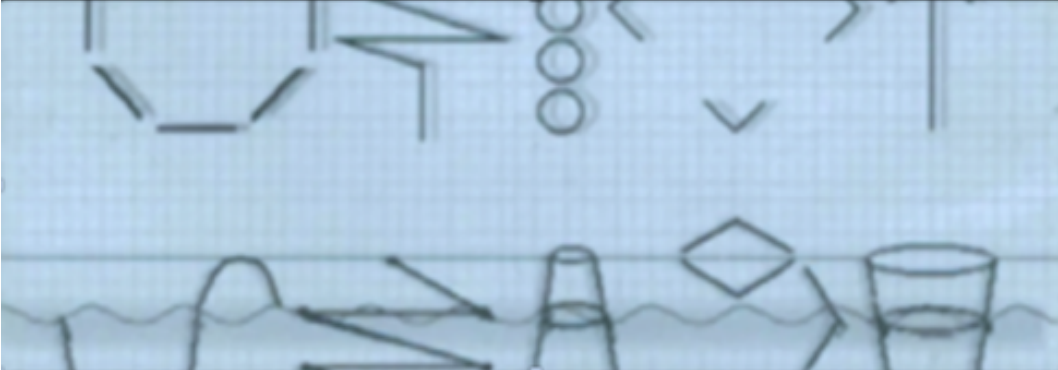


americanmysticom

The Vajra Cannon of Shambhala

The story of Adaptive-psychophysics theory



americanmysticom

americanmystic

ADAPTIVE PSYCHOPHYSICS

not a religion

not a belief in 'UNIVERSALITY'

A respecter of cultural spiritual teaching, from the ages

As they pertain to this moment in time

especially with children's welfare in mind

under-girded by TRUTH!

the reclamation of the old-language [spoken by the heart] the integration of heart and mind

*the reclamation of the soul by the hand of G-D shaping it **by** unseen gigantic loving hands as a verb of poetry*



The Vajra Cannon of Shambhala is a G-d Focused, Cultural Education Project

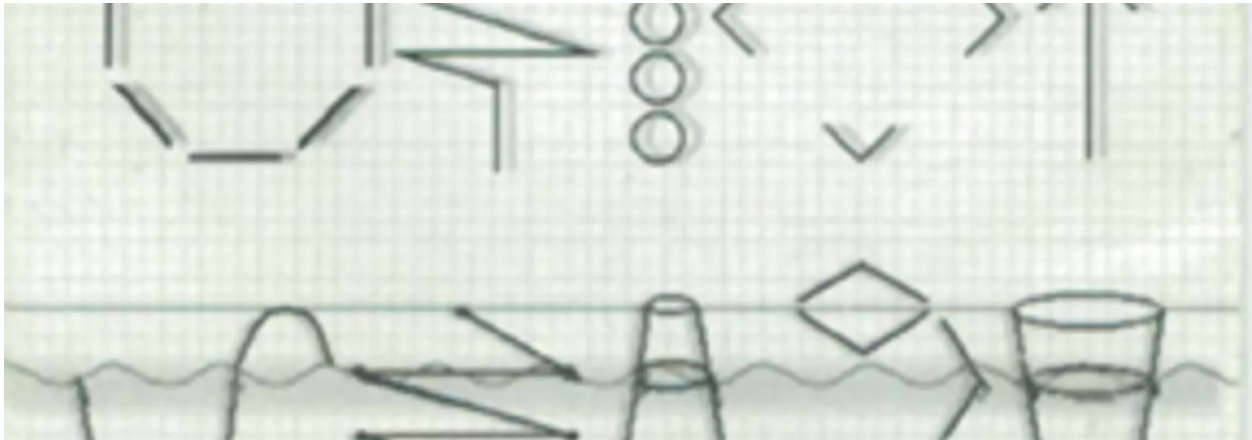
Conceptually based on two threads of 'thought'- Hawaiian Huna, and Geometry.

Woven with cultural symbols, likewise rich with symbolic meaning, that can be read many ways as a method of discovery,

Also, natural, conscious, process

The initial process is read this way - Virtue, Knowledge, Dispassion. Sovereignty. And Kinship. This initial process is described in ancient Sankhya Philosophy, the Science of 'Mind'

Therefore, the name of this first book - 'The Vajra Cannon of Shambhala'.



