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Best Burgers

Prep Cook Time: 15 minutes

SERVES 6 - 8

Ingredients:

- 2 pounds ground beef
- 1 egg, beaten
- 3/4 cup dry bread crumbs
- 3 tablespoons evaporated milk
- 2 tablespoons Worcestershire sauce
- 1/8 teaspoon cayenne pepper
- 2 cloves garlic, minced

Steps

1. Preheat grill for high heat.
2. In a large bowl, mix the ground beef, egg, bread crumbs, evaporated milk, Worcestershire sauce, cayenne pepper, and garlic using your hands. Form the mixture into 8 hamburger patties.
3. Lightly oil the grill grate. Grill patties 5 minutes per side, or until well done.