



# Hands On Chiropractic

56 Bridge St.  
Corning, NY 14830  
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...one spine at a time

## Hands On Happenings

### Friday, October 2nd:

Dynamic Thermal Imaging held at Hands On

(See bottom of page for more details.)

### Monday, October 12th:

Columbus Day!

**We will be OPEN**

### Monday, October 26th:

Stop in for Halloween Fun!

### Saturday, October 31st:

**Happy Halloween!**



Why are X Rays Needed for Chiropractic Care

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The next Dynamic Thermal Imaging Session that will be held at Hands On is Friday October 2, 2020

Click the link below for more information.

[Dynamic Thermal Imaging](#)

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### Product of the Month:

#### VR-X



#### Dr. Leigh's Favorite!!

Feeling sick???

Have better immunity today with Total VR-X

American Elder (flower + fruit) Elderberries are well known for being used in wine production as well as food flavorings. However, the plant is also used for a variety of potential health benefits such as supporting respiratory health. The elderberry in Total VR-X may also be an anti-inflammatory and a diuretic (a substance that promotes urination). Elderberry, in addition to other ingredients, make Total VR-X a source of vitamin C.

#### Echinacea Purpurea

This botanical is a flowering plant that may help with certain symptoms of the cold and flu by possibly boosting the immune system.

#### Olive Leaf (extract + powder)

Total VR-X features olive leaf as an ingredient because studies and research suggest that it has an extremely high volume of antioxidants.

#### Goldenseal

Goldenseal features a chemical called berberine, which some have suggested can possibly have benefits for cardiovascular health. In addition, the goldenseal in Total VR-X may possibly help with UTIs, some digestive issues, and maybe more.

**10% off for the month of October**