

TEACHER TRAINING



Learn to teach the powerful skills yoga and meditation in the 200 hour Yoga Alliance Registered program. Enhance your public speaking and communication skills, learn about how your body works and study the history & philosophy of this ancient practice.

Registration is open for Spring 2020!

See the front desk or grab a brochure for more details, or reach out to Mandy today at Mandy@NorthwestYogaSociety.com.