

FEBRUARY 2023
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

c = Cell phone number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
ALKANLI, Ester Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES	YES	YES	YES	YES	YES	YES	YES	Pet Care, Dementia Care, Airports, Teaches French, Teaches Bridge to Beginners, Languages: French, Spanish, Turkish
ARMITAGE, Judy Ptarmigan Dr E11 925-938-3304 c510-703-9716 armitagejudith@yahoo.com	YES					YES		YES	Appointments & Errands, Organization of Closets, Cabinets, Storage, Plant Care
BISHOP, Wanda Fairlawn Ct E5 c925-324-4941 bishop.wanda@comcast.net	YES	YES	YES	YES		YES	YES	YES	Pet Care at pet's home. Dog walks, Cat care Airport OAK/SFO, DR. appointments Errands
BROWN, Alan Golden Rain E6 c209-765-4350 abrowns@sbcglobal.net	YES	YES				YES		YES	Drives all Airports, Dog Walks 20-45Min, Cat Care, Clean deck/patio/veranda, Drives all Appointments
BUDAN, Ibrahim Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES	YES	YES		YES	YES	YES	YES	Pet Care, Dementia Care, Airports, Plays Bridge
CHAN, Stella Rossmoor Pkwy E4 c925-683-8053 bowjun@me.com	YES Errands, Appoint- ments		LIMITED	Light Meal Prep	LIGHT	YES			Wash Hair, Grooming, Help with Meds/ Dressing/Light Breakfast & Lunch, Ironing, Companionship, Social Visits, Small Dog Walks, Change Bedding
CHAPMAN, Mary Golden Rain Rd E15 c415-385-8108 925-934-8829 mrysns777@gmail.com	YES	YES	YES	YES	LIGHT	YES	Occasiona	SATURDAY SUNDAY after 3PM	Meal Planning, Companionship, Exercise, Appointments, Errands

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CHASE, Donna Golden Rain Rd E24 925-947-1628 tipchase@sbcglobal.net	YES					YES		YES	Pack to Move & unpacking, Dog Daycare/Overnights in my home, Cat Care, Assist with Paperwork and Bills, Laundry, Mending / Sewing
CHASE, Tip Golden Rain Rd E24 c925-457-2741 925-947-1628 tipchase@sbcglobal.net	YES	YES				YES		YES	Drives to ALL Airports; Amtrak & Cruise Piers; All SF/Marin County/Bay Area Locations, Drives to Long Distance Locations, Dog Daycare/Overights in my home, Cat care
CIRINA, Cathie Pine Knoll Dr E1 c925-989-6221 catcirina2@gmail.com	YES			LIGHT		YES			Social Visits, Shopping, Dog Walking
COHEN, Nancy Terra Granada Dr E10 c510-334-6442 nancycohen1334@gmail.com	YES	EAST BAY	YES	YES		YES		YES	Shopping, Appointments, Take for walks, Companionship, Organizing, and Dog Care
CRAMER, David Pine Knoll Dr E3 c925-324-3936 dkramer204@gmail.com	YES		YES	YES	YES	YES		Occasional	Drives to Appointments, Drives to the Fitness Center, Reading
CRITTONDON, Bill Rockledge Ln E8 925-947-6190 c925-457-8483 bcrittndon@comcast.net	YES	YES		LIGHT	YES	YES	Occasional		DR. Appointments, Drives to All Airports, Extended-Driving, Move Furniture, Power Wash Decks, Laundry, Computer Assistance

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CRUZ, Maura Saklan Indian Dr E5 c925-395-7291	YES		YES	YES	YES	YES		YES	Retired CNA, DR. Appointments, Dementia Care
GILBERT, Andrea Rockledge E8 c510-918-2580 andrea_gilbert@comcast.net	YES			YES	YES	YES	POSSIBLY	YES	Cat care, dog walks, social visits/cards/ games, laundry, change bed
GIOULIS, Midori Terra Granada E14 c510-589-6300 925-378-7933 mgioulis@sbcglobal.net	YES		LIMITED	YES		YES			Pet Care, Japanese Speaker, Wash clothes & bedding, Meal Prep, Plant Care, Companionship, Social Visits/cards/games Make sure client takes meds, stay close by while client showers
HARPER, Carol Ptarmigan Dr E11 c925-998-9558 925-295-0755 caroloharper@comcast.net	YES	YES		BAKES	LIGHT	YES		YES	Cat Care, Laundry, Ironing, Dog Walking, Plant Care
HOLLIS, Arlene Golden Rain Rd E24 c510-305-7474 arlenethollis@gmail.com	YES	YES				YES			Retired teacher. At your service: Appointments, Companionship, Exercise partner, Dog sitter/walker, Home management, and Technology
KOWALSKI, Lucia Terra Granada Dr E14 c925-951-7053 allenfry7@gmail.com	YES	EAST BAY	LIMITED	LIMITED	YES	YES	YES	YES	Socializing, Companionship, Errands, Gardening/Plant Care, Dog Walking, Playing games, Walking Companion, Laundry, Ironing
KVORIAK, Vicky Rockledge Ln E9 925-788-4170 victoriakv@yahoo.com	YES			YES		YES			Vet Appts, DR. Appts (Ambulatory only), Exercise Assistance, Errands, Shopping, Reading for Sight Impaired, Prepare and Cook Meals, Music & Opera Lover, Dog Walking, Pet Sitting

