



## **Self I-Dentity through Ho`oponopono®**

Article and interviews presented by:

Pua nani Peton & Gary Peton

Pua nani Peton and Gary Peton, in January, 1988, met with **Morrnah Nalamakū Simeona** and **Dr. Stanley Haleakalā Hew Len, Ph.D. (now known as `Ihaleakalā Hew Len, Ph.D.)** at the office of The Foundation of I, Inc. Freedom of the Cosmos in Honolulu, Hawai`i and learned of the **Self I-Dentity through Ho`oponopono®**.

After returning to their home in Washington State, Pua nani and Gary took their first **Self I-Dentity through Ho`oponopono®** Basic I Class in Washington State in early 1988, and have been using the process continuously since then. Upon experiencing profound results, they volunteered and were approved to be on Staff and then Instructors with The Foundation of I, Inc. Freedom of the Cosmos from 1988 through 2000, and Washington State Coordinators from 1991 through 2000. They moved to Honolulu, Hawai`i in January, 2001.

The following phone interviews were originally conducted and recorded in January, 1990 by Roma (now Pua nani) Peton and Gary Peton from their home in Washington State.

They have now edited and updated this interview and presented this article to The Foundation of I, Inc. Freedom of the Cosmos and to IZI LLC in gratitude to **the Divinity** and to **Morrnah Nalamakū Simeona** for the **Self I-Dentity through Ho`oponopono®** and the gift of **FREEDOM** that it has brought to all.



# **FREEDOM:**

**WITHIN,  
WORLDWIDE  
and  
BEYOND**

This information about **Self I-Dentity through Ho'oponopono®** was gathered in 1990 from phone interviews conducted with **Morrnah Nalamakū Simeona** and **ʻĪhaleakalā Hew Len, Ph.D.** at the headquarters of The Foundation of I, Inc. Freedom of the Cosmos in Honolulu, Hawai'i.

Morrnah and ʻĪhaleakalā had just completed an exciting two months in Europe (September 19 to November 12, 1989), traveling to Denmark, Sweden, U.S.S.R., Poland, Germany, Belgium, Netherlands and the United Kingdom. It was during this time that some of the demonstrations for political, economic and social freedom were occurring in East Germany, Poland, Czechoslovakia and Hungary.

**FREEDOM** was the theme for this interview. Much had been occurring around the globe at that time as people were searching for their personal freedom, as indicated by these news stories ...

From TIME magazine, November 20, 1989: “ ... *the grim, fearsome Wall, for almost three decades a marker for relentless oppression, has overnight become something far different, a symbol of the failure of regimentation to suppress the human yearning for freedom.*”

From *The Boston Globe* (boston.com) November 10, 2009: “*Twenty years ago, on the night of November 9, 1989, following weeks of pro-democracy protests, East German authorities suddenly opened their border to West Germany. After 28 years of prisoners of their own country, euphoric East Germans streamed to checkpoints and rushed past bewildered guards, many falling tearfully into the arms of West Germans welcoming them on the other side.*”

**And now today**, decades later, the search for **freedom** continues everywhere – starting first and foremost - **from within** an individual. The search for “**freedom within**” applies to *everything* and *everyone everywhere*, animate and inanimate, to humans, minerals, land, plants, animals, water, countries – to all.

The interview and article that follows is deeply applicable today as always. The **Self I-Dentity through Ho'oponopono® (SITH®)** has been actively shared in classes taught around the world **since 1980**, allowing individuals to petition through the **SITH®** process of repentance, forgiveness and transmutation, to be released from memories and thoughts showing up and replaying as problems – **from within self**. When replaying memories are released, cleansed and transmuted by Divinity - **within** an individual - the individual is **set free**. When this occurs, it affects *everything* and *everyone everywhere*, **worldwide** and **beyond**, throughout the whole Cosmos.

**IZI LLC** continues to sponsor the **Self I-Dentity through Ho'oponopono®** classes around the world.  
**IZI LLC** website: <http://www.self-i-dentity-through-hooponopono.com/>



## Part I

“Freedom ...Peace of Mind ...

these have been aspirations of Man since time immemorial, yet he continually frustrates himself in achieving these ends. His entire history is a chronicle of warfare and strife. Today he spends billions of dollars on achieving peace ... but true peace continues to elude him.

