

# JUNE



“Knowledge will give you power, but character, respect.” - Bruce Lee  
 Our word of the month is Respect. Respect is to appreciate someone or something based off abilities, qualities, or achievements. Respect is a key value in Martial Arts. In our school it is one of the most important things we teach. We want you to respect yourself, your instructor, the other kids in class, and the martial arts.



## IMPORTANT DATES

- June 18th - 1st stripe testing
- June 21st - Father's Day (Dad's join us this week!)
- July 4th - AMA closed
- July 16th - 2<sup>nd</sup> stripe testing
- Aug 20<sup>th</sup> - Belt test

## HAPPY FATHER'S DAY! A SPECIAL DEAL FOR DADS!

How great is it that you GET to join your child in their martial arts class? During the week of June 21st, please feel free to wear something comfortable and come have fun in studio or online with us. We promise to have a workout that suits a wide range of fitness levels so you and your child have an awesome experience together.



## SUMMER THEMES!

- July 5th and each week of summer after, we will have a different theme in our classes.
- July 6th - Backwards week
- July 13th - Treat week
- July 20th - Field Day and games week
- July 27th - Weapons week
- Aug 3rd - Olympic week
- Aug 10th - Spirit Week (AMA colors)

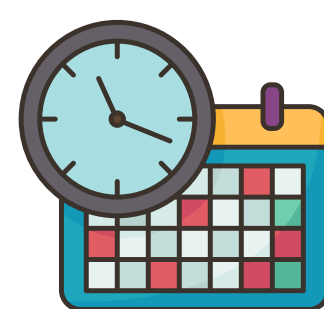


Students can earn extra tickets by bringing in a postcard or by posting a picture on Facebook with you AMA shirt and tagging @actionmartialarts.

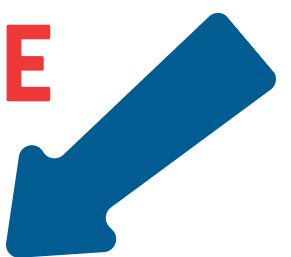
Check out the list on the board in class to see how you can collect tickets for our big drawing at the end of the summer.

## SUMMER SPECIAL!

Don't miss our on our fantastic summer special. This is a great opportunity to invite your kids, friends, or siblings into our school. Beginning now and until the end of September, new students can join our regular program and see how our classes are run, how awesome our instructors are, and really get a true feel for martial arts. Spread the word and tell them to act quickly.



## SUMMER SCHEDULE UPDATES BELOW!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No class	Zoom 6pm	No class	Zoom 4pm	Zoom 6pm or in BelArts Studio @ 4pm (alternates)	No class	Zoom 10:30am