

February 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member c = Cell Number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
ALKANLI, Ester Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES		YES	YES	YES	YES	YES	YES	Pet Care. Dementia Care. Teaches French. Teaches Bridge to Beginners. Languages: French, Spanish, Turkish
ARMITAGE, Judy Ptarmigan Dr E11 925-938-3304 c510-703-9716 armitagejudith@yahoo.com	YES					YES		YES	Appointments & Errands, Organization of Closets, Cabinets, Storage, Plant Care.
BISHOP, Wanda Fairlawn Ct E5 c925-324-4941 bishop.wanda@comcast.net	YES	YES	YES	YES		YES	YES	YES	Pet care at pet's home. Dog walks, Cat care. Airport OAK/SFO, Dr.. appointments. Errands.
BRENNAN, Joanne Fairlawn Ct E5 c 925-878-2540 925-954-8454 jmbrennan927@gmail.com	YES		YES			YES		Occasional	Retired RN. Currently Licensed. Provide Post-op & Wound Care, C-Pap Cleaning/Refill, Medical Appointments.
BROWN, Alan Golden Rain E6 c209-765-4350 abrowns@sbcglobal.net	YES	YES				YES		YES	Drive to All Airports, Away Destinations, and Appts. Will Wait. Experienced with Making Evac Go Bags and Shelter-in-Place Supplies. Write Personal Emergency Evac Plans.
BUDAN, Ibrahim Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES		YES		YES	YES	YES	YES	Pet Care, Dementia Care, Plays Bridge

February 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member c = Cell Number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
CHAN, Stella Rossmoor Pkwy E4 c925-683-8053 bowjun@me.com	YES Errands, Appoint- ments		LIMITED	Light Meal Prep	LIGHT	YES			Wash Hair, Grooming, and Help with Dressing. Light Breakfast & Lunch. Ironing, Companionship, social Visits, Small Dog Walks. Change Bedding.
CHAPMAN, Mary Golden Rain Rd E15 c415-385-8108 925-934-8829 mrysnsh777@gmail.com	YES	YES	YES	YES	LIGHT	YES	Occa- sional	SATURDAY SUNDAY after 3PM	Meal Planning, Companionship, Exercise, Appointments, Errands
CHASE, Donna Golden Rain Rd E24 925-947-1628 tipchase@sbcglobal.net	YES					YES		YES	Packing & Unpacking for Moves. Dog Day Care/ and Overnight Dog Care in My Home. Cat Care in Client's Home. Mending (no alterations). Assist with Paperwork and Bills.
CHASE, Tip Golden Rain Rd E24 c925-457-2741 925-947-1628 tipchase@sbcglobal.net	YES	YES				YES		YES	Drives to ALL Airports. Drives to Napa and Solano Counties. Drives to Amtrak and Cruise Piers. Dog Day Care/and Overnight Dog Care in My Home. Cat Care in Client's home.
CIRINA, Cathie Pine Knoll Dr E1 c925-989-6221 catcirina2@gmail.com	YES			LIGHT		YES			Social Visits, Shopping, Dog Walking
COHEN, Nancy Terra Granada Dr E10 c510-334-6442 nancycohen1334@gmail.com	YES	EAST BAY	YES	YES		YES		YES	Shopping, Appointments, Take for walks, Companionship, Organizing, and Dog Care

February 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member c = Cell Number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
CRITTONDON, Bill Rockledge Ln E8 c925-457-8483 bcrittondon@comcast.net	YES	YES		LIGHT	YES	YES	Occa- sional		Dr. Appointments. Drives to All Airports. Extended-Driving. Move Furniture. Power Wash Decks. Laundry.
CRUZ, Maura Saklan Indian Dr E5 c925-395-7291	YES		YES	YES	YES	YES		YES	Retired CNA, Dr. Appointments, Dementia Care
GILBERT, Andrea Rockledge E8 c510-918-2580 andrea_gilbert@comcast.net	YES			YES	YES	YES	Maybe	YES	Cat care, dog walks, social visits/cards/ games, laundry, change bed
GIOULIS, Midori Terra Granada E14 c510-589-6300 925-378-7933 mgioulis@sbcglobal.net	YES		LIMITED	YES		YES			Pet Care, Japanese Speaker, Wash clothes & bedding, Meal Prep, Plant Care, Companionship, Social Visits/cards/games Stay close by while client showers.
GRANBERG, Susan Ptarmigan Dr E16 c 925-765-9590 smudgie321@gmail.com			LIGHT	Light Food Prep				YES	Licensed RN + PHN (Retired), Orthopedic Pre + Post Op care, dog walks, NO LIFTING
HARPER, Carol Ptarmigan Dr E11 c925-998-9558 925-295-0755 caroloharper@comcast.net	YES	YES		BAKES	LIGHT	YES		YES	Cat Care, Laundry, Ironing, Dog Walking, Plant Care

