



# Hands On Chiropractic

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## Hands On Happenings

**Friday, October 4th:**  
Dynamic Thermal Imaging  
held at Hands On  
(See bottom of page for more details.)

**Monday, October 14th:**  
Columbus Day!  
**We will be OPEN**

**Wednesday, October 16th:**  
How To NOT Get Cancer"  
Workshop 6-6:30 pm

**October 31st:**  
**Happy Halloween!**  
Office open normal hours.  
Stop in to show off your costume!



Why are X Rays Needed for Chiropractic Care

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The next Dynamic Thermal Imaging Session  
that will be held at Hands On is  
Friday October 4, 2019  
Click the link below for more information.

[Dynamic Thermal Imaging](#)

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with a review!

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### Product of the Month:

#### VR-X



#### Dr. Leigh's Favorite!!

Feeling sick???

Have better immunity today  
with Total VR-X

American Elder (flower + fruit)  
Elderberries are well known for  
being used in wine production as  
well as food flavorings.

However, the plant is also used  
for a variety of potential health  
benefits such as supporting  
respiratory health. The elderberry  
in Total VR-X may also be an anti-  
inflammatory and a diuretic (a  
substance that promotes  
urination). Elderberry, in addition  
to other ingredients, make Total  
VR-X a source of vitamin C.

#### Echinacea Purpurea

This botanical is a flowering plant  
that may help with certain  
symptoms of the cold and flu by  
possibly boosting the immune  
system.

#### Olive Leaf (extract + powder)

Total VR-X features olive leaf as  
an ingredient because studies and  
research suggest that it has an  
extremely high volume of  
antioxidants.

#### Goldenseal

Goldenseal features a chemical  
called berberine, which some  
have suggested can possibly  
have benefits for cardiovascular  
health. In addition, the goldenseal  
in Total VR-X may possibly help  
with UTIs, some digestive issues,  
and maybe more.

**10% off for the  
month of October**