

Grilled Steak 'n Onions

Prep Cook Time: 1 hour 15 minutes

SERVES 4

Ingredients

3 Tablespoons brown sugar

4 ½ teaspoons balsamic vinegar

1 teaspoon salt

¼ teaspoon pepper

1 medium yellow onion, cut in ½ inch thick slices

1 large white onion, cut in ½ inch thick slices

1 medium red onion, cut in ½ inch thick slices

1 lb boneless NY strip steak

Steps

- 1. Combine sugar, vinegar & ½ teaspoon salt; brush on onions. Saute' onions in a grill pan over medium heat until soft & caramelized (takes about 45 minutes).
- 2. Trim any fat off steak. Sprinkle steak with ½ teaspoon salt & pepper. Grill about 10 minutes on each side or broil in oven on medium for same length of time, turning once. Cook steak according to desired doneness.
- 3. Let meat rest 10 minutes; slice against the grain.