Man is a being at odds with himself. He has created a separation within himself and therefore, with all that is around him. He is a being “lost in the wilderness”, not knowing where he has come from, where he is at, or where he is going. In essence, Man's fundamental problem is that he does not know who he is. Because he lacks Self-I-Dentity, he is not able to be truly free and to experience peace within and peace around him.” Stanley Hew Len, Ph.D., from the Preface to the book, **SELF I-DENTITY through HO'OPONOPONO®**.

**FREEDOM** was the message heard around the world in the 1980's. During that decade of worldwide changes, **Mornnah Nalamakū Simeona**, a native Hawaiian Kahuna Lapa'au (medical Kahuna), developer, creator and Master Teacher of the **Self I-Dentity through Ho'oponopono® (SITH®)**, and Founder and Chairman of The Foundation of I, Inc. Freedom of the Cosmos, lectured and conducted **SITH®** classes around the globe. Her associate, **ʻIhaleakalā Hew Len, Ph.D.**, Administrator of The Foundation of I, Inc. Freedom of the Cosmos taught the **SITH®** classes with her. Dr. Hew Len, with extensive experience in working with the developmentally disabled and the criminally insane and their families, applied the **Self I-Dentity through Ho'oponopono® (SITH®)** to his work as a psychologist and educator. They presented the **SITH®** classes throughout the United States, including medical facilities and universities. It has been used successfully by people of many different ages, cultures, races and creeds throughout the world. Mornnah presented the **SITH®** classes to the United Nations three times. The Honpa Hongwanji Mission of Hawai'i honored Mornnah for her work and expertise in the Hawaiian language and culture by naming her a “Living Treasure of Hawai'i” in 1983.

**The Self I-Dentity through Ho'oponopono®** process they share and teach has its roots in the ancient Hawaiian method of problem solving. The word Ho'oponopono means “to make right; to rectify, correct”. Mornnah, through many years of dedication, cleaning and asking for guidance, received in meditation from the “I”, the Divinity, inspirations and guidance, step by step, for every sentence, every word, of the **The Self I-Dentity through Ho'oponopono®** process, updating the ancient spiritual cleansing ritual to be in rhythm with today's language, man's level of evolvment and needs, and our growing multi-cultural civilization. The **Self I-Dentity through Ho'oponopono®** process is “an updated Hawaiian problem solving process to release memories that are experienced as problems”, providing “a step by step approach to achieving Peace, Balance and a new meaning of life through an understanding of one's Self-I-dentity.” Essentially, the **SITH®** is about Freedom, in that it allows individuals to be released from their memories, their history, from the beginning of creation.



## Interview:

**Morrnah Nalamakū Simeona:** What is the title of the article you're writing?

**Interviewer:** *“FREEDOM: Within, Worldwide and Beyond.”*

**Morrnah:** Freedom within the person, that is why my article is different. First of all, within the person, there are no two people that have the same blueprint. The thing that is different about my course is that it pertains to the individual, not to the outside. And the individual clears up the things, the outside, in his Mind. This process does not refer to a human being alone. He might have been a dog. I might have been a plant. The process applies to minerals, water, plants, everything.

**Interviewers' notes:** *The following comments were given by Morrnah on April 11, 1989, to the Hawaiian House Committee on Intergovernmental Relations and International Affairs, “The ancient Hawaiians lived and breathed our national motto: IN GOD WE TRUST. They held sacred every manifestation of God's creation. Central to their existence was a true understanding of themselves as spiritual, mental and physical beings, and their relationship with God and all of God's creation. Like themselves, they knew that every manifestation had its own unique i-identity and rhythm. By knowing their own i-identity, they were able to communicate with the sky, the ocean, plants, animals and the land, and even atoms and molecules.”*

**Question to Morrnah and ʻĪhaleakalā:** *You both have been traveling to Europe for several years to teach Self I-Identity through Hoʻoponopono®. Was there more interest or openness in 1989 to your message of teaching freedom, peace, harmony and balance as compared to previous years?*

**ʻĪhaleakalā Hew Len, Ph.D. (Ihh):** My experience has been that the people of Europe have always been more open to what we present, and if I look at it on a comparative basis, much more open than here in America. They each have their own response. The Germans, for example, tend to say, “Just tell us how it works and we'll do it.” The Italians have a different approach. They not only want to know how it works, they also want to know the religious basis. And then in places like Denmark, Holland and Sweden, they are more interested in the esoteric stuff; what happens behind it. And so it varies. But they are very open. In fact, this time around, Morrnah had an invitation to go to Holland, where 165 people took the training. The place wouldn't hold any more people. They had something like 30 or 40 more people that they couldn't get into the room, such that they had to schedule another training to be done for them the following week. The response has always been good in Europe. For example, in Poland, we had more than 700 people. They had more the second day; and the training rooms, particularly in the area we were sitting, were always filled with flowers. To me, my own perception, is that Morrnah is like a celebrity in Europe. In America, it is a very different story.

