

Thank You!

Your Food Donation makes a difference!

Your Pantry Needs:

- ☐ Canned Meats are especially great
- ☐ Cereals: healthy, &/or bran, and low sugar
- ☐ Canned fruits and vegetables
- ☐ Peanut Butter, other high protein spreads
- ☐ Rice and Pasta; flavored rice kits

Upcoming Pick-Up Events:

- **August 1st**
- **September 12th**
- **October 3rd**
- **November 7th**
- **December 5th**
- **January 9th**

Please spread the word! Give this card to your friends, neighbors and co-workers to **JoinSG.org**, signing up is quick and easy.



Email;
info@SimpleGesture.org

More Info;
www.SimpleGesture.org



Sorry We Missed You!

We came by to pick up your bag of food.

But its ok! You can still participate!

Donating money is **VERY**
HELPFUL!!! Scan the QR code.



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Redwood
Credit Union®

Together, we can **eliminate** Food Insecurity
- right here where we live

13% of Americans Are Food Insecure.
Even more in Napa, Marin,
Sonoma, Lake and Mendocino

Thank you for Registering!

Scan this
QR Code using
your phone



OR

<https://sgevents.org/378>

More info? www.SimpleGesture.org

How does it work? Flip this card over for more info

BECOME A SIMPLE GESTURE Food Donor

How It Works!

1

SIGN UP TO BE
A FOOD DONOR.

WE'LL PROVIDE YOU
WITH A FREE, REUSABLE
GREEN BAG!

2

FILL YOUR GREEN BAG WITH FOOD.

WHEN YOU SHOP FOR
GROCERIES, SIMPLY
BUY 1 OR 2 EXTRA
ITEMS TO FILL YOUR
GREEN BAG—
OR YOU MAY
LIKE TO FILL IT UP
IN ONE TRIP!

FOLLOW INSTRUCTIONS
ON THE BAG TAG.

THE MOST NEEDED ITEMS
AND PICK UP SCHEDULE LISTS
ARE ATTACHED TO YOUR BAG.

3

"MOST
NEEDED"
*SOUP
*FLOUR
*PASTA
PICK UP
ON: 4/1

4

PLACE YOUR GREEN
BAG ON YOUR PORCH
ON THE SCHEDULED
PICK UP DAY.

A VOLUNTEER DRIVER
WILL PICK IT UP AND LEAVE
AN EMPTY GREEN BAG
FOR THE NEXT PICK UP!

YOUR FILLED GREEN
BAG IS DELIVERED
TO OUR LOCAL FOOD
PANTRY PARTNERS!

5



START A CHAPTER:

Rotary clubs love it

- Members want to participate, it's a big impact
- It doesn't take a lot of time
- Its already very organized
- It's a game changer for your local pantry
- It helps your community thrive

We especially need help in: Sonoma (city),
Santa Rosa, Sebastopol and Petaluma

Or, just register and
be a donor or driver!



For more information write to;
Info@ASGHelps.org

Web Site; www.ASGHelps.org