

Ground Beef Gyros

Prep Time: 10 minutes Cook Time: 22 minutes

SERVES 4

<u>Ingredients:</u> 1 (8 oz.) container plain yogurt ⅓ cup chopped seeded cucumber 2 tablespoons finely chopped onions 1 garlic clove, minced 1 teaspoon sugar

Filing

1 lb. lean ground beef
1½ teaspoon dried oregano
1 teaspoon garlic powder
1 teaspoon onion powder
1 teaspoon salt
¼ teaspoon pepper
4 pita breads
3 cups shredded lettuce
1 large tomato, chopped
1 small onion, chopped

<u>Steps:</u>

- 1. In a bowl, combine first 5 ingredients.
- 2. Cover and refrigerate.
- 3. In separate bowl, combine ground beef and seasonings.
- 4. Mix well.
- 5. Shape into 4 patties.

6. Grill, covered, over medium to high heat for 10 to 12 minutes or until meat is no longer pink, turning once.

- 7. Cut patties into thin slices.
- 8. Stuff into pitas; lettuce, tomato, and onion.
- 9. Serve with yogurt sauce.