**Q:** *America doesn't have the same understanding or grasp?*

**Ihh:** I'm not sure. This is my own guess, and I have to tell you, it is just a guess. I would be more interested in what the Divine Creator says. Part of what we deal with, and I'm talking about me as I do my cleansing, is to cleanse on my side what is being reflected back to me, which is a picture of my own being in America. And that is that we are, or I am, very highly intellectual. So, the Hoʻoponopono can be a very disturbing presentation for people who are highly intellectual, because much of it is based on something you cannot touch or see or move around. But it is sensible.

**Q:** *This was your first trip to Poland. How was it organized that you were to go in 1989?*

**Ihh:** Two years ago, when we did the training in Copenhagen, one of the people who took the training was an immigrant from Poland. Her name is Anna. It had such an impact on her life that when she went to visit a friend in Poland, she talked about the Ho'oponopono. And then it sort of escalated. She (Morrnah) got invited to a meeting where 400 people showed up. They are very much interested in things Hawaiian. And the Ho'oponopono fits in with what they are looking for.

**Q:** *The focus in 1989 was to gain their outer freedom – politically, economically and socially. Was that a topic they discussed with you?*

**Ihh:** I did not get the experience that we were in a place where people felt like they were down-trodden. What impressed me the most was that they were looking for their own personal freedom.

**Morrnah:** I feel we are approaching the year of peace within the household of man. Actually, I have the concept of the whole thing, to the finish. Certain people will be producing certain things, while another nation will be producing something else, each exchanging what they have for what the other has. For example, if the Japanese were to manufacture cars, then we would manufacture something else. And then we would be living together harmoniously, rather than in combat, rather than intellectually.

**Q:** *Before you went to Europe, did you get guidance or directions from the “I” that prepared you to work in certain areas?*

**Ihh:** Oh, yes! We never go anywhere unless we get guidance. For example, one of the things the “I” wanted was for Morrnah to go to Russia and Poland. We had difficulties at first, then another source opened up for us. The primary reason for going to Russia was to give Morrnah an opportunity to visit with the Lady of Vladimir and do the cleansing. (*Interviewers' note: The Lady of Vladimir is the 'Unihipili of Russia. 'Unihipili is Hawaiian for “Subconscious self; child; computer; memory bank”.*) So, one of the things we did when we went to Moscow was to fulfill this primary purpose by visiting the Kremlin. In the Kremlin, there are sacred churches or synagogues or citadels – I'm not sure what they are called. And in one of those was the portrait of the Lady of Vladimir. Morrnah had the opportunity to cleanse with that. And that was the primary purpose we had for being there even though we stayed 7 days. That was the instruction Morrnah got from the Divinity.

And in Poland, actually before Morrnah went, she was told by the “I” that what she needed to do was to go and see the Lady of Czestochowa, the 'Unihipili of Poland. In fact, the Lady of Czestochowa came to visit her and said, “If you come to see me, and you cleanse me, you will see some changes.” And so when Morrnah and I meditated, the “I” told her basically what she needed to do. It's interesting because the portrait of the Lady of Czestochowa is seen only, I believe, 3 or 4 hours a day, on certain days. At that time it is open to the public and thousands of people go there. A security panel rises so you can see the original portrait of the Lady of Czestochowa, and then the panel closes. Morrnah had a special invitation just for her to go see it. They made arrangements that when Morrnah came they would do it out of routine. This is rarely done, and it is usually done only for high level dignitaries. I don't know when during the visit that Morrnah did the cleansing.

**Morrnah:** The “I” said that we should stop at the shrine of the Black Madonna, the Lady of

Czestochowa , the 'Unihipili of Poland. She's the only one that has been scratched with a sword on both cheeks. I'm working on that. Pretty soon the blood will come up and then she'll be okay. The "T" said that the two scars on the face of the portrait would eventually disappear.

