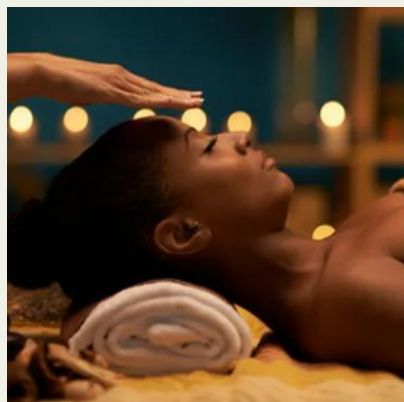




WELCOME TO

The Element

We're so glad you're here!



CHAKRA INSIGHT



Heart Chakra

ANAHATA

- Associated with love, compassion, and grief. It opens us to experience love for ourselves and others
- Connected to heart, lungs, circulatory system, shoulders, upper back





CRYSTAL HIGHLIGHT



EMERALD

The Eternal Stone

This gorgeous crystal has been adorned by royals for centuries and is known for its calming abilities and eternal healing nature.

Emerald fortifies trust and elevates compassion and love, bringing harmony and balance to the Heart Chakra.

As an added bonus, this gem provides, renewal, regeneration, restoration, and recovery to the beholder and surrounding space.

@essential.element.ha

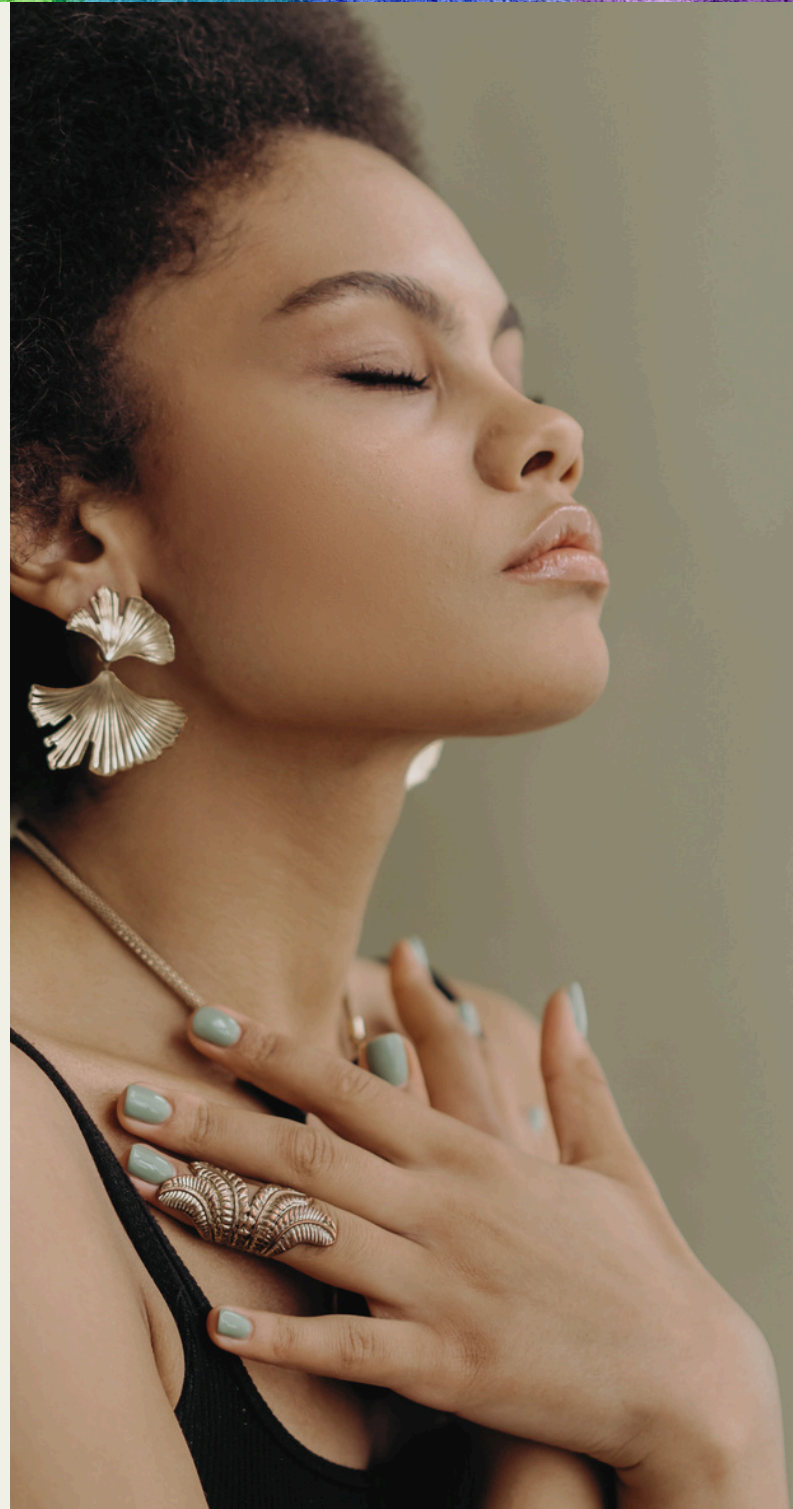


Chakra Imbalance

Heart CHAKRA

IMBALANCES
MAY
MANIFEST AS

- Jealousy
- Resentment
- Isolation
- Fear of Intimacy
- Difficulty Forgiving
- Codependency
- Feeling Unworthy of Love





Health Benefits Of LIME



- Rich in antioxidants
- May improve skin health
- May boost iron absorption
