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Joanne Hendrickson | Host of Travel Podcast Backpacker Flip Flops

📅 October 15, 2020 👤 Editor 💬 0 Comment 📌 Backpacker Flip Flops, Host of Travel Podcast Backpacker Flip Flops, Joanne Hendrickson, Joanne Hendrickson | Host of Travel Podcast Backpacker Flip Flops, Podcast

A self-proclaimed 'city girl with a country heart,' Joanne spent her childhood living in suburban Long Island, day-tripping to Manhattan, and weekendng in rural Pennsylvania, giving her a true appreciation for big cities and small towns and everything in between.

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local culture. When it came time to graduate from college, she decided to head over to Denmark and follow her passion to explore Scandinavia.

Once over in Europe, Joanne grabbed a rail map and explored all around Europe. When she returned to the states, she realized her heart was still 'everywhere else too' and every free moment she had, she set out to be 'anywhere but here.'

In her token backpack and flip flops, she explored the world using Chinatown bus tours to high speed (and unintentionally very low speed) trains and plane and cruise ships. Joanne and her flip flops have walked everywhere and anywhere, whether it be the cobblestone roads on Pompeii or even with toe-socks through snow in Lillehammer.

She does not know when the tipping point happened that people thought she 'traveled a lot,' as her focus was on all of the new places to see. She had her eyes on so many countries (and territories and dependencies). Joanne set a goal to visit 50 countries before she turned 30... and when she did that at the age of 28, the new goal became 75 countries before 35, and when that happened at 34, the current goal is to visit 100 countries and all 50 states before she turns 40!



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As of February 2020 and the age of 35, Joanne has visited 83 countries, 47 states, and 5 continents.

In addition to doing the must-see items and [bucket list experiences](#), her travels also includes visiting filming locations, Olympic host cities, and historical sites including presidential libraries.

While known for her signature flip flops, in April 2017, Joanne discovered a new passion – running! Road races are the only time she trades in her flip flops for sneakers (though she is often seen at bib pickup in her flip flops). Joanne has blended her love of travel and running and has participated in 5ks, 10ks, half marathons, and marathons in 4 countries as ‘racecations’ (running vacations). Joanne also completed the Berlin 2019 World Major Marathon and has entry for the Chicago 2020 and NYC 2020 marathons. She has her eyes set on [one day becoming an Abbott 6 Star Finisher](#).

Across the world, many people have urged Joanne to share her travel stories, and the idea of Backpacker Flip Flops was born. A website, [podcast](#), blog, [Instagram page](#), and [YouTube channel](#) allows individuals to learn about the world and some insider tips.

Additionally, Joanne occasionally offers personalized guided sightseeing trips in various cities as well as offers select city must-see guides for purchase.

Joanne is also an avid philanthropist and her [podcast offers opportunities to support charitable organizations around the world](#).



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