**Q:** *And that would be of great significance to the country?*

**Ihh:** Absolutely. After Mornah did the cleansing, she meditated and the "T" said, "In a month's time, you will see the changes." Mornah did the cleansing during the week of October 15, 16, 17, 1989.

**Interviewers' notes:** **1.** "One of the most amazing changes that occurred in that month's time was that of East Germany opening its borders on the night of **November 9, 1989**. Citizens on both sides of the divided city of Berlin converged on the Berlin Wall and the gates of Checkpoint Charlie swung open amid the blaze of television lights and cameras. On November 12, 1989, the first panel of the 12-foot-high concrete wall was removed amid floodlights which illuminated the word "**freiheit**" (freedom)." Newsweek magazine, December 25, 1989. **2.** Note: **The Berlin Wall fell completely peacefully, without a shot being fired, without violence or bloodshed.** To many, it was like a miracle. The Fall of the Berlin Wall would later be identified as the event that also marked the end of the Cold War.

**Q:** *In Germany there were comments that even the German people were in awe of all that was happening in 1989 and weren't quite sure why it was all happening now.*

**Ihh:** It was quite unexpected, yes? Actually all these changes were already foretold by the "T". The Germans and Danes that we work closely with were told that 3 years ago. To them, it is not surprising. It is only surprising to the rest of the folks who don't know what we're up to. Part of what needed to be done was that Mornah needed to do the cleansing of the Lady of Czestochowa.

**Q:** *The cleansing of the 'Unihipili of Poland was connected to Germany?*

**Ihh:** Oh, yes, not only for Germany, but for all the 'Unihipilis of all the nations, including the Lady of Freedom, the 'Unihipili of America.

**Q:** *In Self I-Dentity through Ho'oponopono®, how does your focus on the release of the internal "walls" and blocks to our own inner freedom relate to the falling away of external barriers?*

**Ihh:** I have no idea. All I know is that one of the things I learned a long time ago is that I have no idea how the "T" causes all this to work. I think the most important thing for me is the realization that this takes place at the level of the etheric mind. It is very difficult for people to understand that the etheric mind permeates the whole Cosmos. So if you do a cleansing that cleanses thought forms in the etheric mind, you are actually affecting the whole Cosmos. So when Mornah gets directed as to what to do, it's the "T"'s use of the etheric mind and the "T"'s way of actually causing all of these changes to take place. Now how He does it, when He does it, what's involved, I have no idea. I can't give specifics.

**Q:** *Mornah, the Ho'oponopono method that you brought forth and updated appears so simple, and yet it is so profound. Can you tell us about it?*

**Mornah:** There are two Ho'oponopono methods. At the age of two, I learned how to do these things

the ancient way. But that process was only done person to person ... And later I told the "I" that I didn't like that way because I worked with that way and so many things came up. And I didn't want to do that method any longer. I said, "I want to do something else, so I quit." And He said, "If you quit, I'll give you mine, My way." And so the "I" gave me His. And later the "I" said, "You call it The Foundation of I, because "I" am the one who guides you." And that's why I'm working at that.

**Q:** *When you do the Ho'oponopono to release memories and thought forms, how does the cleansing of thought forms lead to freedom?*

**Ihh:** It's very simple. Behind anything we do, the cause is a thought form. So, for example, if I see you and I don't even know you, but there is something in me that tries to avoid you, then I am locked in, that is, I'm a prisoner of whatever is driving me to avoid. And so I then do the Ho'oponopono. It is for me to know that it is up to the Divinity to decide how the problem is to be solved. Let's assume He decides He is going to erase whatever it is that causes me to avoid you. And may I add, I don't have to know what the cause is. Once the cause goes, is erased, when I see you the next time, I simply don't have a reaction to you. I am free.

**Q:** *What is Self I-Dentity?*

**Ihh:** Self I-Dentity is knowing who you are, and knowing who you are is knowing you consist of three selves.

**Morrnah:** The three parts of man are the **superconscious**, the part that guides you, the connection with Divinity. And the **subconscious** part, this is like a child, it doesn't know how to discriminate. It needs to be guided. It is like a computer in that it carries all the memories within. And the **conscious** mind is the intellectual part of man. The three selves have to work together. There is often too much intellectualism. People base so much on the intellectual that the intellectual subdues the subconscious.

