



Bed and Breakfast Casserole

SERVES 4-6

Ingredients:

- 1 (16 ounce) carton egg substitute
- ¼ cup Milk
- 1 (12 ounce) package light sausage
- 1 (8 ounce) carton Sour Cream
- 1 cup shredded cheddar cheese

Steps:

- 1. Soft scramble egg substitute with Milk.
- 2. Brown sausage and drain excess fat.
- 3. Place egg mixture in the bottom of an 8x8 casserole dish.
- 4. Spread with Sour Cream. Layer sausage over sour cream
- 5. and top with cheese.
- 6. Bake at 350 degrees for 20-30 minutes.