



## Pepper Steak Over Rice (Crock Pot Recipe)

Prep Cook Time: 15 minutes

SERVES 4-6

Ingredients:

- 1.5 lbs. Beef round chunks
- ¼ cup soy sauce
- 1 teaspoon garlic powder
- 1 teaspoon sugar
- ½ teaspoon salt
- ¼ teaspoon pepper
- ¼ teaspoon ground ginger
- ½ large onion, chopped
- 2 green bell peppers, cut into strips
- 1 (14 oz. can) diced tomatoes, undrained
- ½ cup cold water
- 1 tablespoon corn starch

Steps

1. Place beef chunks in slow cooker.
2. Combine soy sauce, garlic, onion, sugar, salt, pepper, and ginger.
3. Pour over meat. Cover
4. Cook on low 5 -6 hours. Add green peppers and tomatoes.
5. Cook 1 hour longer. Combine water and cornstarch.
6. Stir into slow cooker. Cook on high until thickened, about 10-15 minutes.
7. Serve over hot rice.