**Ihh:** In order to actually petition the Divinity to release you from the thought forms so that you can be free, you have to know you consist of the three selves. Only by going to the Divinity through the three selves will the Divinity actually release you. You simply do not know who you are unless you know you consist of the three selves. And without that, there is no way Divinity is going to do anything for you. The three selves are actually the key. By connecting the three selves, creation actually opens and the Divinity is available to listen to our petitions or give direction. You cannot do this by your intellect alone. You cannot do it spiritually alone. You cannot do it by your emotions alone. It has to be the three selves working together. When divided and out of rhythm, there is separation from the Source resulting in chaos, dis-ease and stress.

**Q:** *So by doing the process, surrendering and asking Divinity to cleanse our memories, and by connecting with the three selves -*

**Morrnah:** It is clear. Like if I knew you, and you had a problem, or I had a discord with you, that means that I have to clean up **my** "crud" so I can once again be harmonious with you. Or you might have killed someone by lynching. I met a person who had difficulty with breathing. When we meditated, it was because of his work before that, a long time ago, was lynching people. And in lynching, he cut off the air. And so, when we cleansed that, he was able to breathe again.

**Ihh:** Regarding Self I-Dentity, the Divinity said that the reason mankind has problems is because he

doesn't know who he is. And do you know why it is so important to know who you are? It is because we want to be one with the Divinity. That's the key. That's the reason for existing, to be one with the Divinity, and to be at peace. What happens if you don't know who you are? There is a basic problem you run into. And the problem is, if you look at it very closely, the people who do not know who they are do not take responsibility for who they are. I mean, for example, if you are driving down the road and someone cuts in front of you, you think it's the other guy that's doing it to you. The key to Ho'oponopono is "I am responsible". I am responsible for everything that happens to me, and I am responsible for everything that is reflected back to me. I am not 99% responsible. I'm 100% responsible.

**Q:** *How does one develop a working relationship with the Divinity?*

**Ihh:** It develops as long as you are willing to realize you are responsible, and you know how to do this process, and you are willing to do it more and more and more, moment by moment. You do it more and more, and say to yourself, "I am responsible." You see, for a lot of people, it takes a long time, even after learning the process, to realize they are responsible. And there are a lot of opportunities that come up that go right by them, and they don't see that it is an opportunity to cleanse. In the training I tell people that everything around you is an opportunity. In Denmark there is a beautiful Danish saying, "The problem with my neighbor is between God and me."

So what the Ho'oponopono says is, "It is always you, you have to know it is you, and if you don't know it is you, you can never be free." So that's why self-introspection is absolutely the key in Ho'oponopono. We let go of a lot of opportunities to cleanse. For example, we may be driving down the road and we look and there is an accident on the other side, and someone is on the ground. As we drive by, we say, "Oh, poor thing." But we don't realize that we are very responsible for our part in that. It's like our friend Noriega. We think it was Noriega that was the problem. It's **us** looking at him that is the problem, not Noriega. It's difficult for the intellect to understand this.



In **Part I** of the interview, Mornnah and 'Ihaleakalā shared about the **Self I-Identity through Ho'oponopono®** process and how important it was for each person, entity and country to clean and find their Self I-Identity, to recognize and work with the three aspects of self – the superconscious (spiritual), the conscious (intellectual), and the subconscious (memory bank, computer, child, emotional). They emphasized that this is the key to connecting with Divinity, to do the Ho'oponopono cleaning, to be one with the Divinity and to be at peace. Through this cleaning and connection to Divinity, memories are released, cleansed and transmuted, and guidance, inspiration and freedom occur **within** the individual, **worldwide** and **beyond**.



## **Part II**

**Part II** of the interview focuses on the Lady of Freedom, the representation of the subconscious aspect of the United States of America and of the Cosmos, the importance of her cleaning, and the recognition and importance to the I-identity of America and beyond. *Interviewers' notes: Since this first interview, the Lady of Freedom has become the I-identity of the United States and of the Cosmos.*



Atop the Capitol dome in Washington, D.C. stands the Statue of Freedom, also known as the Lady of Freedom. The giant bronze figure, completed during the Civil War, has been a Capitol symbol since her placement there on December 2, 1863, although few people know her history or significance. The bronze replica was fashioned from the original plaster model designed in 1855. Since her location on the Capitol dome made it impossible for the American public to experience the statue and all that it stands for, a decision was made in 1890 to place the original plaster model on public display in a more accessible location in the Smithsonian Institute's Arts and Industries Building where it remained on display for 77 years. However, on March 2, 1967, the original plaster model was dismantled, removed and placed in storage to accommodate building renovations, and was in storage for over 22 years.

