

NEWS LETTER



www.fatimahfoundation.org.nz

Edition Two

Quarterly Newsletter
July, Aug, Sept 2022

6-115 Church Street, Otahuhu, Auckland



0800-222 432



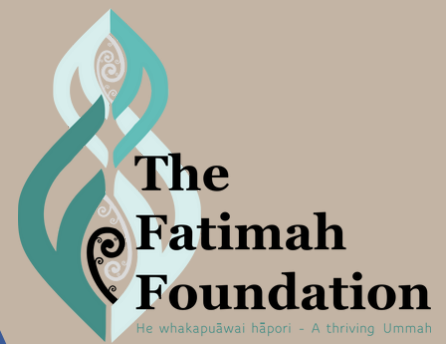
COVID-19 AWARENESS

As our team responded to the growing needs of the community, during COVID-19 and long COVID-19. There was an increase in family violence during the COVID-19 pandemic, according to data from family harm service providers like The Fatimah Foundation. We made connections with people who were disconnected from the community.



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Women's well-being was the main objective of the Laugh 2 Craft Workshop.

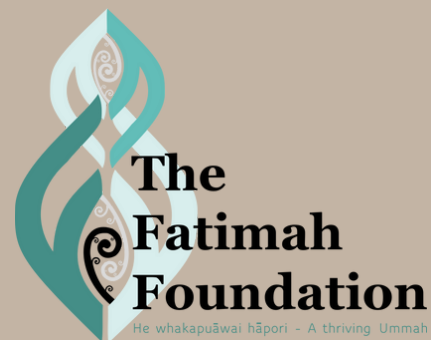
The workshops brought together diverse women of all ages and ethnicities to celebrate womanhood. The Laugh 2 Craft Workshops improved women's mental health by allowing them to connect with other women while learning to be more resourceful through repurposing items and sharing their stories.

LAUGH 2 CRAFT WELL-BEING WORKSHOPS



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chai 'n' chat

Facilitated by
Maryum Nasir
Registered Social Worker

Maryum can communicate in

- Hindi
- Urdu
- Punjabi
- English

Six weeks
Parenting
Support Group for

**Muslim
Mamas**

STARTS SUNDAY 31ST JULY 2022

10 : 00 AM - 12 : 00 PM

6-115 Church Street
Otahuhu, Auckland

Register for **free** now at:

info@fatimahfoundation.org.nz

phone: 0800 222 432



The parenting support group
was designed to support new
mothers and recent arrivals to
Aotearoa New Zealand



CONTINUOUS UPSKILLING AND TRAINING

Mental Health First Aider Training

Positive Parenting Training

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