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AI-generated content may be incorrect.**

**Barrier Repair Kit Instructions**

**Your kit contains:**

1. **Tinted Sunscreen**

**You’ve had a skin procedure that requires good quality *after care*. We’re here to help!**

**Do NOT use your own home products, which may not be compatible. Do not use alpha-hydroxy acids, Vitamin C cream or any creams that claim to lighten skin until 1 month after ANY procedure. Immediately after a procedure, you must use mild cleansers and barrier repair creams until healed. Do NOT use sunscreen or expose your skin to sun for at least three days post procedure.**

**Depending on the procedure, healing can take 3 days to 3 weeks.**

**Thank you for purchasing the barrier repair kit, which will help your skin heal faster and reduce the risk of scarring.**

1. **Barrier Repair Cream**
2. **Conditioning Cleanser**

**How to use your kit:**

***Conditioning Cleanse***

First, wet your hands and face with water, then use a pea size amount as a face wash morning and night. It’s a mild cleanser designed for post procedures.

***Hydrating Barrier Cream***

***After Peel Instructions:*** You will be prescribed ointments that you mix together and apply with wet hands to wet skin 2-3 x a day for a week. Apply a thin layer of hydrating barrier cream daily whenever the skin feels dry. *Do not use the ointments for more than a week or you may get pimples*. After a week just use the hydrating barrier cream after washing your face until fully peeled. After this you may use your normal regimen. You may use these products or save them in case you need another peel.

***After Microneedling Instructions****:* You will be given TWO tubes: a *Lift glide gel* and *“Rescue calming complex”* that has a blue label. Use only the white tube, *Lift glide gel* as many times as you need for the dryness that occurs 24-48 hours immediately after the procedure. Do not use any other product. The tube contains enough product for 1-2 days of use. For the next 2-4 days, use the tube with the blue label called *“Rescue calming complex”* daily as needed for dry, peeling skin throughout the day. Use it until finished. After 3-4 days, wash face, apply hydrating barrier cream (thin layer only) followed by the sunscreen during the daytime. In the evening, wash your face then apply the barrier repair cream before bed. Save these products for your next microneedling.

**Sunscreen -** Do not go outside for an extended period until two weeks after a chemical peel or 3 days after microneedling. Once you’ve finished peeling, you can use the sunscreen daily.