

JUNE 2024
ROSSMOOR COMPANIONS CLUB MEMBERS SERVICES LIST
Main Contact Info: 925-357-1120
www.rossmoorcompanions.com

Call Main Contact Phone # 925-357-1120 for Member Availability

The Rossmoor Companions Club provides this List as a courtesy to Residents. Information contained here-in was provided by each individual listed and is assumed to be accurate. However, the Club does not endorse or assume any liability for the capabilities listed or any services performed by these individuals. Companions provide their services directly to their clients, thus any relationship(s) entered into by the Club Companions is strictly between them and their clients.

Member	Drives	Drives	Personal	Cooks	Cleans	Shops	Over	Works	Other
c = Cell Number	Local <15 mi	Bay Area >15 mi	Care				Night	Weekends	Tasks / Services
ALKANLI, Ester Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES			YES		YES	YES	YES	Pet care, dog sitting, dementia care, teaches French, teaches bridge to beginners Speaks French, Spanish & Turkish
ARMITAGE, Judy Ptarmigan Dr E11 925-938-3304 c510-703-9716 armitagejudith@yahoo.com	YES					YES		YES	Appointments & Errands, Organization of Closets, Cabinets, Storage, Plant Care.
BISHOP, Wanda Fairlawn Ct E5 c925-324-4941 bishop.wanda@comcast.net	YES	YES	YES			YES		YES	OAK/SFO, Cat care, plant care, errands, drive to medical appointments, help clean out closets/cupboards and take discards to thrift shops
Bravo, Susan Skycrest Dr. E4 c 925-819-2283 susan.c.bravo@gmail.com	YES	YES	LIMITED		LIGHT	YES	YES		OAK/SFO, UCSF, appointments/errands, cat care/small dog care at clients house, companionship, assist with paperwork, organization
BRENNAN, Joanne Fairlawn Ct E5 c 925-878-2540 925-954-8454 jmbrennan927@gmail.com	YES		YES			YES		Occa-	Retired RN. Currently Licensed. Provide Post-op & Wound Care, C-Pap Cleaning/Refill, Medical Appointments.

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BROWN, Alan Golden Rain E6 c209-765-4350 abrowns@sbcglobal.net	YES	YES				YES		YES	All Airports & Transportation Hubs, destinations within four hours, appointments (will wait), Emergency Planning, Go Bags, Personal Emergency Plans
BUDAN, Ibrahim Ptarmigan Dr E3 510-928-7665 esmor50@hotmail.com	YES					YES		YES	Pet care, dog sitting, dementia care, plays bridge
CHAN, Stella Rossmoor Pkwy E4 c925-683-8053 bowjun@me.com	YES					YES			Medical/Physical Therapy appointments, small dog walks. Will consider other short term help
CHAPMAN, Mary Golden Rain Rd E15 c415-385-8108 925-934-8829 mrysnsh777@gmail.com	YES	YES	YES	YES	LIGHT	YES	Occa- sional	Sat Sun after 3pm	Meal Planning, Companionship, Exercise, Appointments, Errands
CHASE, Donna Golden Rain Rd E24 925-947-1628 tipchase@sbcglobal.net	YES					YES		YES	Packing & Unpacking for moves, Dog Day Care/and Overnight Dog Care in my home, cat care in client's home, Assist with paperwork and bills.
CHASE, Tip Golden Rain Rd E24 925-947-1628 tipchase@sbcglobal.net								YES	Dog Day Care/and Overnight Dog Care in my home, cat care in client's home.

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CIRINA, Cathie Pine Knoll Dr E1 c925-989-6221 catcirina2@gmail.com	YES			LIGHT		YES			Social Visits, Shopping, Dog Walking
COHEN, Nancy Terra Granada Dr E10 c510-334-6442 nancycohen1334@gmail.com	YES		YES	YES	LIGHT	YES		YES	Drive to appointments, shopping, companionship, take for walks, assist with paperwork/bills, organizing, dog walks
CRITTONDON, Bill Rockledge Ln E8 c925-457-8483 bcrittndon@comcast.net	YES	YES			YES	YES	Occa sional		Doctor Appointments, drives all airports, extended driving, move furniture, laundry
CRUZ, Maura Saklan Indian Dr E5 c925-395-7291	YES		YES	YES	YES	YES		YES	Retired CNA, Dr. Appointments, Dementia Care
Farmer, Rebecca Oakmont Dr. E7 c 510-914-3958 rebecca.farmer@sbcglobal.net	YES	YES	YES	YES	YES	YES		YES	OAK airport, Appointments (will wait), exercise assistance, straighten/organize house/room, dog walks, cat care, laundry, assist with morning routine
GILBERT, Andrea Rockledge E8 c510-918-2580 andrea_gilbert@comcast.net	YES			LIGHT	LIGHT	YES		YES	Drive to appointments, organizing, packing & moving, laundry, change bed sheets regularly, companionship, rides to fitness center, light vacuuming

