

Private Consultation Questionnaire 5 Session Block

www.ZeldaLockhart.com

Facilitated by **Zelda Lockhart, PhD., REACE**, author of **Fifth Born, Cold Running Creek,**

Fifth Born II: The Hundredth Turtle, & The Soul of the Full-Length Manuscript

Name _____

Address _____

Phone _____ 2nd Number _____

Email _____

Zelda Lockhart utilizes the literary arts with other art forms as adjunct to help folks do one of two things:

- Reach the goal of a literary manuscript using their personal life experiences and the discovered experiences during the writing process (and other adjunct art making) as the main ingredients
- Heal and transform using literary writing (and other adjunct art forms) as the tools to reach that goal

These goals sound similar, because healing transformation and literary product are an outcome of each, but the primary goal of the first is the manuscript with healing transformation as a secondary outcome, and the primary goal of the second is the healing transformation with some literary writing as the secondary outcome.

With these objectives in mind, what are your personal goals with private consultation? Are you working on a writing project that needs the infusion of your own humanity? Are you working on some personal issues where you could use the healing and transformative qualities of a literary journey?

Please list five weeks of days and times that work for you. M-F, some time between 9:30am and 6:30pm works best, but we can definitely work to match you schedule. _____

Cancellation Policy: Please note that consultations are to happen within a five-week period. Within that time the client may cancel and reschedule one session as long as that session is rescheduled within the five-week block. This is to keep the continuity of your goals possible and within reach. The client forfeits any other sessions that are cancelled.

Refund Policy: Refunds are only granted on cancellations that are received via email by Friday, before the first of the five scheduled sessions.

Nature of the Sessions: These sessions are therapeutic as opposed to therapy. Zelda Lockhart is a Registered Expressive Arts Educator and Consultant with a PhD in Expressive Therapies. If you require clinical therapy or psychological assistance in addition to sessions with Zelda Lockhart, please seek those medical or psychiatric resources through other licensed practitioners. The following is a resource link to a popular database for seeking a licensed therapist: <https://www.psychologytoday.com/us/therapists>.

Please sign that you have read and agree to the cancellation policy, refund policy, and nature of the sessions: _____

Date: _____

Please pay via **PayPal** at www.zeldalockhart.com or www.herstorygardenstudios.com on the “Workshops & Events” page. **\$450**

Please visit the websites (www.zeldalockhart.com or www.herstorygardenstudios.com) for information about group workshops offered this year.