In addition to teaching the **Self I-Dentity through Ho'oponopono®** process, one of the many projects of The Foundation of I, Inc. Freedom of the Cosmos was the "Freedom of the Cosmos Project". The goal of the project was to "repatriate the Lady of Freedom and bring peace and freedom to the Cosmos". The immediate goal of the project was to raise funds so that the Architect of the United States Capitol in Washington, D.C. could restore and relocate the original plaster model of the Statue of Freedom once again for public display, this time in the Russell Rotunda of the U.S. Senate Building in Washington, D.C.

On April 11, 1989, Ramsay Taum, the Administrator of the "Freedom of the Cosmos Project" spoke before the Hawai'i Senate Committee on the Cultural Arts and Historic Preservation, and to the Hawai'i House Committee on Intergovernmental Relations and International Affairs, the first committees of the first state legislature to hold public hearings on the Lady of Freedom. He gave testimony in support of the resolution titled, "Recognizing the Statue of Freedom as a Symbol of World Peace and Freedom". He expressed, "Surely there couldn't be a more appropriate time for the people of Hawai'i and this great nation to repatriate "Freedom" by recognizing her as a symbol of peace and freedom for America and the world."

On April 11, 1989, Mornah Nalamakū Simeona also presented testimony to the Hawai'i House Committee, stating, "What the Lady of Freedom represents today is the i-dentity and rhythm of these United States. As each of us discovers our own unique i-dentity, we will come to understand what the ancient Hawaiians knew – that life exists in all forms of creation, animate and inanimate. So it is with the Lady of Freedom. Why does she exist? She represents Freedom for the United States of America and for the Cosmos; not just for mankind, but for all of creation."

The Hawai'i State Legislature "... in continued support of this nation's commitment and effort to promote world peace and freedom" then passed the first resolution, and the only resolution to that point, honoring the Lady of Freedom.

Initiated by Mornah Nalamakū Simeona and carried through by Congressman Daniel Akaka of Hawai'i, the 100<sup>th</sup> U.S. Congress passed legislation authorizing the Architect of the Capitol to receive donations and contributions from the public to restore, relocate and display the original model of the Lady of Freedom.



### Interview:

**Q:** *Morrnah, you have been working for some years to inform people of the importance of the Lady of Freedom. How did this work begin?*

**Morrnah:** A long time ago, it must have been at least 20 years ago, I was sitting on the front lawn of the Capitol Building in Washington, D.C. I was looking up at the figure on the top of the dome. She looked down at me and said, "Do you know who I am?" And I said, "Oh, you're Pocahontas." She said, "No, I'm the Lady of Freedom." And she said, "From today on, your work will be setting me free." So that's why I'm in this work.

**Q:** *It was stated earlier (in part I of the interview) that the "I" said to now call The Foundation The Foundation of I because the "I" is the one who guides you. What brought about the change to The Foundation of I, Inc. Freedom of the Cosmos?*

**Ihh:** The change of the name came in 1988 when Morrnah and I went to see Representative Akaka, one of the two Hawai'i Congressmen in the United States House of Representatives. So I remember that very clearly. What happened was that prior to our meeting with the Architect of the Capitol, George M. White, Morrnah and I again asked for direction from the "I". This asking is very important. We never do anything without asking for direction. So when we asked, the "I" said something that was mind-boggling. He said that now the Lady of Freedom, the 'Unihipili of the United States of America, was also really the 'Unihipili of the Cosmos! She is the Lady of the Cosmos. So when that came through, the "I" said, "I want you to now change the name to include Freedom of the Cosmos." He wants to make sure that the people realize He is not just talking about human beings. He is also talking about atoms and molecules and plants, every manifestation of creation.

That's what to me makes us so distinctly different from what other people are doing, as well as the fact that we work directly with the Divinity, and know the importance of the three selves, and understand the importance of the power of the etheric mind where all of this is taking place.

I don't know if you've ever been told, but every night at 5 o'clock, for every country, a very special cleansing takes place with the 'Unihipili of each country sitting in on the process. And that cleansing goes from 5pm to 5am. So, for example, when it's 5pm in England, a special cleansing goes on and then at 5pm in America, it continues and so on. This has been going on for years as directed by the "I".