AM Mind Map

The American Mystic Mind Map is an arrangement of ‘global’ concepts mapped in such a way to make a pattern discernable within a [Cartesian coordinate system](https://en.wikipedia.org/wiki/Cartesian_coordinate_system).
https://en.wikipedia.org/wiki/Cartesian_coordinate_system

.

Forward

This is the result of a ten-year-old child wondering what the heck was going on in a world that made so much of ‘love’ and ‘responsibility’ that it should still contain such destructive ‘hurt’ that threatened a 10-year-old child and his unbelievably kind grandmother.

That child vowed to do what he could to straighten out things – even though it was understood he could not even do a thing other than hug his grandmother in the dead of night when she was suffering terrible angina.

I figured that there was not much that I could do, but I cried and prayed to G-d to help me, if there was such a thing as G-d. My grandmother said there was and a very old picture of Christ Praying in Gethsemane hung near her bed.

So, this is by no means my effort to gain anything other than the remote possibility that my ramblings might prove somewhat helpful to a very disturbed world.



<http://www.heinrichhofmann.net/christ-in-gethsemane.html>

<https://moastore.byu.edu/product/christ-in-gethsemane/>

<https://pixels.com/featured/christ-in-gethsemane-heinrich-hofmann.html?product=canvas-print>

About G-d

Everyone has their own notion about what G-d is or isn't. You can get a gaggle of people together for the worship of G-d, and yet each individual very likely has a different opinion and experience.

I take a very simplistic approach, G-d is unfathomable. G-d acts or doesn't nonmatter what people may think. G-d cannot be contained in totality.

The best cognitive description of G-d is 'The G-d of Truth'.

The best heartfelt description of G-d is I believe is 'Great Spirit' and 'Grandfather'.

People may be of one belief or another, but there is one concept of the creator as an unfathomable being of creative conscious intent.

About G-ds Design

I did not intend to make my mind map as it is. It developed as a result of intuition of an inherent design. Building from the most basic, to the most complex each cultural symbol interlocks remarkably.

Man cannot create in any fashion which is given to him other to mold or assemble and partake. The warp and weft of the Cosmos is G-ds, a wonder for man to behold.

Training

First of all, I'm not training you squat. G-d is training you! I put on paper the patterns I saw, and valued the training that I received from Masters of their respective spiritual art. You can do the same. I believe letting you know my process will be help enough.

Huna

Because the basis of Hawaiian Huna is so much a common thread it is appropriate to spend time elaborating what I can of it and the basic Cartesian model that I liken Huna, Consciousness, and everything in the known, then unknown universe. Because the deepest parts of the unknown universe are unknowable, I'll just leave it at that.

Paradox

Duality is Paradox. The nice thing about 'paradox' is that in makes for a wry humor. The world truly does consist of fabric. Because it was fabricated.



Virtue



Heaven – Lion – Courage; Every beginning must start with courage, not ordinary courage but courage inspired by heaven

Water – Snake – Discipline; The discipline of water flowing in a stream from the mountaintop, upon meeting an obstacle gently circumvents or waits until the stream overflows

Mountain – Bear – Tolerance; The Bear is Like the Mountain that allows all manner of things to grow upon its back, and might twist, scratch, rub and even playfully shake its massive fur

- Special Note: When looking at this end of the ‘mental’ or ‘psycho-physical’ spectra it is important to realize that what we are looking at is the very very deep memories of our origin as human beings. These memories are rooted in the very water, earth, physical directions, animal ‘cousins’ and the deep unknown experienced by others gone past. If you will subtly notice whenever you need some memory that you can’t quite remember, you ask yourself ‘what was that memory’ by physically locating it from below. And from below it gently rises floating up at some point in time, back into your recollection.

Somatic Learning of Subtle Psycho-Physical Principles

Now seems a good time to introduce the basic premise of the Vajra Cannon and its association with key insights into mind and body as taught traditionally. Somatic learning is to promote harmony between mind and body. The most ancient methods are like the deepest of rootlets of an ancient tree. This cannot be overemphasized.

The best way I believe to experience this is through Bagua Zhang. I was taught Liu Bin style by Zhang Jie. Demonstrated here.

<https://www.youtube.com/watch?v=eW6V1LFBuGo>

You could have no finer instructor than Zhang Jie from Seattle. Humble and wise. Deeply rooted and subtle.



