Patient Name:		DOB:	Date:
Pleas	e list PROBLEMS you would like	evaluated today in order of	significance:
	e list i Nobelius you would like	·	significance.
3			
Have you ever been diagno	osed with? (select all that apply	y)	
Asthma	☐ Seasonal/ Food Allergies	☐ High Blood Pressure	☐ Heart Murmur
Cataracts	□ Glaucoma	☐ Seizure/ Epilepsy	□ Lung Disease/COPD
Stroke	☐ Heart Disease	☐ Heart Attack	Liver Disease
Ulcers/ GERD	☐ Digestive Disorder	☐ Kidney Disease	☐ Kidney Stone
Diabetes/Pre-Diabetes	\square Hypo/ Hyperthyroidism	□ Depression	□ Anxiety
Anemia	☐ Bleeding Disorder	☐ Bone/ Joint disease	□ Osteoporosis
High Cholesterol	•		□ Prostate Enlargement
☐ HIV/ Hepatitis C	☐ STD (type)	☐ Mental Disorder	
Other PAST MEDICAL HISTORY			
Please describe and give da	atos of surgeries:		
_	_		
1			
2			
3			
4			
PLEASE LIST ANY SPECIALIS	ST THAT YOU CURRENTLY SEE		
1	4.		
2	5.		
3	6.		
IMMUNIZATIONS			
Hepatitis B □ Yes □ No Da	te: Hepatitis A	□ Yes □ No Date:	
Tetanus shot □ Yes □ No	Date:Influe	nza (flu) □ Yes □ No Date:	
	o Date:		Date:
Have you ever had a test fo	or Tuberculosis? if yes (select): 🗆	Positive Negative Date:	
How was your Positive Tub	erculosis diagnosed: Skin Prick/E	Blood Test/Chest X-ray?	
Have vou ever had a blood	transfusion? if ves: Date(s):		

Patient Name:			DOB	:	Date:
FAMILY HISTORY	Living	/Deceased	Cause & Age	of Death	Medical Conditions
MOTHER					
FATHER					
SISTER (S)					
BROTHER (S)					
DAUGHTER (S)					
SON (S)					
MATERNAL GRANDMOTHER					
MATERNAL GRANDFATHER					
PATERNAL GRANDMOTHER					
PATERNAL GRANDFATHER					
FAMILY HISTORY CONTINUED):				•
Is there any family history	y of?	Туре	or Age of onset		Relation to you
Cancer					
Heart Attack					
Stroke					
Mental Illness					
SOCIAL HISTORY				·	
		Your Occur	nation:		
# of Children: # Boys # Girls # of People in Household: Currently Live With:					
Gender Identity □Male □Female □Female to Male □Male to Female					
Sexual Orientation: □Lesbian/Gay □Straight □Bi-sexual □Don't know					
Sexual Activity: □ Monogamous Relationship □ Not sexually active □ Multiple partners □ Does not practice "safe" sex					
Are you an ORGAN DONOR?					
List the amount PER DAY of beverages you regularly consume:					
Coffee/Tea: Beer:	V	/ine:	Hard liquor:	Soda:	Water:

I drink alcohol: □ Currently □ Occasionally □ Never □ Socially

Patient Name:		DOB:	Date:	_
SOCIAL HISTORY CONTINUED				
Smoking Status: □Never a smoker □ Curren	nt Smoker- How ma	any packs per da	y: Start Date:	
□ Former Smoker - Smoking amount:	Start date:	Quit Date:	Any Smokers in home? \square Yes \square	No
Have you ever used illicit drugs: □Yes □	No If so, last date	and which drug(s)?	
OTHER				
Recent Significant Changes in Your Life?	Yes □No If yes, Ex	rplain		
Financial Hardships? □Yes □No Hav	ve Special Stresses	in Your Life? 🗆	∕es □No	
I am NOT happy with (select those that app	ıly) □Myself □My	Health □My Wo	ork □My Partner □My Life	
Do you feel safe in your current relationship	ps? (family, friends,	significant other	·)	
Do you have a Living Will or Advanced Direc	ctive?			
Do you exercise regularly? □Yes □No Typ	e of exercise and fi	requency:		
Are you happy with your weight? □Yes	□No How many me	eals/snacks do yo	ou eat per day?	
How many meals do you eat out/carry out p	per week?			
List any nutrition or diet concerns you woul	d like help with:			
If you are on a special diet? If yes, please ex	cplain:			
Do you have regular Dental check-ups? □Ye	es □No How often (do vou brush/flo	ss per day?	
When was your last Eye exam?		•		
Do you wear your seatbelt? ☐ Always ☐ So				
Do you ride a motorcycle? □ Y □ N Bicycle		nowboard? □ Y □	N Skateboard? □Y□N	
If yes, do you wear a helmet? □ Y □ N				
Have you fallen in the last 6 months? If so, 6	explain:			
Have you been exposed to any Toxic Substa				
If yes, please explain:				
Do you have a smoke detector in the home:				

