

Black Women in Wilderness Writing Retreat

October 18th – 20th, 2019

Lumber River State Park, Princess Anne Access, 24500 Main St., Wagram, NC 28396

www.HerStoryGardenStudios.com

Facilitated by **Zelda Lockhart**, PhD., REACE, author of **Fifth Born, Cold Running Creek,**
Fifth Born II: The Hundredth Turtle, & The Soul of the Full-Length Manuscript

Name _____

Address _____

Phone _____ Emergency Contact # _____

Email _____

Zelda Lockhart utilizes the literary arts with other art forms as adjunct to help folks do one of two things:

- Reach the goal of a literary manuscript using their personal life experiences and the discovered experiences during the writing process (and other adjunct art making) as the main ingredients
- Heal and transform using literary writing (and other adjunct art forms) as the tools to reach that goal
- In this workshop, we will also use the experience of being out in nature as inspiration to making our art and as a tool for transformation.

With these objectives in mind:

- What do you most hope to get out of this retreat?

- Are you working on some personal issues where you could use the healing and transformative qualities of a literary journey out in nature?

- What are you excited about and what do you feel nervous about with attending the retreat that I may be able to address in our **pre-camping video call meeting at 7pm EST on October 15th**?

Pre-camping Video Call: 7pm EST on October 15th. We will get our ducks in a row, have Q&A and I will upload a liability waiver for all participants to sign. A link for the video call will be emailed to all registrants by Oct. 12th.

Refund Policy: Refunds are only granted on cancellations that are received via email by October 15th.

Nature of the Sessions: All of Zelda's sessions and retreats are therapeutic as opposed to therapy. Zelda Lockhart is a Registered Expressive Arts Educator and Consultant with a PhD in Expressive Therapies. If you require clinical therapy or psychological assistance in addition to sessions or retreats with Zelda Lockhart, please seek those medical or psychiatric resources through other licensed practitioners. The following is a resource link to a popular database for seeking a licensed therapist: <https://www.psychologytoday.com/us/therapists>.

Please sign that you have read and agree to the refund policy and nature of the sessions: _____

Date: _____

Please pay via **PayPal** at www.zeldalockhart.com or www.herstorygardenstudios.com on the "Workshops & Events" page. **\$125**