**Q:** *So, the Lady of Freedom represents freedom not only for the United States of America but also for the Cosmos, and not just for mankind, but for all creation, animate and inanimate. As the I-identity and rhythm of these United States, what is the significance and importance of her being brought out to the public again?*

**Ihh:** Well, I think that when people recognize her, they will also recognize who they are. If you don't know that you have three selves, you don't understand that a car has the three selves, that a tree has the three selves, an atom has three selves, and our country has three selves. And therefore, nothing makes sense. We just see ourselves as concrete instead of realizing everything has the three selves. So with the three selves of America, the subconscious or 'Unihipili is the Lady of Freedom. And if they don't

recognize she is the memory bank, then we don't recognize that we have contributed to the problem. And by actually having her “come out”, it is necessary at some point to acknowledge that she is a very important thing, just like our own personal `Unihipilis.

Every time we nose into other people's business, we get their problems. The Lady of Freedom is burdened. And the basic reason that it is so important for the Lady of Freedom to come out is that all of the problems of the world are imbued in the Lady of Freedom. When we work on her, then problems come up with Poland, come up with Panama, because everything works and is connected at the etheric level.

**Q:** *With the Lady of Freedom being stored away in “confinement” for over 22 years, have we in America been affected?*

**Ihh:** Oh, yes. What it says is we Americans do not know who we are. We don't realize that we are the cause of our problems. If I'm black, I may not realize that I'm responsible for people dumping on me. Or if I'm Jewish, or if I'm Hawaiian, or if I'm poor, I would be looking outside of me if I'm saying, “They're doing it to me.” As long as we have people who are not aware of who they are, and are not responsible for their lives, then the Lady of Freedom gets stuck in a box some place. How can you acknowledge the Lady of Freedom if you can't even acknowledge who you are yourself?

**Morrnah:** People need to realize that she is the one that frees people from want, from need, from employment, from whatever it is. We have to cleanse the things we have done in order to get what we have now or expect to have. So this is a different approach.

**Q:** *Our country's heritage includes acquiring its freedom and independence through bloodshed. Since the subconscious retains memories and thought forms until cleansed by the “I”, are there a lot of these thought forms still attached to the Lady of Freedom? Do these thought forms and memories have to be cleansed and removed before she can be brought out to the public?*

**Ihh:** I can only tell you what I have heard Morrnah say, because that is Morrnah's major responsibility. My experience with Morrnah is that unless Morrnah does the cleansing according to the way the “I” wants it done, nothing is going to move. That's Morrnah's purpose in this existence. What I hear Morrnah saying is that you can see the top from her eyes up, but you cannot see the rest of her. She is still hidden because there is a lot more that needs to be cleansed.

**Morrnah:** The Lady of Freedom is under bondage. Until these memories and people are released, she'll remain there. Eight years I have stood without sleep to do the cleaning. I work 7 days a week. It's a hard time. That's why I want it to be this year.

**Q:** *Does it help for each of us individually to clean with her (the Lady of Freedom)?*

**Ihh:** It helps, but only because it helps us each personally. We're not cleansing with the Lady of Freedom to clean her up; we're cleansing with the Lady of Freedom so **we** can be free. The process is one of freeing ourselves. But what we are doing is realizing that **we** are the most important being in creation and work on ourselves. And if the “I” is kind enough to take it off other people, that's wonderful. I'm interested in getting me free and then surrendering and allowing the “I” to do whatever He needs to do.

**Q:** *Will the Lady of Freedom being released allow and help people to find out who they are, or is it the other way around, that people need to know who they are, and then the Lady of Freedom will be released?*

**Ihh:** I'm not sure how that's going to happen, that is, which comes first. But my sense is that in order for us to have peace in the world, that she is going to have to be set free by Morrnah.

**Q:** *And that would essentially help the other people in the United States know who they are?*

**Ihh:** Oh, yes. In fact, this is supposed to take place this year. This is the year a lot of earth-shaking things are going to take place. So if I were in your place, I would be watching Hawai'i. One of the things to be watching for is if Morrnah says, "We're ready for a ceremony in Washington, D.C." This is the year. Everything is going to culminate, unless, once again, something gets in the way.

**Q:** *Can you tell us about some of the other projects you're involved with?*

**Ihh:** There are lots of projects. We have many, many, but something I realized only within the last year is that I can work on something until I'm blue in the face, but it will only come about by the grace of God. When the Divinity says, "Okay, now's the time", it will be done. And if He says, "It is not the time", it's not going to move.

