE TOMATO BRUSCHETTA		WHEAT		MAY CONTAIN			MAY CONTAIN					MAYCONTAIN	✓	✓
VE BANG BANG CAULIFLOWER		WHEAT											✓	
VE GARLIC FLATBREAD WITH CHEESE		WHEAT												
VE GARLIC FLATBREAD WITH TOMATO		WHEAT												
VE NACHOS		COOKED IN PIZZA OVEN								MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		
VE PLATTER		WHEAT		MAY CONTAIN			MAY CONTAIN					MAY CONTAIN	✓	✓
VE ASPARAGUS RISOTTO	✓													
VE TOMATO RISOTTO	✓													
ADD FALAFEL														
ADD VE MEATBALLS		WHEAT		MAY CONTAIN			MAY CONTAIN						✓	
CHILLI & COCONUT CURRY		WHEAT												
MOVING MOUNTAINS BURGER		WHEAT					*						✓	
CHILLI NON CARNE														

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Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
VE MUSHROOM PIZZA		WHEAT												
VE MARGHERITA PIZZA		WHEAT												
VE MEXICAN PIZZA		WHEAT		MAY CONTAIN			MAY CONTAIN						✓	
VE MEATBALL PIZZA		WHEAT		MAY CONTAIN			MAY CONTAIN						✓	
SIDE SALAD														
VE COLESLAW														
CHIPS, FRIES, SWEET POTATO FRIES							*							

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LIGHT BITE MENU														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
WHITE ROLL		WHEAT		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN		MAY CONTAIN	MAY CONTAIN			✓	
BROWN ROLL		WHEAT		MAY CONTAIN		MAY CONTAIN	MAY CONTAIN		MAY CONTAIN	MAY CONTAIN			✓	
GLUTEN FREE BREAD														
PANINI		WHEAT									MAY CONTAIN	MAYCONTAIN		
PRAWN & SALMON ROLL		WHEAT	✓	✓		MAY CONTAIN	MAY CONTAIN		✓	MAY CONTAIN			✓	
HAM ROLL		WHEAT		✓		MAY CONTAIN	MAY CONTAIN		✓	MAY CONTAIN			✓	
CHICKEN & BACON ROLL		WHEAT		✓		MAY CONTAIN	MAY CONTAIN		✓	MAY CONTAIN			✓	
BEEF BRISKET ROLL	✓	WHEAT		✓		MAY CONTAIN	MAY CONTAIN		✓	MAY CONTAIN			✓	
VE CHEESE & TOMATO PANINI		WHEAT					*				MAY CONTAIN	MAYCONTAIN		
GOATS CHEESE PANINI		WHEAT		✓			✓		✓		MAY CONTAIN	MAYCONTAIN		
CHEESE & HAM PANINI		WHEAT		✓			✓		✓		MAY CONTAIN	MAYCONTAIN		
VE MEATBALL PANINI		WHEAT		MAY CONTAIN			MAY CONTAIN				MAY CONTAIN	MAYCONTAIN	✓	
SMALL FISH & CHIPS		WHEAT	*	✓	✓		*		✓					
SMALL SCAMPI		WHEAT	✓	✓	*		*		✓					
GAMMON				✓			*							

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KIDS MENU														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
FISH GOUJONS		WHEAT	*		✓									
CHICKEN STRIPS							✓							
MOZZARELLA STICKS		WHEAT	*		*		✓							
CHEESE BURGER		WHEAT		✓			✓						✓	
BEEF BURGER		WHEAT		✓			✓						✓	
SAUSAGES		WHEAT												✓
FALAFEL BITES														
FRIES, CHIPS							*							
MASHED POTATO														
BEANS, PEAS, CUCUMBER, CARROT														
CHEESE & TOMATO PIZZA		WHEAT					✓							
HAM PIZZA		WHEAT					✓							
PEPPERONI PIZZA		WHEAT					✓							
GF CHEESE & TOMATO PIZZA *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF HAM PIZZA *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	
GF PEPPERONI PIZZA *		COOKED IN PIZZA OVEN					✓		MAY CONTAIN	MAY CONTAIN			✓	

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SUNDAY LUNCH														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
ROAST BEEF	✓	WHEAT		✓			✓							
ROAST PORK	✓	WHEAT		✓			✓							
VEGAN WELLINGTON		WHEAT								ALMONDS			✓	
CAULIFLOWER CHEESE		WHEAT					✓		✓					
ROAST POTATOES														
YORKSHIRE PUDDING		WHEAT		✓			✓							
GF YORKSHIRE PUDDING				✓			✓							

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