You might also want to check out this fun video; Bagua vs. the world 101 ways to train 柔身連環八卦掌 RJA 孔有有

<https://www.youtube.com/watch?v=RQYMIDIWSXA>



I believe every culture should be seen, heard and experienced for its goodness.

The human body is a complex and simple organism. You can view it as a basic machine, that's what modern science tends to do. But in real science, you never quite reach the boundaries.

With Chi, body energy, you experience yourself as partaking as if in a stream of energy – because you always are.

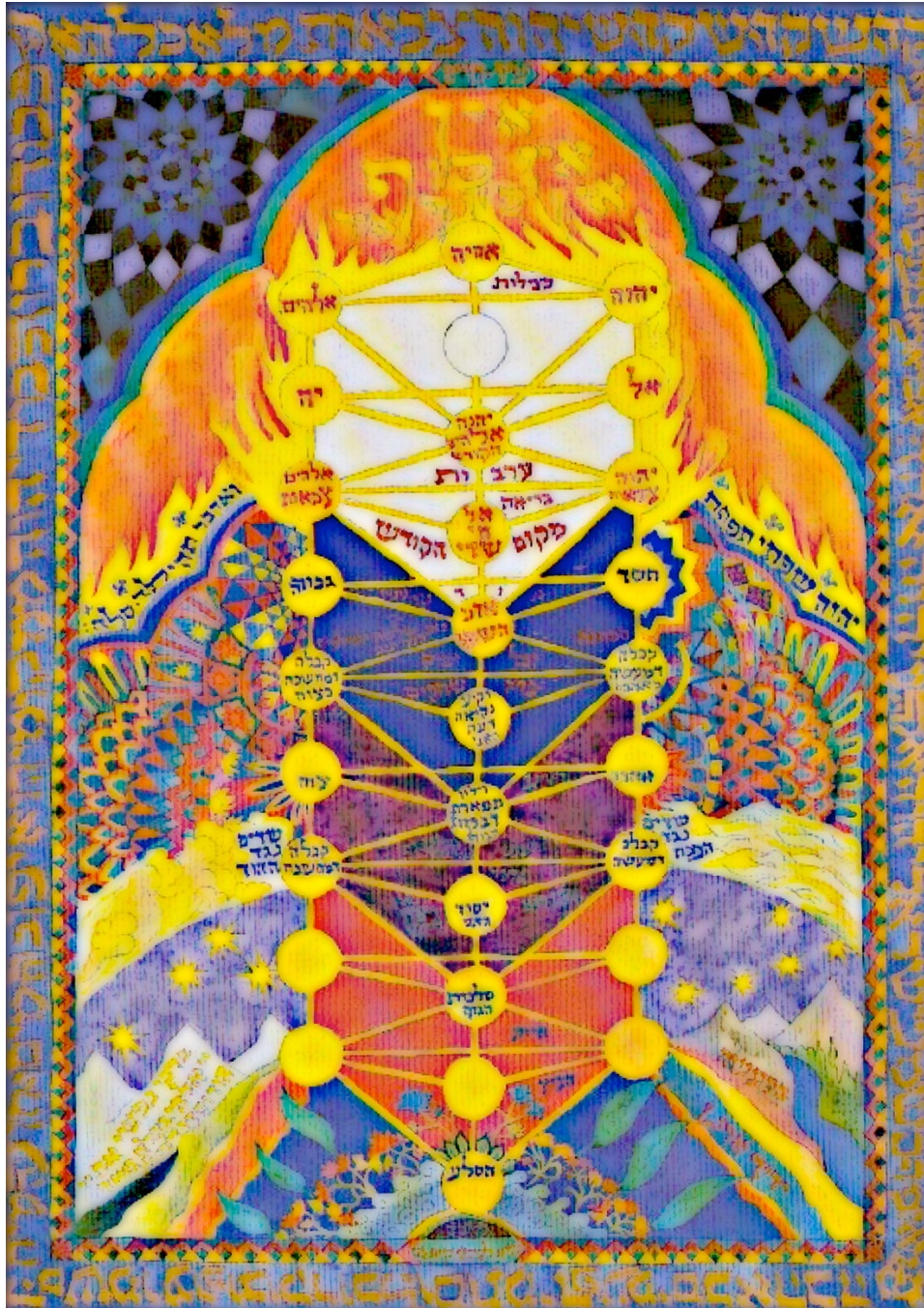
Observations, Discussion and Conjecture

Taoism is the perfect observation of nature. It describes nature, the cycles of nature, the facets of nature. I believe that Taoism arose from the many systems of belief in China, itself an answer to not fight. To not struggle with nature. To stop the fighting of mankind. To appreciate the Garden.

