

OCTOBER 2025 LUNCH MENU

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1

2

Chicken Nuggets
Green Beans
Mashed Potatoes
Peaches
Whole Wheat Bun
1% Milk – Whole Milk

3

Cheese Pizza
Spinach
Apple Sauce
1% Milk – Whole Milk

4

5

6

Turkey Burgers
Green Beans
Sweet Potato
Fries
Whole Wheat Bun
1% Milk – Whole Milk

7

Beef Meatballs
Broccoli
Mixed Fruit
Whole Wheat Bun
1% Milk – Whole Milk

8

Fish Shapes
Mixed Vegetables
Mashed Potatoes
½ Slice Wheat Bread
1% Milk – Whole Milk

9

Diced Chicken
Taco Seasoning
Black Beans
Brown Rice
Pineapples
1% Milk – Whole Milk

10

Cheese Pizza
Cauliflower
Pears
1% Milk – Whole Milk

11

12

13

Grilled Chicken
Bush Vegetable
Beans
Cauliflower
½ Slice Wheat Bread
1% Milk – Whole Milk

14

Turkey Meatballs
Broccoli
French Fries
½ Slice Wheat Bread
1% Milk – Whole Milk

15

Pasta Cheese
Ravioli W/Sauce
Spinach
Mixed Fruit
½ Slice Wheat Bread
1% Milk – Whole Milk

16

Fish Shapes
Green beans
Potato Tots
½ Slice Wheat Bread
1% Milk – Whole Milk

17

Cheese Pizza
Mixed Vegetables
Peaches
1% Milk – Whole Milk

18

19

20

Diced Chicken
Taco Seasoning
Black Beans
Brown Rice
Pineapples
1% Milk – Whole Milk

21

Chicken Nuggets
Spinach
Sweet Potato Fries
Whole Wheat Bun
1% Milk – Whole Milk

22

Turkey Meat Balls
Green Beans
Mandarin Oranges
½ Slice Wheat Bread
1% Milk – Whole Milk

23

Beef Hamburger
Cauliflower
French Fries
Whole Wheat Bun
1% Milk – Whole Milk

24

Cheese Pizza
Spinach
Apple Sauce
1% Milk – Whole Milk



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26	27 Fish Shapes Spinach Peaches ½ Slice Wheat Bread 1% Milk – Whole Milk	28 Beef Berger Broccoli Potato Tots 1% Milk – Whole Milk	29 Turkey Burgers Mixed Vegetables Bush Vegetable Beans Whole Wheat Bun 1% Milk – Whole Milk	30 Pasta Cheese Ravioli W/Sauce Cauliflower Pears ½ Slice Wheat Bread 1% Milk – Whole Milk	31 Cheese Pizza Green Beans Mandarin Oranges 1% Milk – Whole Milk	
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