- May boost the immune system
- May support weight loss
- May lower the risk of cancer
- May reduce pain and swelling
- May improve bone health
- May lower cholesterol
- May reduce inflammation
- May improve cardiovascular health



Lime Spritzer

With Cucumber & Mint



2 servings



5 minutes

INGREDIENTS

6 cucumber slices
6 lime slices
2 mint sprigs
2 oz lime juice
2 cups of gingerale
additional lime & mint
for garnish

DIRECTIONS

1. Fill 2 8oz glasses with ice
2. Add 3 cucumber and lime slices to each glass
3. Add 1 mint sprig to each glass
4. Add 1 oz lime juice and 1 cup gingerale to each glass
5. Garnish with additional lime slice and mint
6. Serve immediately

FEATURED SERVICE

Akashic Sound Journey

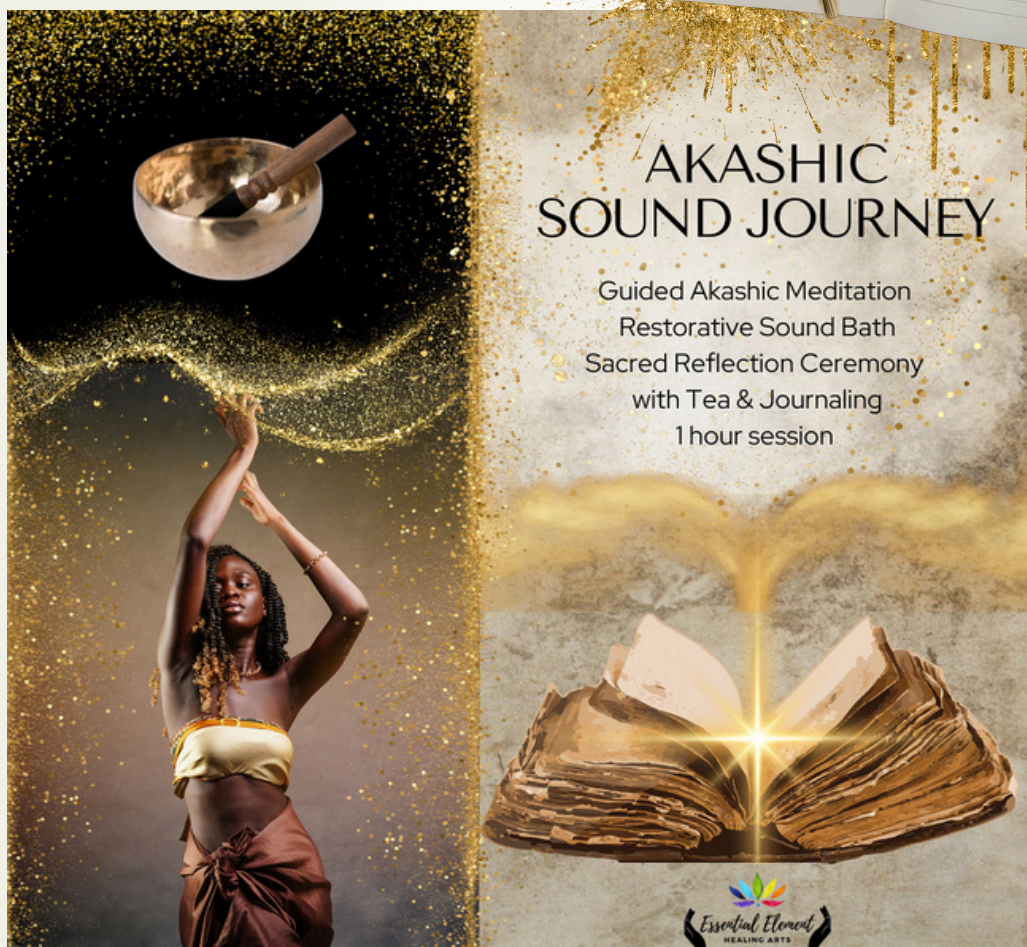
Relax with a personalized journey designed to restore balance and inner peace. Your private session begins with a guided Akashic meditation, followed by a soothing, restorative sound bath to calm the mind and body. We close with a Sacred Reflection ceremony, complete with tea and journaling, to help you integrate your experience with clarity and ease.