No doubt mankind fought many bloody wars, but none so futile as that against nature. Taoism does not make argument over how the egg was formed. It sidesteps the arguments of man, and appreciates the mechanisms of the garden itself.

Taoism emphasizes humility. Why humility? Because that is the nature of man in the face of the enormity of the forces of nature, and the cosmos above man. It is the answer to partake of the cosmos by understanding the power of nature giving life.

Knowledge



Keter – Crown – Primary Will

Chokmah – Wisdom – Brain Centered

Binah - Intuition, Understanding, Insight – Heart Centered

The Fire of G-d is the Tree of Life in full Glory shown with spheres of coalesced attributes connected as in a lightning bolt.

The concern of Jewish Knowledge is to understand and be devoted to G-d, maker of Heaven and Earth, from which all of creation is supported and continually made in every instant a divine gift evidence of His presence.

True knowledge comes as inspiration continuously cascading from above.

We are one of the creatures of G-d's Garden, made specifically to fulfill His desire for Dialog, Recognition, and to engage in the fulfillment of His Will to make this world His Home.

- Corridors of Knowledge occur as a 'spark' of vision connected to G-d. It is an unusual type of feeling, as if being touched by G-d yet through ordinary things that 'in the moment' speak directly to you without words. More than synchronicity is Awesome Divine Consciousness.

This seems a good website for more information;

<http://www.jewfaq.org/kabbalah.htm>

I think it is important to point out that the very historic Jewish desire to know G-d and to understand G-d's will for their life is what motivates them to daily prayer throughout the day –they do it to become closer to G-d and so be in harmony with G-d, just as one would wish to be in harmony with a spouse, and within the self. This type of belief confronts the reality of disharmony and the need to perform honest effort to come to 'right thinking' knowing G-d's Truth with Humility, and thus work toward understanding and reconciliation daily.

If you want to investigate Jewish prayer;

Siddur Tehillat Hashem: With Annotated English Translation (English and Hebrew Edition) <https://www.amazon.com/Siddur-Tehillat-Hashem-Annotated-Translation/dp/0826601529/>

Also;

<https://opensiddur.org/wp-content/uploads/2009/10/Siddur-Tehillat-haShem-Weekday-Siddur.pdf>

Dispassion



His Holiness Jigdal Dagchen Sakya Rinpoche

My prayer for the Great Tibetan Masters whom brought to the West their understanding and wisdom regarding the goal of enlightenment, may the fulfillment of their quest be accomplished.

To be frank as a modern western layperson attempting to understand this wonderful teaching, I admit to my own ignorance and bias. I am not so learned to suggest that I could pass on the breadth of learning and teaching that can be had by going directly to the source and so I would admonish you to investigate further there. They practice to perfect loving-kindness and compassion for all creatures. They follow the Buddhas practice, which is to not worship the many gods. To follow only a man who practiced peace. Yes, they make figures of that man, in order to worship those ideals. A lasting way of remembrance.

For my part, my understanding of this teaching is basic, and specifically focused upon the fundamentals, which the Tibetans themselves learned from the Ancient Indian Masters. I found that from Samkhya Philosophy to Tibetan, the same root teachings apply – that is the principle of cause and effect, the principle of dependent arising, the perception of time, the poisons (hatred, ignorance, greed) and their antidote.

The most helpful of prayers and contemplative meditation - the Heart Sutra.

The training of superconscious meditation by the Samkhya Himalayan Masters, the most essential. (link can be found on the TUMBLR site).

In this training is the primary discovery of capital C 'pure Consciousness'. And only secondarily the 'Gifts' of pure consciousness once brought under volitional control – hence the word 'Dispassion'. (see The Yoga Sutras of Patanjali)

- Of special note; The practice of superconscious meditation is to still the thoughts of man. It is said that to quell the continuous thoughts even for a moment is a great accomplishment. This practice leads to the realization that you are not your thoughts. Most people identify themselves as husband, wife, male, female, old, young, I am this skin color, I am that job – while none of these are your essential nature. The essential nature that G-d had planted in you is pure consciousness – ever pure, ever wise, ever free, unstained and unencumbered by anything of this world. Ignorance of this is the primary fact that leads to grasping of all kinds, becoming the ripples of delusion that pervades/clouds the mind that does not know how to still.

