



SUNNY D VITAMIN D3

BENEFITS

- **Boosts Immune System:** Vitamin D plays a crucial role in strengthening your immune system, helping you fight off infections and reducing the risk of chronic illnesses.
- **Supports Bone Health:** Essential for calcium absorption, Vitamin D ensures strong and healthy bones, reducing the risk of osteoporosis and fractures.
- **Enhances Mood and Mental Health:** Adequate levels of Vitamin D are linked to improved mood and mental well-being, potentially reducing the risk of depression and anxiety.
- **Aids in Weight Management:** Some studies suggest that Vitamin D may help in maintaining a healthy weight and reducing body fat.
- **Promotes Heart Health:** Vitamin D contributes to heart health by regulating blood pressure and reducing the risk of cardiovascular diseases.
- **Improves Muscle Function:** Essential for muscle strength, Vitamin D helps in reducing the risk of falls and improving overall physical performance.
- **Supports Respiratory Health:** Vitamin D has been shown to reduce the risk of respiratory infections and may improve lung function.

SIGNS AND SYMPTOMS OF VITAMIN D DEFICIENCY

- Fatigue and tiredness
- Bone and back pain
- Depression
- Bone loss
- Impaired wound healing
- Hair loss
- Muscle pain
- Frequent infections or illnesses



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SUNNY D VITAMIN D3 SHOT

SCIENCE

- **Vitamin D**, also known as the "sunshine vitamin," is essential for overall health and well-being. It is a fat-soluble vitamin that your body can produce when exposed to sunlight. Here's how it works through various body systems:
 - **Skin and Production:** When your skin is exposed to UVB rays from the sun, it converts cholesterol into Vitamin D3 (cholecalciferol). This form is then transported to the liver.
 - **Liver and Conversion:** In the liver, Vitamin D3 is converted into 25-hydroxyvitamin D (calcidiol), the main circulating form of Vitamin D. Blood levels of calcidiol are measured to assess Vitamin D status.
 - **Kidneys and Activation:** The kidneys convert calcidiol into its active form, 1,25-dihydroxyvitamin D (calcitriol). Calcitriol is then released into the bloodstream to perform various functions.
 - **Calcium and Phosphorus Regulation:** Vitamin D helps regulate calcium and phosphorus levels in the blood, promoting healthy bone formation and remodeling.
 - **Immune System:** Vitamin D receptors are present on immune cells. Active Vitamin D enhances pathogen-fighting effects of monocytes and macrophages and decreases inflammation.
 - **Muscle Function:** Vitamin D aids in muscle contraction and function, reducing the risk of falls and improving overall physical performance.
 - **Heart Health:** Vitamin D helps regulate blood pressure and supports cardiovascular health by reducing inflammation and oxidative stress.
 - **Mood and Mental Health:** Vitamin D interacts with neurotransmitters in the brain, influencing mood and mental health. It helps in the production of serotonin, the "feel-good" hormone.
 - **Respiratory Health:** Vitamin D supports lung function and reduces the risk of respiratory infections by modulating the immune response.

SIGNS AND SYMPTOMS OF VITAMIN D TOXICITY

- Nausea and vomiting
- Weakness
- Loss of appetite
- High blood pressure
- Frequent urination
- Bone pain
- Kidney problems, such as the formation of calcium stones
- Hypercalcemia (high levels of calcium in the blood)



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PATIENT ATTESTATION - SUNNY D VITAMIN D3 SHOT

Patient Information

Patient Full Name: _____ Date of Birth: ____/____/____

Address: _____

City: _____ State: _____ Zip: _____ Phone Number: _____

Email: _____

I, _____, (patient name) consent to receive Vitamin D3 injections based on a blood level drawn within 30 days of my initial injection. I also attest that I will not take any extra Vitamin D supplements orally.

This includes D2, D3, cholecalciferol, calciferol.

I understand that side effects/benefits/risk of Vitamin D and have been provided with written education of Vitamin D3 prior to treatment. I also agree that I have had the opportunity to Inquire more about Vitamin D3 and have no further questions at the time of the below signature.

Patient Full Name

Date

Patient Signature

Thrive IV Infusions Representative Initials



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THRIVE IV INFUSIONS - SUNNY D VITAMIN D3 LAB ORDER FORM

Thrive IV Infusions is dedicated to enhancing the health and well-being of our clients through comprehensive IV hydration and vitamin therapy services. Your patient has expressed an interest in receiving Vitamin D3 injections. To ensure safe and effective treatment, we require recent lab work to assess their Vitamin D levels.

Patient Information

Patient Full Name: _____ Date of Birth: ____/____/____
Address: _____
City: _____ State: _____ Zip: _____ Phone Number: _____
Email: _____

Insurance Information

Insurance Provider: _____
Insurance Policy Number: _____
Insurance Group Number: _____

Lab Order Details

- Vitamin D (25-Hydroxy) Level ICD-10 Code: E55.9 - Vitamin D deficiency, unspecified

Skilled Nursing Order:

- Registered Nurse will perform the lab draw following standard procedures initially and then every 1 - 2 months until optimal vitamin D Levels are achieved.
- Registered Nurse will ensure all collected samples are properly labeled and stored for transport to Lab.
- Registered Nurse will complete all necessary documentation for the lab draw and patient records

Provider Information

Provider Name: _____ NPI: _____
Address: _____
City: _____ State: _____ Zip: _____ Phone Number: _____
Provider Phone Number: _____ Provider Fax Number: _____

I certify that this patient is under my care, and I have authorized the lab draw services, Lab Order, and Skilled Nursing Order to be performed by a Registered Nurse of Thrive IV Infusions, LLC. The results will be used, and another physician will review initially and periodically this plan.

Provider Signature: _____ Date: _____



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SUNNY D VITAMIN D3 SHOT

WHAT'S NEXT?

- **Obtain Order from MD:**
 - Obtain an order from the MD for Vitamin D3 levels to be drawn by a Thrive IV Infusions nurse.
 - Date:____/____/_____
- **Schedule Intake Visit:**
 - Intake Visit: \$110 (\$25 deposit)
 - Date:____/____/_____
- **Schedule MD Consult Up Visit:**
 - **MD Consult Visit (7 days later)**
 - Date:____/____/_____
- **Determine Plan of Care:**
 - Develop a personalized plan of care based on lab results and MD consultation.
- **Schedule Follow-Up Visit:**
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
 - Date:____/____/_____
- **Schedule Post-Program Labs:**
 - Date:____/____/_____

BOOST YOUR HEALTH AND WELL-BEING WITH OPTIMAL VITAMIN D LEVELS



Ready to take the next step in improving your health? Schedule your intake visit today to get started on your journey to optimal Vitamin D levels and better overall well-being. Contact us at Thrive IV Infusions to book your appointment and receive personalized care from our dedicated team.