

Honey Tenderloin with Spicy Fruit

Prep Time: 20 minutes Cook Time: 20 minutes

SERVES 6

<u>Ingredients:</u>

3 tablespoons orange juice

2 tablespoons honey

2 tablespoons olive oil

1 tablespoon soy sauce

2 teaspoons Chinese five-spice powder

1½lb pork tenderloin

½lb grapes, cut in half

4 large oranges, peeled, sectioned, and chopped

½teaspoon crushed red pepper

1 tablespoon red wine vinegar

Steps:

- 1. Combine orange juice, honey, olive oil, soy sauce, and five-spice powder in a shallow dish.
- 2. Place tenderloin in marinade; cover and refrigerate at least 30 minutes or overnight.
- 3. Combine grapes, oranges, crushed red pepper, and vinegar while tenderloin is marinating.
- 4. Place tenderloins over medium hot grill or on a grill pan.
- 5. Cover and cook 5 minutes; turn and cook 5 minutes longer. Repeat until all 4 sides of tenderloin are seared and meat has cooked a total of 20 minutes.
- 6. Let rest 5 minutes before cutting into ¼-inch slices. Serve meat topped with fruit