Once the practitioner has quelled the many voracities of the mind, mind becomes like a clear multifaceted diamond. In its most obvious form, it refines itself through the body the attitudes of loving-kindness and compassion. Having transmuted the poisons of selfish endeavor, the mind becomes a clean window to view the world differently, and increasingly see G-d's living light.

Of all the people on this earth, Tibetan Buddhists stand out to bring forth these fruits of understanding, loving-kindness and forbearing protest, in the face of CCP efforts against its free practice, that continues to this day to attempt its cultural genocide.

Core Summery

At this juncture I would like to point out that each of the three systems of thought thus far are complete and whole unto themselves and I strive to keep them that way, not only out of cultural respect but also in favor of thoughtful preconception.

In my interpretation each of the three has a particular vein of thought that more specifically addresses the three delineations of Huna. It is my personal belief that Ancient Huna represents either a root knowledge of all three, or may very well be representative of one of the twelve tribes.

Practice of body energy flow best addresses the low self. Prayer and contemplation of Truth best address the middle self. And Self-less Meditation best gives rise to an understanding of the High-self.

To make this practice distinct allows the practitioner to *know* these delineations.

Sovereignty



‘Christus Consolator’ by Carl Bloch

Sovereignty over ‘self’ is the intermediate goal in order to let G-d’s light shine through, and make the earth G-ds home (the primary goal). Christianity has inspired the world since inception. It was Christ who made several distinctions to clarify peoples muddled thinking, performed mighty acts, and really introduced Judaism to the entire world, now made more accessible to those conflicted souls of other cultures.

The Cross is the symbol that people carry in remembrance of his sacrifice for us. But I think that this ‘Consolator’ image is how Christ should be remembered as he walked among the people and not only accepted people to follow, admonished them to *do* as he because they are true brothers and sisters. Remember Christs cry upon the cross to G-d, Father forgive them they know not what they *do*.

What they did is twist the words of Christ in court so that they could accuse him of blasphemy and attempting to take rulership over the Roman prefecture – he was a political threat. So fake news has always been with us, spinning words to help the powers and principalities on the earth – using the people to riot so that they could be put-down to demonstrate *their* sovereignty.

Christ to me represents *the* ‘threshold’ of human experience. There is a threshold before G-d you do not want to pass unprepared. Before you stand before G-d you need to cleanse yourself, and that includes making a good survey and accounting of your ‘self’.

TIME – SPACE, ESTEEM – BELONGING, the threshold of consciousness and emptiness

Do have a deeper understanding of Christ we have to look to Jewish understanding of G-d, and The five divisions of soul ¹;

Yechidah The Divine Spark Quiescence - Ether – Unity

Chayah World of Emanation Fullness - Air – Awe

Neshamah World of Creation Emptiness ² - Earth - High Self (The High Self of Man is transiently tethered to the earth as its direct connection (umbilicus) is to the Nefesh, not the Ruach. The shell of the Ruach interferes with communication between the Nefesh and Neshamah until the Ruach is ready to participate, or ‘flowers.’ ³