Session Includes:

Guided Akashic Meditation

Restorative Sound Bath

Sacred Reflection Ceremony
with Tea & Journaling



Sound Healing:

An ancient meditative practice of calming the body and mind through the immersion of sound vibrations.

[**Schedule Now**](#)

Morning Affirmations for the Soul



\$69

Morning Affirmations Card Deck

Includes 100-card deck in a luxe gold organza bag, Morning & Evening Meditation recordings, and the Digital Companion Journal (PDF). A soul-centered ritual to align your day with intention.

Daily Essence Companion Journal

Includes 28-day printed journal, Morning & Evening Meditation recordings, and the Digital Companion Journal (PDF). Designed to deepen your affirmation practice with reflection, alignment, and soul inquiry.



\$69



\$111

Signature Morning Affirmations Bundle

Includes the 100-card deck, printed 28-day journal, Morning & Evening Meditation recordings, Digital Journal (PDF), custom black stylus pen, Source Creed keepsake, and luxury black gift box. (\$235 value)

[Buy Now](#)



MOON & SOUL EVENT PASS

NEW!

MOST POPULAR



MOON & SOUL

- Entry to Moon Magic Meditation
- Entry to The Soul Journey
- Digital Meditation Journal (PDF)
- Moon & Soul Meditation Recordings
- VIP Priority Seating

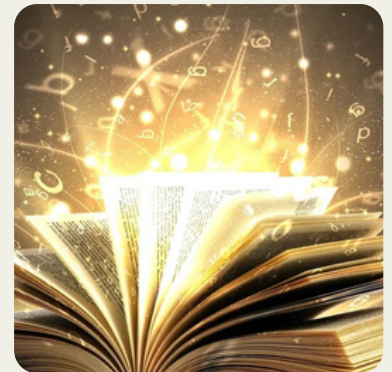
\$88/month



SACRED MOON & SOUL

- Everything in Moon & Soul Pass
- Monthly Handmade Crystal Jewelry Piece
- Monthly Sacred Healing Tool (Rotation: Incense, Energy Mist, Selenite/Palo Santo, or Sage Bundle)

\$111/month



PREMIUM MOON & SOUL

- Everything in Sacred Moon & Soul Pass
- Plus a 20-minute Virtual Akashic Reading
- Exclusive Member Discounts on Products & Services

\$144/month

See website for full details

www.EssentialElementHA.com

Get Your Pass

UPCOMING EVENTS



Moon Magic Meditation

Sunday
October 5th

6p - 7p



Come merge your energy with the healing vibes of the full moon and enjoy the fire-lit ambiance.

