



Redwood
Credit Union



REDWOOD EMPIRE
FOOD BANK



Join Your Neighbor!

Food insecurity is everywhere. 13% of our neighbors are struggling to put nutritious food on the table. Here is a simple way where YOU can make a difference. Help when you can, skip when you can't. Its that simple.

Your Neighbor; _____
is helping, can you join us?

Fill the paper bag with shelf stable foods,
we will drop off a reusable bag for next
time.

Needs List:

- ☐ Canned Meats are especially great
- ☐ Cereals: healthy, &/or bran, and low sugar
- ☐ Canned vegetables
- ☐ Ground Coffee
- ☐ Peanut Butter, other high protein spreads
- ☐ Rice and Pasta; flavored rice kits



Scan this QR Code to register,
and we will be back **Saturday,**
November 8 @ 9:00am.

Or <https://sgevents.org/396>



More Info: www.SimpleGesture.org

Email: info@SimpleGesture.org

Flip this card over for more info

BECOME A SIMPLE GESTURE Food Donor

How It Works!

1

SIGN UP TO BE
A FOOD DONOR.

WE'LL PROVIDE YOU
WITH A FREE, REUSABLE
GREEN BAG!

2

FILL YOUR GREEN BAG WITH FOOD.

WHEN YOU SHOP FOR
GROCERIES, SIMPLY
BUY 1 OR 2 EXTRA
ITEMS TO FILL YOUR
GREEN BAG—
OR YOU MAY
LIKE TO FILL IT UP
IN ONE TRIP!

FOLLOW INSTRUCTIONS
ON THE BAG TAG.

THE MOST NEEDED ITEMS
AND PICK UP SCHEDULE LISTS
ARE ATTACHED TO YOUR BAG.

3

"MOST
NEEDED"
• SOUP
• FLOUR
• RICE
PICK UP
ON: 4/1

4

PLACE YOUR GREEN
BAG ON YOUR PORCH
ON THE SCHEDULED
PICK UP DAY.

A VOLUNTEER DRIVER
WILL PICK IT UP AND LEAVE
AN EMPTY GREEN BAG
FOR THE NEXT PICK UP!

YOUR FILLED GREEN
BAG IS DELIVERED
TO OUR LOCAL FOOD
PANTRY PARTNERS!

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