



ENERGY B12

METHYLCOBALAMIN

SCIENCE

- **Essential Nutrient:** Vitamin B12 is crucial for the formation of red blood cells, DNA synthesis, and neurological function.
- **Absorption:** While B12 can be obtained through diet, many people have difficulty absorbing it due to medical conditions or dietary restrictions.
- **Injection Efficiency:** B12 shots bypass the digestive system, ensuring 100% absorption directly into the bloodstream.
- **Studies and Research:** Research shows that B12 injections can significantly improve energy levels, mood, and cognitive function in individuals with deficiency.

BENEFITS

- Increased Energy Levels
- Improved Mood
- Enhanced Cognitive Function
- Better Sleep
- Supports Metabolism
- Reduces Fatigue
- Healthy Skin, Hair, and Nails