We will set intentions and release what no longer serves us into the fire.

Guided meditation, journal, refill pages, moon water vial, & moon tea provided.



[Registration Link](#)

UPCOMING EVENTS



**Black
Book Fair
Saturday
October 11th
2p - 6p**



The Morning Affirmation Collection will
be at the Black Book Fair!

Event by Plugged GVL

Discover New Stories
Meet Black Authors
Explore Diverse Genres
Celebrate Black Culture

W. Greenville Community Center
8 Rochester St, Greenville, SC 29611



[Registration Link](#)

UPCOMING EVENTS



The Soul Journey

**Monday
January 12th**

6p - 7p



The Soul Journey is a year-long series of monthly teachings and meditations—each one unlocking a deeper layer of your Soul. Join anytime and experience transformation that extends far beyond the moment.

This isn't just a class—it's the unfolding of your Soul. Each session stands on its own, yet together they create a powerful arc of healing and awakening.



[Registration Link](#)

Introducing

Class Pass

DIGITAL



\$99/
mth

- Pre-recorded classes on:
 - Energy, Sound, & Akashic Records
 - Certification Courses Included
 - Loaded as Classes Become Available
- PDF Manuals & Journal
- Guided Meditations & Practice Prompts
- Affiliate Links for Tools/Books
 - Purchase On Your Own

- Live Virtual **or** In-Person Classes on:
 - Energy, Sound, & Akashic Records
 - Certification Courses Included
- Access to Digital Library
- PDF Manuals & Journal
- Guided Meditations & Practice Prompts
- Affiliate Links for Tools/Books
 - Purchase On Your Own



\$199/
mth

HYBRID

PREMIUM



\$299/
mth

- Everything in Hybrid
- Plus: One **1:1 Session per level**
 - Energy Therapy, Akashic Reading, or Sound Bath

- Everything in Premium
- Plus: **Moon & Soul Premium Pass**
 - Entry to Moon Magic Meditation
 - Entry to The Soul Journey
 - Monthly 20 min Virtual Akashic Reading



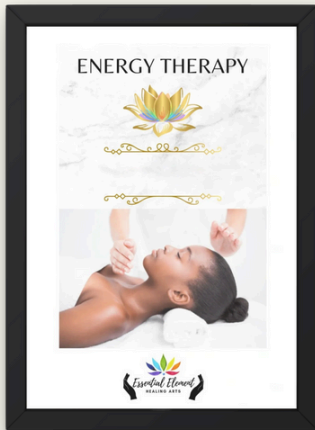
\$399/
mth

SIGNATURE

Subscribe Now

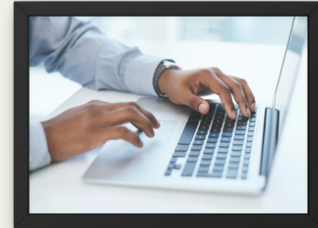
À La Carte Classes

Choose Your Course!

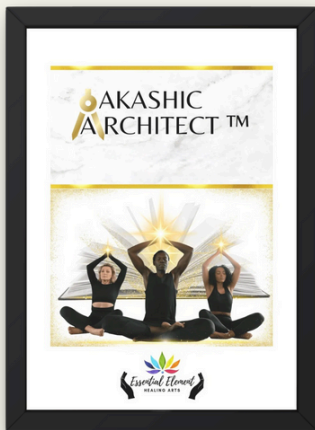


DIGITAL

- Pre-recorded Classes
- Access to Digital Library
- PDF Manuals & Journals
- Guided Meditations & Practice Prompts
- Affiliate links for tools/books (purchase on your own)

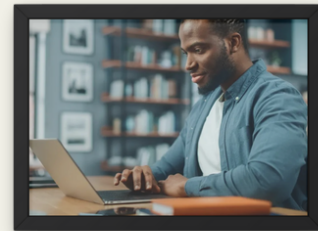


\$333

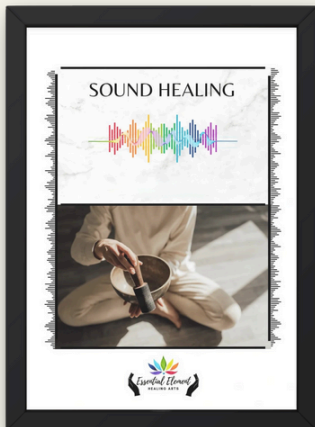


HYBRID

- Live Virtual OR In-Person Classes
- Access to Digital Library
- PDF Manuals & Journals
- Affiliate links for tools/books (purchase on your own)

