

APRIL 2024

SUN

MON

TUE

WED

THU

FRI

SAT

	1 Basic Yoga 6 p.m.	2	3 Latin Flow 6 p.m.	4	5 Yin-Restorative 6 p.m.	6 Kids Yoga 11 a.m.
7	8 Basic Flow 6 p.m.	9	10 Latin Flow 6 p.m.	11	12 Yin-Restorative 6 p.m.	13
14	15 Basic Flow 6 p.m.	16	17 Latin Flow 6 p.m.	18	19 Yin-Restorative 6 p.m.	20 Kids Yoga 11 a.m.
21 Chat about Yoga 11 a.m.	22 Earth Day Flow 6 p.m.	23	24 Latin Flow 6 p.m.	25	26 Yin-Restorative 6 p.m.	27
28	29 Basic Flow 6 p.m.	30				