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LEKICH, Andra Golden Rain Rd E10 925-935-5415 c925-818-6889 andralu@hotmail.com	YES			YES		YES			Haircuts, Plant Watering, Personal Computer Help, Simple "Sign Language Signs" for the Speech Impaired
LEVINSKY, Sheila Terra California Dr E4 925-448-2064 leonsheila@comcast.net	YES		YES	YES	LIGHT	YES	YES	YES	Retired RN with Long-Term Care Experience, Post-Op Care, Wound Care, Alzheimer's Care, Cat Care, Drives to Medical Appointments Only
MANN, Carol Terra California Dr E10 925-287-9863 rosally317@gmail.com				LIGHT		YES		Occasional	Retired Registered Nurse. Dementia Care, Post Op Care Ambulatory clients only. Errands, Grocery Shop
MANN, Irene Golden Rain Rd E25 c925-989-9796 mannirene@gmail.com	YES	YES				YES		YES	Dog walks, Cat care, OAK airport, Plant care, organize/straighten house/room, clean patio/veranda, possibly other various chores/jobs
MARSHALL, Mick Terra Granada E10 c925-588-8729 mickmarshall39@gmail.com	YES	YES				YES		YES	Drives all Airports, Appointments, Little Handyman Tasks, Clean deck/patio/ veranda, Experienced Instacart Shopper
MARTNER, Jade Rossmoor Pkwy E1 925-698-0530 kmartner@att.net	Evenings	Evenings				Evenings		YES	OAK/SFO airports, Errands closet, garage, storage organization/packing for moves household light handywork/repairs computer technical support (PC)
MASON, Rebecca Rossmoor Pkwy E4 c925-478-9541 rbmason2012@gmail.com	YES				LIGHT	YES			Small dog walks, cat care, mending/alter- ations, organize/straighten home, clean patio/veranda/decks, donate/sell personal belongings

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MOSS, Francine Canyonwood Ct. E7 c925-858-9944 franie12@yahoo.com	YES	YES				YES		Occasional	All Appointments: DR., Dentist, and Hair. Oakland Airport
MUSGRAVE, Bob Terra Granada Dr E10 925-932-9624 luv2gourmet@comcast.net	YES	YES		YES		YES		YES	Appointments, Oakland Airport only, Tasks as needed
NAYLOR, Gail Pine Knoll Dr E1 c480-225-5382 stellsluns1@mac.com	YES	YES				YES		YES	Dog sitter in her home Oakland airport DR. appointments
PAUL, Kathie Oakmont Dr E3 c510-504-3164 kathiepaul70@gmail.com	YES	YES				YES		Occasional	DR. Appointments, Personal Care Appointments, Oakland Airport only, Home Office Assistance
RUTLEDGE, Mary Tice Creek Drive Entry A c925-285-8708 hgrutledge@comcast.net	YES		LIGHT	LIGHT	LIGHT	YES			Pet Care, Personal Appointments
SIMPTON, Sue Golden Rain Rd E7 925-448-2198 c925-330-3952 suesimpton@comcast.net	YES		YES	YES	LIGHT	YES			DR. Appointments, Pet Care, Meal Planning--Certified Nutritional Consultant
STEARNS, Paula Terra Granada E9 c925-360-7105 paula@thestearnsfamily.net	YES		LIGHT	LIGHT	LIGHT	YES	YES	YES	Companionship, Walks, Games, Plant Care Pet Care, Reading, Organizing,

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STRONG, Diana Rockledge E3 c630-747-1981 dianadon@sbcglobal.net	YES					YES		YES	Plant care, Cat care, laundry, organize/straighten house/home
THAM, Aida Leisure Lane E8 408-410-7562 myaft3@gmail.com	YES	YES	YES	LIGHT	YES	YES	YES	YES	OAK/SFO, computer help, house sitting, home care assistance, Dr appointments, errands
WALSH, Bonnie Ptarmigan Dr E3 c925-899-0273 925-944-5076 jimwalsh1829@yahoo.com	YES	YES	YES	LIGHT	LIGHT	YES		Occasional	Drives to/from: Major Airports-SFO,OAK,SJC,SMF, Local Airports; AMTRAK; Cruise Ship Piers; Downtown SF/Oak; UCSF, Kaiser, John Muir Hospitals; Wine Country/Tahoe; Doctor/Dental Appointments; Shopping
WALSH, Jim Ptarmigan Dr E3 c925-699-0550 925-944-5076 jimwalsh1829@yahoo.com	YES	YES	YES	YES	YES	YES		YES	Drives to/from: Major Airports-SFO,OAK,SJC,SMF, Local Airports; AMTRAK; Cruise Ship Piers; Downtown SF/Oak; UCSF, Kaiser, John Muir Hospitals; Wine Country/Tahoe; Doctor/Dental Appointments; Shopping, Exercise Assistance; Dog Walking
YANCEY, Terry Tice Creek Drive E1 c310-251-3143 925-393-5987 qwsgrandma@gmail.com	YES		YES	YES	YES	YES		YES	Pet Care, Assist with Bills/Paperwork, Organizing, Companionship, Caregiver Experience, Appointments, Errands