



CONSENT TO PRP/PRF TREATMENT

PATIENT: _____ DATE OF BIRTH: _____

Description of treatment:

- This treatment involves the collection of your blood (approximately 10 - 30ml), then your blood is spun down using a centrifuge to separate out the plasma and platelet portion. The platelet-rich plasma (PRP)/ platelet-rich fibrin (PRF) portion of your blood is then injected back into your skin to stimulate new collagen production, and to re-energize your cells into rejuvenating themselves. The product injected is 100% your own blood by-product.

Contraindications:

- You should not have PRP/PRF treatments done if you have any of the following conditions: skin cancer, systemic cancer, chemotherapy, steroid therapy, dermatological diseases affecting the face (i.e. Porphyria), blood disorders and platelet abnormalities, or anticoagulation therapy (i.e. Warfarin).
- Advise your treatment provider if you suffer from, or suspect you suffer from, any of the following conditions: platelet dysfunction syndrome, critical thrombocytopenia, hypofibrinogen anemia, hemodynamic instability, sepsis, chronic liver disease, hepatitis or any acute or chronic infections.
- Advise your treatment provider if you are currently taking any of the following medications: aspirin, anti-inflammatories such as Ibuprofen, Diclofenac, or Naproxen, St Johns Wort, and Garlic.
- Advise your treatment provider if are you currently taking, or have you recently taken (within 14 days) Vitamin E, or Fish Oil supplements that could have a thinning effect on your blood.

Side Effects:

- DISCOMFORT: Discomfort may be experienced during blood draw where there is a slight pinch to insert the needle for the blood collection as well as during the procedure if PRP/PRF is injected into the site. Repeat injections may be necessary.
- BRUISING, SWELLING, INFECTION: With any minimally invasive procedure, bruising of the treated area may occur. You will likely experience mild to moderate swelling of the treated area, this will last for about 12-24 hours; ice or cold compresses can be applied to reduce swelling if required. You may notice a tingling sensation while the cells are being activated. Finally, skin infection is rare, but always a possibility with any injection or incision into the skin.
- SCARRING: Scar at entry point is extremely rare but must always be considered a possibility when entering the skin. Delayed wound healing and/or scarring may occur.
- CONTRAINDICATIONS: Smokers may have less response to this treatment as toxins in smoke block the response of the stem cells. Cell death or fibrosis may occur.

Client Consent:

- I understand that due to the natural variation in quality of PRP/PRF, results will vary between individuals.
- I understand that although I may see a change after my first treatment; I may require a series of up to 3-6 sessions to obtain my desired outcome.
- The procedure and side effects has been explained to me including alternative methods; as have the advantages and disadvantages.
- I am advised that though good results are expected, the possibility and nature of complications cannot be accurately anticipated and that, therefore, there can be no guarantee as expressed or implied either as to the success or other result of the treatment.
- I am aware that the PRP/PRF treatment is not permanent as natural degradation will occur over time.

I hereby voluntarily consent to treatment by EFC Medspa and release EFC Medspa, medical staff and technicians from liability associated with the procedure. The procedure has been fully explained to me. I have read the above and understand it. My questions have been answered satisfactorily. I accept the risks and complications of the procedure and I understand that no guarantees are implied as to the outcome of the procedure. I also certify that if I have any changes in my medical history I will notify the office immediately.

Patient Signature: _____ Date: _____