



Greek Turkey Burgers

Prep Cook Time: 20 minutes

SERVES 4

Ingredients

1.5 lbs ground turkey breast
4 oz package crumbled feta
1 teaspoon dried oregano
½ teaspoon salt
1 teaspoon lemon zest
1 cup grated cucumber (salt)
6 oz tub Greek yogurt
4-6 French hamburger buns

Steps

1. Stir together first 5 ingredients. Shape mixture into patties. Fire up grill or heat pan to medium; cook 5 minutes on each side until done.
2. Stir together cucumber, yogurt in small bowl; season with salt.
3. Serve burgers with cucumber sauce & desired condiments.