



Zesty Pork Skewers with Rice

Prep Cook Time: 1 ½ hours

SERVES 4

Ingredients:

2 lb pork tenderloin cutlets
1 cup Italian dressing, as marinade
1 sweet onion, peeled and quartered
1 yellow squash, quartered
2 zucchini, quartered

Skewers

Rice

Steps

1. Alternate cutlet, onion, squash & zucchini quarters on skewers. Place on a flat pan and pour 1 cup of dressing over and marinate for 1 hour.
2. Fire up grill and cook until tender or place in oven and bake for 350 degrees for 30 minutes.
3. Prepare rice as directed on package.
4. Serve skewers over rice.