

USU Safe Passages for U

Self-Awareness Handout

Please list the terms that you use to describe yourself along each of these identities. Rate how important each of these identities are to you using H (high), M (medium), L (low) designations on each.

Example:

Importance	Identity	Labels I Use
H	Gender	Cisgender female; woman

Importance	Identity	Labels I Use
	Gender	
	Ethnicity	
	Socioeconomic status	
	Education	
	Religion	
	Sexual orientation	
	Spirituality	
	Nationality	
	Ability	
	Age	