

Cold Pressed Garden Delight Juice.

This cold press juice blend provides intense hydration, essential vitamins (A,C,K), and minerals like iron, calcium, and potassium.

Supports detoxification, reduces inflammation, improves digestion, and boosts energy, while the apple provides a subtle, balanced sweetness. It is highly nutritious for promoting glowing skin and gut health.

Key Nutritional and Health Benefits

-Deep Hydration & Detoxification:

Cucumber and celery have high water content, which helps flush toxins and keeps the body hydrated.

-Nutrient-dense & Energizing:

Kale and spinach deliver chlorophyll and iron, which boost energy and provide powerful vitamins (A,C,K).

-Immune System Boost

Contains anti-inflammatory properties, providing a natural boost to the immune system.

-Improved Digestion & Reduced Bloat:

The combination of Ginger and, often added, lemon helps soothe the stomach and support healthy digestion.

-Skin Health & Glowing Complexion:

Vitamins and antioxidants from the leafy greens combat oxidative stress, potentially reducing blemishes and supporting healthy skin.

-Blood Pressure Support:

Celery contains compounds known as phthalates, which are believed to help lower blood pressure.