Uniphi MMA Weekly Schedule

Mondays:

Open Mat: 5:00pm – 6:00pm

Muay Thai: 6:00 pm - 7:30 pm

Tuesdays:

Kids Kickboxing**:** 5:00 pm – 6:00pm

Open Mat: 6:00 pm - 7:00 pm

No-Gi Jiu Jitsu: 7:00 pm - 8:15 pm

Wednesdays:

Open Mat: 5:00pm – 6:00pm

Muay Thai: 6:00 pm - 7:30 pm

Thursdays:

Kids Kickboxing**:** 5:00 pm – 6:00pm

Open Mat: 6:00 pm - 7:00 pm

No-Gi Jiu Jitsu: 7:00 pm - 8:15 pm

Fridays:

Open Mat: 5:30 pm - 7:30 pm

Sundays:

Open Mat: 10:00am – 12:00pm