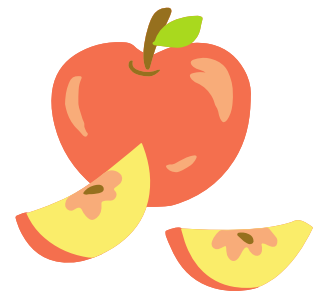


Color



Snack



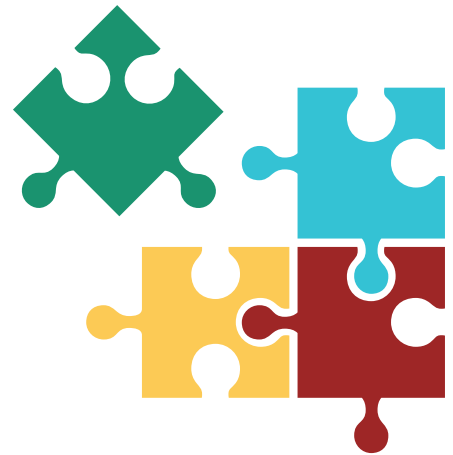
Rest for 5 Minutes



Journal



Listen to Music



Work on a Puzzle



Go for a Walk



Read a Book



Ride a Bike



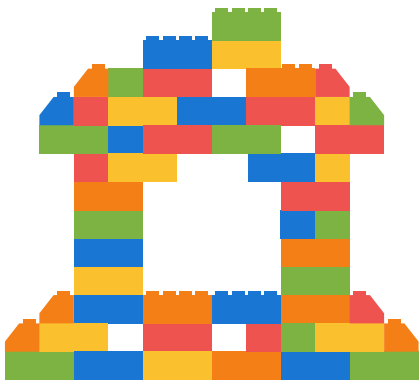
Stretch for 5 Minutes



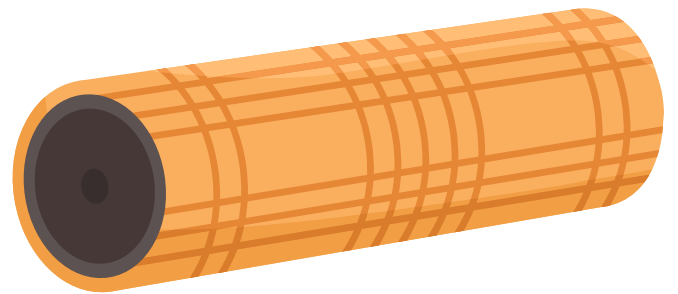
Help Bake or Cook



Board game



Lego



Foam Roll



Play Outside



Play with Pet



Do Skincare



Take a bath or Shower



Shoot Hoops/Basketball



Playdough