Patient Name:	DOB:	Date:	

	His	tory	Form				Provider Comments
REVIEW OF SYSTEMS:							
Select those items you <u>currently</u> have significant problems with.							
Decent Weight Change		GENE			Night Sweets/Ha	et Flaches	
□Recent Weight Change □Always Hot/Always Cold	□Rashes or Skii		st or Urination		Night Sweats/Ho Significant Fatig		
Do you have chronic pain pro			CIIIS	1 🗆	Significant Patig	ue	
Bo you have emonie pain pro-			en & Won	ien			
□Lumps/Tenderness		Do Y	ou Do Mo	nthly	y Self Breast Exa	nms? □Y □N	
□Drainage from nipples		Mon	th and Yea	r of l	Last Mammogra	m:	
	EYE, EAR,		1				
	r Double Vision- I	Ever			s or Contact Len		
8	s of Vision- Ever				res (Partial or Tot	tal)	
□History of Radiation Therap			☐ Teeth of LMONAR		um Problems		
□Shortness of Breath with Ac			Dizziness	1		□Chest Pain	
□Daily Sputum (Phlegm) Prod			Coughing T	Un F	Blood	☐Heart Palpitations	
□Difficulty Breathing While I					hile Walking	□Wheezing	
□Waking Up Short of Breath			Daily Cou		8	□Ankle Swelling	
<i>S</i> 1	GAST		restina)			8	
□Change of Appetite □	Abdominal Pain			□B	lood in Stool/Bla	ack Stool	
□Difficulty Swallowing □	Diarrhea/Constipa	ition		□Frequent Nausea/Vomiting			
□Heartburn	Indigestion from I						
NEUROPSYCHIATRIC							
<u> </u>			Difficulty Sleeping		□Tremors □Passing Out/Fainting		
Treated in Past for Emotional		Memory Loss		□Passing Out/Fainting □Often Feel Sad or Depressed			
describe	of 1 sychological 1	rooten	is. pieuse			ad of Depressed	
	MUSCULO	OSKEI	LETAL &	SKI	N		
□Frequent Neck or Back Pain	□Muscle P	ain			□Disabling Nig	ht Leg Cramps	
□Joint Problems □Use a Brace or a Splint							
Mole that has changed color, s							
GENITOURINARY: MEN & WOMEN							
□Urinary Tract Infections □Sores in the Genital Area □Difficult or Painful Urination □Blood in Urine							
☐ History of Kidney or Bladder Stones			□Urination More Than Once a Night				
□History of Four or More Sex		□Sexual Intercourse Before 18 years old					
Method of Birth Control:							
Have you ever had any Sexually Transmitted Disease: □Yes □ No							
if yes, please describe:							
GENITOURINARY: MEN ONLY De nor Lump in Testisles (Screetum De nor de Sals Testismles Engage Streetum De nor de Sals Testism De n							
I			elf Testicular Exam: □Yes □No		res ⊔No		
□Yes □No							
Age of first Period: Frequency/Length of Menstrual Periods:							
Date of Last Menstrual Period: Change in Menstrual Pattern $\Box Y \Box N$							
Number of Pregnancies: Number of Children:							
Disabling Menstrual Cramps □Y □N Unusual Vaginal Discharge/Itching □Y □N							
Date of Last Pap Smear: Date of last Mammogram Any Treatments for Ahnemol Paper							
History of Abnormal Pap Smear: □Y □N Any Treatments for Abnormal Pap:							

Patient Name:	DOB:	Date:
	Medication List	
Preferred Pharmacy:Pharmacy Address:		
MEDICATION ALLERGIES: (such What happens when you take that m	as penicillin)	
OTHER ALLERGIES: (such as bees What happens when you are exposed	s, foods, latex, etc.)	
Name of Medication	Dosage	Frequency
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		

15.