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Salsa Pork Chops

Prep Cook Time: 6 hours 15 minutes

Crock Pot Recipe

SERVES 4

Ingredients

1.5 lbs center cut pork chops

16 oz of salsa

Cooking spray

3 Tablespoons brown sugar

1 Tablespoon Dijon mustard

Steps

1. Trim all fat from chops. Coat a large skillet with cooking spray. Brown chops over medium heat for 3 minutes each side. Place the chops in a crock pot.
2. Mix salsa, brown sugar & Dijon mustard and pour over chops. Cook on low for 6 hours.