

Sweet Mustard Salmon with Potatoes and Green Beans

Prep Cook Time: 30 minutes

SERVES 4

Ingredients:

1+ pounds of salmon filets (enough to feed your family)

Garlic salt

1/2 cup syrup

- 2 tablespoons Dijon mustard
- 4 or 5 potatoes
- 1 cup Sour Cream
- 1 tablespoon chives
- 1/2 teaspoon garlic salt
- ¼ teaspoon pepper
- 1 pound green beans

Steps

- 1. Lightly season fillets with garlic salt. Mix syrup & mustard together and brush mixture on both sides of fish. Fire up the grill. Place on fish grilling rack and cook until flaky, continually basting with syrup mixture.
- 2. Meanwhile; boil potatoes. Drain and mash. Stir in Sour Cream, chives, garlic salt and pepper.
- 3. Sauté beans and season as desired.