



Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

**GENETIC DISPOSITION**

| SCORE                            | 0                 | 1         | 2                    | 3           | 4           |
|----------------------------------|-------------------|-----------|----------------------|-------------|-------------|
| WHAT IS YOUR EYE COLOR?          | LIGHT BLUE, GREEN | GRAY      | BLUE                 | DARK BROWN  | BROWN/BLACK |
| WHAT IS YOUR NATURAL HAIR COLOR? | SANDY RED         | BLONDE    | CHESTNUT/DARK BLONDE | DARK BROWN  | BLACK       |
| WHAT IS YOUR SKIN COLOR?         | REDDISH           | VERY PALE | PALE                 | LIGHT BROWN | DARK BROWN  |
| DO YOU HAVE FRECKLES?            | MANY              | SEVERAL   | FEW                  | INCIDENTAL  | NONE        |

**REACTION TO SUN EXPOSURE**

| SCORE  | 0                            | 1                  | 2                       | 3              | 4                  |
|--|------------------------------|--------------------|-------------------------|----------------|--------------------|
| WHAT HAPPENS WHEN YOU ARE OVER EXPOSED TO THE SUN?         | REDNESS / BLISTERING / PEELS | BLISTERING / PEELS | BURNS SOMETIMES / PEELS | RARELY BURNS   | NEVER BURNS        |
| TO WHAT DEGREE DOES YOUR SKIN TURN BROWN?                  | HARDLY / NOT AT ALL          | LIGHT COLOR TAN    | MEDIUM TAN              | TANS EASILY    | URNS BROWN QUICKLY |
| DO YOU TURN BROWN WITHIN SEVERAL HOURS AFTER SUN EXPOSURE? | NEVER                        | SELDOM             | SOMETIMES               | OFTEN          | ALWAYS             |
| HOW DOES YOUR FACE REACT TO THE SUN?                       | VERY SENSITIVE               | SENSITIVE          | NORMAL                  | VERY RESISTANT | NO PROBLEM         |

**TANNING HABITS**

| SCORE  | 0                  | 1           | 2          | 3                 | 4                 |
|--|--------------------|-------------|------------|-------------------|-------------------|
| WHEN WAS YOUR LAST EXPOSURE TO THE SUN AND/OR TANNING BEDS FOR MORE THAN 30 MINUTES AT A TIME? | MORE THAN 3 MONTHS | 2-3 MONTHS  | 1-2 MONTHS | LESS THAN 1 MONTH | LESS THAN 2 WEEKS |
| WAS THE TREATMENT AREA EXPOSED?  | NEVER              | HARDLY EVER | SOMETIMES  | OFTEN             | ALWAYS            |

**HERITAGE**

|   |          |                                    |
|---|----------|------------------------------------|
| IS YOUR MOTHER AFRICAN AMERICAN OR OF EAST INDIAN DESCENT?                        | YES / NO | (+5)                               |
| IS YOUR FATHER AFRICAN AMERICAN OR OF EAST INDIAN DESCENT?                        | YES / NO | (+5)                               |
| ARE YOUR GRANDPARENTS AFRICAN AMERICAN OR OF EAST INDIAN DESCENT?                 | YES / NO | (+5) If no points added for parent |
| ARE YOU LATIN AMERICAN, ASIAN-PACIFIC ISLANDER, MEDITERRANEAN OR NATIVE AMERICAN? | YES / NO | (+5)                               |

| SKIN TYPE |     |
|-----------|-----|
| 0-8       | I   |
| 9-16      | II  |
| 17-24     | III |
| 28-30     | IV  |
| 31-34     | V   |
| 35+       | VI  |

| SUMMARY                             |  |
|-------------------------------------|--|
| TOTAL FOR GENETIC DISPOSITION=      |  |
| TOTAL FOR REACTION TO SUN EXPOSURE= |  |
| TOTAL FOR TANNING HABITS=           |  |
| TOTAL FOR HERITAGE=                 |  |
| <b>SKIN TYPE SCORE=</b>             |  |