**Q:** *So basically, it still comes down to knowing who we are.*

**Ihh:** Absolutely. The key is knowing the three selves and how they work, because the caring for the 'Unihipili is absolutely essential. If the 'Unihipili says, "I am not going to connect", tough luck. You're out of luck. So the 'Unihipili is the key to the process. The three selves working together as a unit of one is very important.

**Q:** *Morrnah, do people still come to you to help them with their problems?*

**Morrnah:** If you come to me with a problem and ask me to help, I am like the "I". And the "I" says, "You are like Me." And yet I still ask the "I" for guidance, because I feel to have reverence for the "I" is the most important thing. So I ask the "I" what to do. The "I" gives to the people and they get well. The thing I want to pass on to people is to look at themselves and to see what their responses are. Find your own Self I-Dentity. Everyone will be able to do that. People will know how to do it themselves.

**Q:** *Are you going to be traveling more in 1990?*

**Morrnah:** I am supposed to be here, at home, unless I get invited somewhere.

**Ihh:** When we receive a request or invitation, Morrnah and I meditate on it. If the "I" has something special He wants done, then Morrnah has to go.



## Interviewers' Updates:

Through The Foundation of I, Inc. Freedom of the Cosmos, Mornah raised \$25,000 for the restoration of the original model of the Lady of Freedom (Statue of Freedom) for display in a place of honor. The U.S. Capitol Preservation Commission accepted this gift and approved the proposal to restore and display the statue in the Russell Rotunda in Washington, D.C. In 1992 the original plaster model of the Lady of Freedom was moved to the Russell Rotunda and restoration was undertaken and completed. From January, 1993, the original model of the Lady of Freedom was once again on public display.



The next restoration project took place in 1993. The bronze replica statue of the Lady of Freedom, which was placed atop the Capitol dome in 1863 during Abraham Lincoln's presidency and the Civil War, after 130 years on the Capitol dome, was flawlessly lowered 300 feet by helicopter to the Capitol plaza on May 9, 1993 - to begin much needed refurbishment and restoration.

After a 5-month restoration project, on October 23, 1993, on the 200<sup>th</sup> anniversary of the Capitol in Washington, D.C., in a special ceremony, the restored Lady of Freedom bronze replica statue was lifted and returned to the top of the U.S. Capitol dome by “Bubba”, an Erickson S-64F Air-Crane helicopter. “The Statue of Freedom Replacement Ceremony” was filmed and shown on the C-Span network.



The next step was begun in 2002 when Congress initiated a bill for the design and construction of a brand new 3-story underground U.S. Capitol Visitor Center (CVC) to be built on the East Front of the Capitol and its plaza. The ceremonial ground breaking for the CVC took place on June 20, 2000, with actual construction beginning in 2002.

The U.S. Capitol Visitor Center officially opened on December 2, 2008, the date selected to coincide with the 145<sup>th</sup> anniversary of the placement of the Statue of Freedom atop the Capitol Dome in 1863, signifying the completion of the dome at that time. This opening ceremony was recorded by C-Span.

The original plaster model of the Lady of Freedom is now the centerpiece of Emancipation Hall, the main hall of the U.S. Capitol Visitor Center. Two large skylights in the area nearby the original plaster model of the Lady of Freedom allow for a special view of the Capitol dome and the bronze replica Statue of Freedom that stands atop the U.S. Capitol dome.

Since the opening of the U.S. Capitol Visitor Center on December 2, 2008, millions of people have visited the Capitol, entering through the U.S. Capitol Visitor Center, passing by and viewing the original plaster model of the Lady of Freedom, and upon looking upward through the nearby skylights, are now able to also see the bronze replica statue of the Lady of Freedom atop the Capitol dome.



**United States Capitol Building in Washington, D.C.  
with  
the Lady of Freedom atop the Capitol dome**

**In the foreground - the new underground U.S. Capitol Visitor Center**



**On the next page (page 15 of 17), the Lady of Freedom bronze replica statue  
crowns the dome of the U.S. Capitol ...**



**The Lady of Freedom original plaster model statue on display  
in  
Emancipation Hall, U.S. Capitol Visitor Center,  
Washington, D.C.**





The Lady of Freedom original plaster model on display in Emancipation Hall ...and seen through the nearby skylights, the Lady of Freedom bronze replica statue atop the U.S. Capitol dome.



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