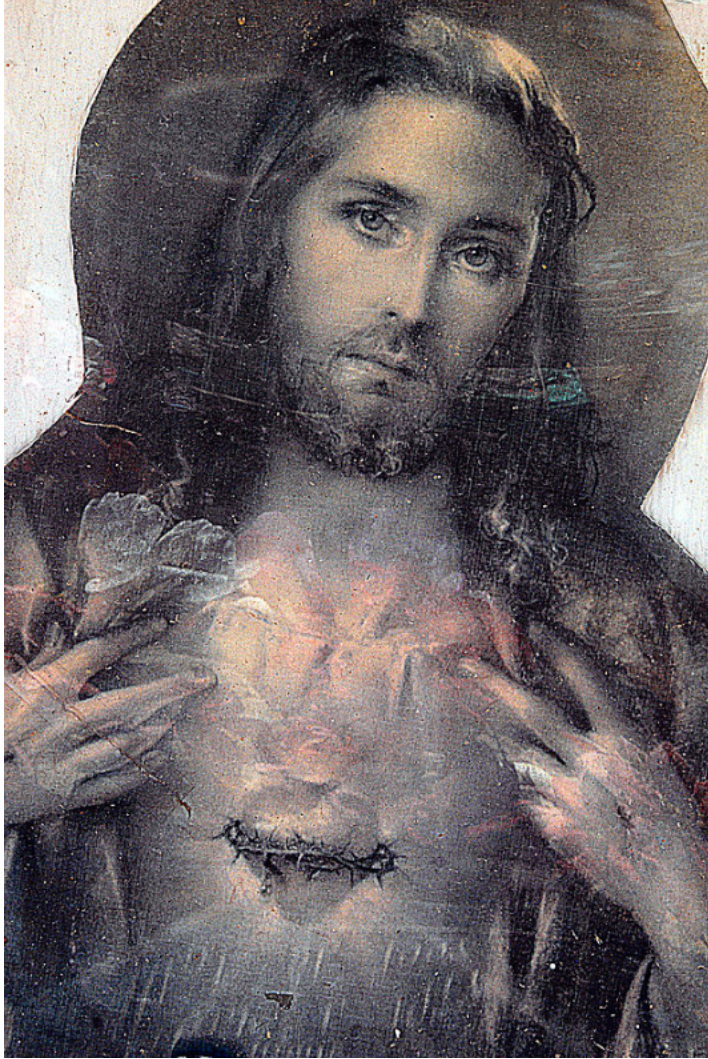
Ruach World of Formation Mental – Fire - Middle Self

Nefesh World of Action Animal – Water - Low Self

¹ Referencing ‘The Long Shorter Way, Discourses on Hasidic Thought’ by Adin Steinsaltz, the soul is not really divided rather extensions of a process of realizations, the Neshamah not ordinarily observed other than perhaps by the glow of the ‘Holy Spirit’

² The term ‘emptiness’ employed has three connotations. First, the earth as an empty vessel fruitful when properly nurtured. Second, the ‘hunger’ of man at several levels of existence is seemingly unquenchable. Third, it is a term used by the Tibetans to signify the fruitful conquering or hollowing-out of ‘self’, the remedy to delusion, the realization of ‘self’ beyond mundane wants, the antidote to hatreds and greed.

³ matures in spirit, become ‘enlightened’



Face of Jesus San Jose De Armijo Cemetery Albuquerque –

[‘The mind of one before G-d’.](#)

<https://fineartamerica.com/featured/face-of-jesus-san-jose-de-armijo-cemetery-albuquerque-new-mexico-2010-john-hanou.html>

Kinship

Quote from [Daily Wisdom vol. 2 - Compact Edition 4½ x 6½](http://store.kehotonline.com/prodinfo.asp?number=ERE-DAIL2.PKT)
<http://store.kehotonline.com/prodinfo.asp?number=ERE-DAIL2.PKT>
 – Inspiring insights on the Torah portion from the Lubavitcher Rebbe



“pp404 Deuteronomy – Tavo FIRST READING (Deuteronomy 26:1-11)

Moses taught the Jewish people the laws regarding the first fruits of the annual harvest, which they would be required to observe once they enter the Land of Israel.

A Descent that Leads to Ascent

[Moses told the Jewish people,] "When you enter the land that G-d, your G-d, is giving you.... "

Allegorically, "coming into the land" refers to the descent of the soul into the body at birth. This descent is quite drastic, for when we leave our idyllic, spiritual abode, we find ourselves confronting a world whose physicality is so overwhelming that it totally obscures the Divinity within it.

Nevertheless, this new abode is a gift "that G-d, your G-d, is giving you." This is because before our descent into a body, we are capable of experiencing only the degree of Divine consciousness that characterizes our pre-birth level of spirituality. In contrast, in the course of fulfilling our mission in the physical world, we acquire the ability to experience much higher levels of Divine consciousness. Thus, our descent into this world leads to an ultimate ascent - a level of Divine revelation higher than we had ever known.

Being aware of this process helps us maximize the time we spend in this lifetime, inspiring us to live our lives in the fullest and best way possible.¹

1. Likutei Sichot, vol. 9, p. 357.”

Thus, the cautionary tale is this, the level of ascent in this world matters. If you're working it the opposite direction, you're only moving yourself away from G-d, which is colorfully described in some literature.

