

Maple Pork Chops

Prep Cook Time: 15 minutes

SERVES: 4

Ingredients:

2 lbs. center cut pork chops
2 apples, diced
2 tablespoons butter or margarine
½ cup maple syrup
cooking spray
salt and pepper

Steps:

- 1. Season pork chops with salt and pepper. Grill until tender or broil, 4-5 minutes each side.
- 2. Coat small skillet with cooking spray and saute' diced apple until softened.
- 3. Add butter and syrup, heat slowly for a few minutes.
- 4. Serve pork chops with apple topping.