February 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member c = Cell Number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
HOLLIS, Arlene Golden Rain Rd E24 c510-305-7474 arlenethollis@gmail.com	YES	YES				YES			Retired teacher. At your service: Appointments, Companionship, Exercise partner, Dog sitter/walker, Home management, and Technology
KOWALSKI, Lucia Terra Granada Dr E14 c925-951-7053 allenfryfry7@gmail.com	YES	EAST BAY	LIMITED	LIMITED	YES	YES	YES	YES	Socializing, Companionship, Errands, Gardening/Plant Care, Dog Walking, Playing games,. Walking Companion, Laundry, Ironing
KVORIAK, Vicky Rockledge Ln E9 925-788-4170 victoriakv@yahoo.com	YES			YES		YES			Vet Appts, Dr. Appts (Ambulatory only), Exercise Assistance, Errands, Shopping, Reading for Sight Impaired, Prepare & Cook Meals Music & Opera Lover, Dog Walking, Pet Sitting
LEE, Renee Tice Creek Dr Entry E c 925-639-5917 925-979-9068 reenelee5917@gmail.com	YES	Occasional	YES	YES	LIGHT	YES		YES	First Aide Certified. Work with Cognitive Issues. Education/Training Experience with Dementia and Alzheimer's. Laundry, games, creative crafts,
LEKICH, Andra Golden Rain Rd E10 925-935-5415 c925-818-6889 andralu@hotmail.com	NO	NO		NO		NO			Haircuts, Plant Watering, Personal Computer Help, Simple "Sign Language Signs" for the Speech Impaired. Help with packing/moving. Taking donations.
LEVINSKY, Sheila Terra California Dr E4 925-448-2064 leonsheila@comcast.net	YES		YES	YES	LIGHT	YES	YES	YES	Retired RN with Long-Term Care Experience, Post-Op Care, Wound Care, Alzheimer's Care, Cat Care, Drives to Medical Appointments Only.

February 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member c = Cell Number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
LUCCHETTI ,Mary Alice Golden Rain Rd E2 c 925-988-0661 maryalicell@netwiz.net	YES		YES	YES	YES	YES		YES	Experienced with care giving and companionship. Help dress and undress, set hair, supervise showers.
MANN, Carol Terra California Dr E10 925-287-9863 rosally317@gmail.com									NOT AVAILABLE UNTIL MAY 2024
MANN, Irene Golden Rain Rd E25 c925-989-9796 mannirene@gmail.com	YES	YES				YES		YES	Dog walks, Cat care, OAK airport, Plant care, organize/straighten house/room, clean patio/veranda, possibly other various chores/jobs
MASON, Rebecca Rossmoor Pkwy E4 c925-478-9541 rbmason2012@gmail.com	YES				LIGHT	YES			Dog walks. Cat and dog care in clients home. Dog and cat care in my home. Donate/sell client belongings. Computer/Printer assistance.
MUSGRAVE, Bob Terra Granada Dr E10 925-932-9624 luv2gourmet@comcast.net	YES	YES		YES		YES		YES	Appointments, Oakland Airport only, Tasks as needed
RUTLEDGE, Mary Tice Creek Drive Entry A c925-285-8708 hgrutledge@comcast.net	YES		LIGHT	LIGHT	LIGHT	YES			Pet Care. Personal Appointments.

February 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member c = Cell Number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
SILVER, Larry Oakmont Dr E14 c 925-214-4754 925-954-8823 silver.larry6@gmail.com	YES			LIGHT	LIGHT	YES		YES	Companionship, social visits, assist in daily activities, help to keep house clean and organized, have GPS on cell phone for emergencies
SIMPTON, Sue Golden Rain Rd E7 925-448-2198 c925-330-3952 suesimpton@comcast.net	YES		YES	YES	LIGHT	YES			Dr. Appointments. Cat Care. Meal Planning--Certified Nutritional Consultant. In Home and Walking Companion. Personal Care. Errands and Appointments
STEARNS, Paula Terra Granada E9 c925-360-7105 paula@thestearnsfamily.net	YES		LIGHT	LIGHT	LIGHT	YES	YES	YES	Companionship, Walks, Games, Plant Care Pet Care, Reading, Organizing,
STRONG, Diana Rockledge E3 c630-747-1981 dianadon@sbcglobal.net	YES					YES		YES	Plant care, Cat care, laundry, organize/ straighten house/home
THAM, Aida Leisure Lane E8 408-410-7562 myaft3@gmail.com	YES	YES	YES	LIGHT	YES	YES	NO	NO	OAK/SFO, computer help, house sitting, home care assistance, Dr. appointments, errands
TOLL, Andrea Skycrest Dr E4 c 510-913-3256 andreatoll@gmail.com	YES	YES	LIGHT	LIGHT	LIGHT	YES		YES	OAK airport. Straighten home, laundry, plant care. Various chores/errands. Walk small dogs, cat care. Walks, companionship. House sit. Assist with paper work.

February 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member c = Cell Number	Drives Local <15 mi	Drives Bay Area >15 mi	Personal Care	Cooks	Cleans	Shops	Over Night	Works Weekends	Other Tasks / Services
WALSH, Jim Ptarmigan Dr E3 c925-699-0550 925-944-5076 jimwalsh1829@yahoo.com	YES	YES	YES	YES	YES	YES		YES	Drives to/from: Major Airports-SFO,OAK,SJC,SMF, Local Airports; AMTRAK; Cruise Ship Piers; Downtown SF/Oak; UCSF, Kaiser, John Muir Hospitals; Wine Country/Tahoe; Dr./Dental Appts. Shopping, Exercise Assistance; Dog Walking
YANCEY, Terry Tice Creek Drive E1 c310-251-3143 925-393-5987 gwsgrandma@gmail.com	YES		YES	YES	YES	YES		YES	Pet Care, Assist with Bills/Paperwork, Organizing, Companionship, Caregiver Experience, Appointments, Errands