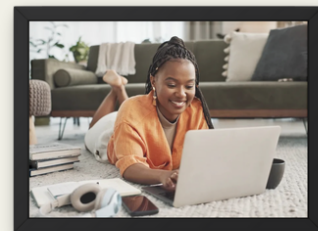


\$555



PREMIUM

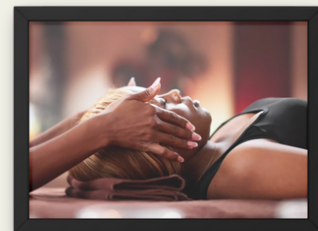
- Everything in Hybrid
- PLUS: Printed Manual & Journal (shipped)
- PLUS: Course-required books (shipped)



\$777

SIGNATURE

- Everything in Premium
- PLUS: One 1:1 session per level
 - Choose One
 - Energy Therapy
 - Akashic Reading
 - Sound Bath



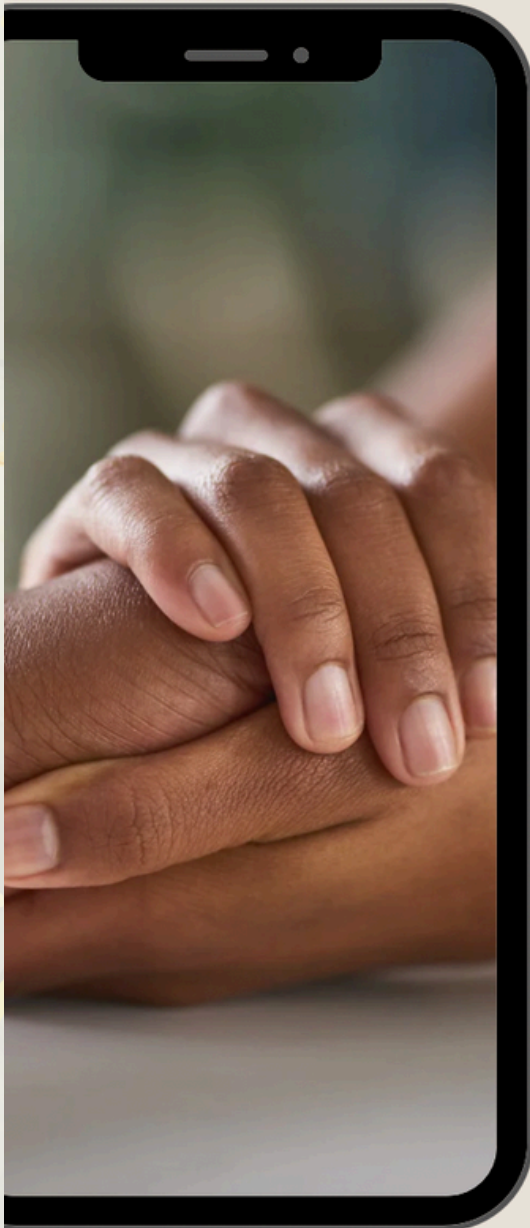
\$999

Priced Per Level
*12 Weeks Per Course Level

[Registration Link](#)



Featured Testimonial



*These Classes
Helped Me*

I want to give a special thanks to Khadijah Dawkins and her husband James for welcoming me and my classmates into their home. I started out going through storms of my own and these classes have helped me help myself as well as everyone around me and plenty more to come! This isn't an ending but only an opening to a new road that I personally can say I'll be traveling a new woman with a new outlook on life ❤️✨ So mote it be !

A. B.



Book Your Session Today!

RELAX WITH THE HEALING ARTS OF VIBRANT ENERGY



Visit our website to learn more about our products and services and the benefits they provide.

LET'S CONNECT!



WWW.ESENTIAELEMENTHA.COM