😊 = beneficial
😡 = not beneficial

| | Alyssum - *attracts hoverflies, whose larvae feed on aphids* | Asparagus | Basil - *helps deter pests & improve plant resilience and flavor* | Beans - *nitrogen-fixing capabilities* | Beans, bush - *nitrogen-fixing capabilities* | Beans, pole - *nitrogen-fixing capabilities* | Bee balm | Beets | Borage - *attracts pollinators & beneficial insects* | Broccoli | Cabbage | Calendula - *attracts pollinators & aphid-eating insects* | Caraway | Carrots | Catnip - *repels CO potato beetles* | Cauliflower | Celery | Chamomile | Chervil - *improves growth & flavor* | Chives - *improves flavor and growth of carrots & deters aphids, mites & flies* | Cilantro - *protects against aphids, spider mites & potato beetles* | Corn | Cosmos - *attracts pollinators & aphid-eating insects* | Cucumbers | Dead nettle | Dill - *attracts ladybugs & parasitic wasps that reduce pest populations* | Eggplant | Fennel | Garlic - *helps repel aphids & beetles* | Gladiolus | Henbit | Horseradish | Hyssop | Kale | Kohlrabi | Lamb's quarter | Lavender | Leeks | Lemon balm | Lettuce | Lovage - *Repels insects* | Marigolds | Marjoram | Mint - *deters aphids & flea beetles, improves health & flavor* | Mole plant | Nasturtium - *trap crop to draw pests away from main crops* | Okra | Onions - *protect against borers & cutworms* | Oregano - *insecticidal properties* | Parsley - *attracts beneficial insects to pollinate crops* | Parsnips | Peas | Peppermint | Peppers | Petunia | Pigweed | Potatoes | Pumpkins | Purslane | Radish - *repels cucumber beetles & flea beetles* | Raspberries | Rosemary - *repels insects* | Rue | Rutabaga | Sage - *helps repel carrot flies & cabbage pests* | Sorrel | Southernwood | Sow thistle | Soybeans | Spinach | Squash | Strawberries | Summer Savory | Sunflowers - *attracts pollinators* | Tansy - *attracts beneficial insects & repels wide range of pests* | Tarragon | Thyme | Tomatoes | Turnips | Valerian | Wild morning Glory | Wormwood | Yarrow |
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