Better to keep 'progress' going through the wholesome teaching of the 'masters', those like Rebbe, of experience and recognized accomplishment. The Jewish prescription is daily prayer, Torah study, and daily application of Mitzvahs, with adherence to the Ten Commandments. Those not of the Jewish faith are admonished to follow at minimum the Noahide Laws. G-ds command and contract to all after the flood.

The Jewish people take their idyllic model as those qualities enumerated of G-d. Being sure to not mistake oneself as G-d, one is still obligated to understand that the qualities of G-d are to be emulated, an expectation made by G-d, part of the contract made by the Jewish people with G-d, and are a basis for conversation between the self-separated soul with G-d.

Some qualities of G-d;

True

Just

Loving

Upright

Merciful

Beneficent

Good

Kind

Gentle

Caring

Powerful

Strong

Protective

Charitable

Knowing

Forgiving

Understanding

Present

Sympathetic

Slow to Anger

A Stronghold of Salvation

Deliverer

Healer

Shepard

Glorious

Thunderous

Wonderful

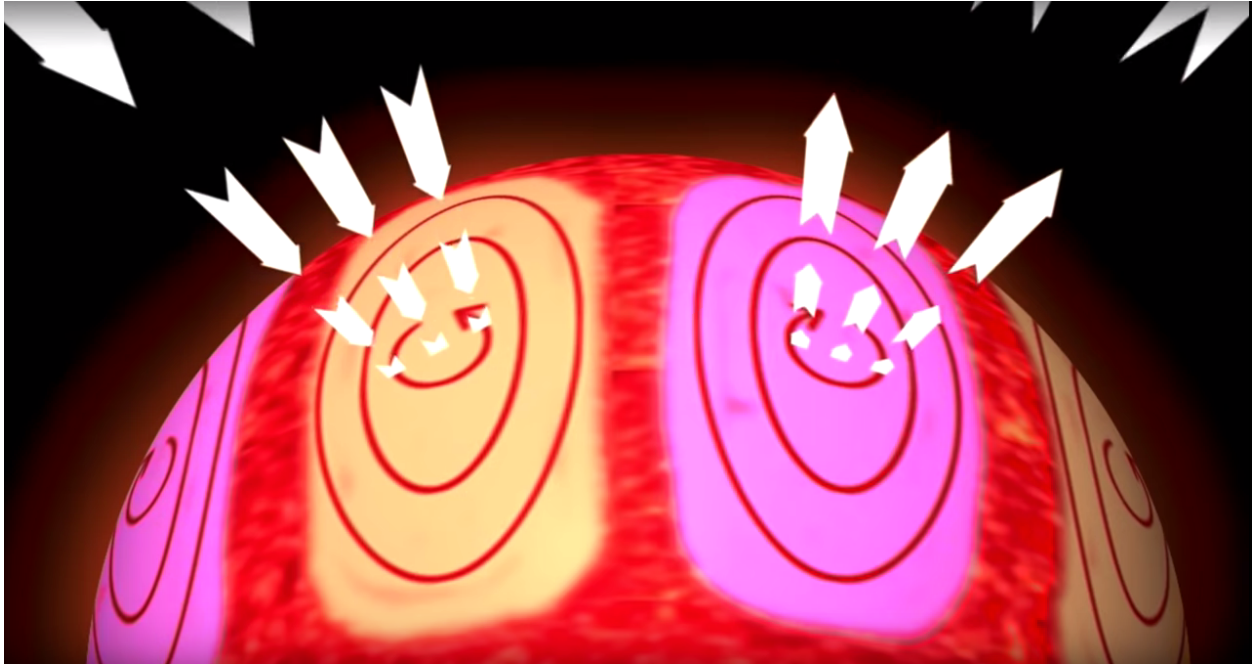
Beautiful

Awesome

Patient with the wicked, that they be destroyed (it's in the works)

Ultimately terrible toward the wicked

IONIZATION AND TIME



Could our consciousness be affected by phases in ionization & time?
What about Culture, and the time phase lock of cultural traditions?

Life and consciousness are deeply affected by ionization cycles related to solar and even galactic filament connections. We don't notice those very large changes. We first focused on the cycles of nature as in Taoist philosophy. And even today that development of thought comes from very ancient times in human civilization. Hence the fixation on longevity, and the development of elixirs to extend the potency of life.

In a very real way, the difference in cultures upon the earth today, is a result of developed traditional culture – rather locked in the era from which the cultural philosophy was developed.