APAIL

2025





This month we will focus on the character concept "AWARENESS." Awareness is the foundation of personal safety. By being aware of our surroundings and potential threats, we can proactively take steps to protect ourselves and others. Martial arts training emphasizes the development of situational awareness, training practitioners to observe, assess, and respond effectively.



IMPORTANT DATES

April 16th - 1st stripe testing May 12th - 2nd stripe testing Belt testing Sat. May 24th



PLEASE REGISTER FOR SPRING QUARTER! 4/1 - 6/30 \$225.00 (Includes BBC tuition for this cycle)

CURRENT FORMS



Pal EE Jang Pal SA Jang Pal YUK Jang Weapons

BELT TESTING MINI PRIVATE LESSON

Belt testing is just around the corner! If you would like your child or yourself to have a little extra help on your forms, please make sure you check in with Instructor Dave for a private lesson.



TRANSITION TO ONLINE CLASSES

I'm thrilled to announce an exciting new chapter in our journey! As many of you know, I have recently relocated to the beautiful city of Yakima. This move brings new opportunities and adventures, and I'm eager to embrace them while continuing to provide the outstanding training and support you all expect.

Rest assured, despite this change, my dedication to your growth and success remains unwavering. I'm pleased that all online classes will proceed as scheduled, ensuring that each of you can continue your training seamlessly, no matter where you are. Our virtual dojo remains a place for learning, growth, and connection, and I am committed to maintaining the high standards of teaching and community spirit that we value so much.

Thank you for being part of our thriving community. Your dedication and enthusiasm make it all worthwhile, and I look forward to continuing our journey together, stronger than ever!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No class	Zoom 6 -6:45pm	No class	Zoom 4-5:15pm	Zoom 6-6:45pm	No class	Zoom 10:30-11:45am

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