

JUNE



“Knowledge will give you power, but character, respect.” - Bruce Lee
 Our word of the month is Respect. Respect is to appreciate someone or something based off abilities, qualities or achievements. Respect is a key value in martial arts. In our school it is one of the most important things we teach. We want you to respect yourself, your instructor, the other kids in class, and martial arts.



IMPORTANT DATES

- June 11th - Somerset Elementary belt test (6:30pm)
- June 12th - 1st stripe test
- June 18th - Father's day week
- July 10th - 2nd stripe test
- July 17th - Belt rank test
- July 24th - No class

HAPPY FATHER'S DAY FROM AMA!

A SPECIAL DEAL FOR DADS!

How great is it that you GET to join your child in their martial arts class! During the week of June 18th, please feel free to wear something comfortable and come have some fun in our school or at home. We promise to be gentle on you and make sure you and your child have an awesome experience together. We even have a special offer just for our participating dads!



SUMMER THEMES!

- July 8th, and each week after till the end of summer , we will be having a different theme in our classes.
- July 8th - Backwards Week
- July 15th - Treat Week
- July 22nd - Field Day and Games Week
- July 29th - Weapon Week
- Aug 5th - Olympic Week
- Aug 12th - Spirit week (AMA colors)



Students can earn tickets by bringing in a postcard or by posting a picture on Facebook with you AMA t-shirt and tagging @actionmartialarts. Scan the QR code to the right to find our FB page.



Check out the list on the board to see how you can collect tickets for our big drawing at the end of the summer.

SUMMER SPECIAL!

Don't miss out on our fantastic summer special. This is a great opportunity to invite your kids, friends, or siblings into our school. Beginning now and until the end of September, new students can join our regular program and see how our classes run, how awesome our instructors are, and get a true feel for martial arts. Spread the word and tell them to act quickly. You can scan the QR code for more details about this deal!



SUMMER SCHEDULE UPDATES BELOW!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No class	Zoom 6:00pm	Somerset 6:30pm ends 6/11	In studio 4:00pm	Zoom 6:00pm	No class	In studio 10:30am