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GIOULIS, Midori Terra Granada E14 c510-589-6300 925-378-7933 mgoulis@sbcglobal.net	YES		LIMITED	YES		YES			Pet Care, Japanese Speaker, Wash clothes & bedding, Meal Prep, Plant Care, Companionship, Social Visits/cards/games Stay close by while client showers.
GRANBERG, Susan Ptarmigan Dr E16 c 925-765-9590 smudgie321@gmail.com			LIMITED	LIGHT food prep				YES	Licensed RN + PHN (retired) ,Orthopedic Pre + Post op consulting & care, dog walks NO LIFTING
HARPER, Carol Ptarmigan Dr E11 c925-998-9558 caroloharper@comcast.net	YES	YES		Bakes	LIGHT	YES			Cat care, ironing, dog walking, plant care
HOLLIS, Arlene Golden Rain Rd E24 c510-305-7474 arlenethollis@gmail.com	YES	YES				YES			Retired teacher. At your service: Appointments, Companionship, Exercise partner, Dog sitter/walker, Home management, and Technology
Knefel, Elizabeth Golden Rain Rd. E1 925-926-0344 eknefel@gmail.com	YES		LIMITED	LIGHT		YES		YES	Assist with dressing in morning, teaching technology: smart devices, phones, tablets, smart TV's, etc.
KOWALSKI, Lucia Terra Granada Dr E14 c925-951-7053 allenfryfry7@gmail.com	YES	EAST BAY	LIMITED	LIMITED	YES	YES	YES	YES	Socializing, Companionship, Errands, Gardening/Plant Care, Dog Walking, Playing games,. Walking Companion, Laundry, Ironing

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KVORIAK, Vicky Rockledge Ln E9 925-788-4170 victoriakv@yahoo.com	YES			YES		YES			Vet appointments, Doctor appointments (ambulatory only), exercise assistance, errands, shopping, reading for sight impaired, prepare & cook meals, music & opera lover, dog walking
LEE, Renee Tice Creek Dr Entry E c 925-639-5917 925-979-9068 reneelee5917@gmail.com	YES	Occasional	YES	YES	LIGHT	YES		YES	First Aide Certified. Work with Cognitive Issues. Education/Training Experience with Dementia and Alzheimer's. Laundry, games, creative crafts,
LEKICH, Andra Golden Rain Rd E10 925-935-5415 c925-818-6889 andralu@hotmail.com	NO	NO		NO		NO			Haircuts, Plant Watering, Personal Computer Help, Simple "Sign Language Signs" for the Speech Impaired. Help with packing/moving. Taking donations.
LEVINSKY, Sheila Terra California Dr E4 925-448-2064 leonsheila@comcast.net	YES		YES	YES	LIGHT	YES	YES		Retired RN with Long-Term Care experience, Post-Op Care, Wound Care, Alzheimer's Care, cat care, Drives to Medical Appts only
LUCCHETTI ,Mary Alice Golden Rain Rd E2 c 925-988-0661 maryalicell@netwiz.net	YES		YES	YES	YES	YES		YES	Experienced with care giving and companionship. Help dress and undress, set hair, supervise showers.

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MANN, Irene Golden Rain Rd E25 c925-989-9796 mannirene@gmail.com	YES	YES				YES		Occasional	Dog walks, cat care, plant care, organize, clean patio/veranda, errands, chores, drive to appointments, light housekeeping
MASON, Rebecca Rossmoor Pkwy E4 c925-478-9541 rbmason2012@gmail.com	YES				LIGHT	YES			Dog walks. Cat and dog care in clients home. Dog and cat care in my home. Donate/sell client belongings. Computer/Printer assistance.
MUSGRAVE, Bob Terra Granada Dr E10 925-932-9624 luy2gourmet@comcast.net	YES	YES		YES		YES		YES	Appointments, Oakland Airport only, Tasks as needed
Newmark, Karen Autumnwood E3 925-482-0662 c 510-816-4890 karennewmark@comcat.net	YES	YES	YES	YES		YES			Appointments, change bed, laundry, iron, Assist with morning routine, dressing change (if allowed by medical staff), assist with nebulizer as needed, social visits, companionship
Poirier, Del Cactus Ct. E2 c 530-407-4977 del1935mass@gmail.com	YES		LIMITED	LIMITED	LIGHT	YES		YES	Plant care, straighten/organize house/room, social visits

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RUTLEDGE, Mary Tice Creek Drive Entry A c925-285-8708 hgrutledge@comcast.net	YES		LIGHT	LIGHT	LIGHT	YES			Pet Care. Personal Appointments.
SILVER, Larry Oakmont Dr E14 c 925-214-4754 925-954-8823 silver.larry6@gmail.com	YES			LIGHT	LIGHT	YES		YES	Companionship, social visits, assist in daily activities, help to keep house clean and organized, have GPS on cell phone for emergencies
SIMPTON, Sue Golden Rain Rd E7 925-448-2198 c925-330-3952 suesimpton@comcast.net	YES		YES	YES	LIGHT	YES			Dr. Appointments. Cat Care. Meal Planning--Certified Nutritional Consultant. In Home and Walking Companion. Personal Care. Errands and Appointments
STEARNS, Paula Terra Granada E9 c925-360-7105 paula@thestearnsfamily.net	YES		LIGHT	LIGHT	LIGHT	YES	YES	YES	Companionship, Walks, Games, Plant Care Pet Care, Reading, Organizing,
STRONG, Diana Rockledge E3 c630-747-1981 dianadon@sbcglobal.net	YES	YES			LIGHT	YES		YES	Drives to appointments, plant care, cat care, laundry, organize/straighten house/home

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THAM, Aida Leisure Lane E8 408-410-7562 myaft3@gmail.com	YES	YES		LIGHT		YES			OAK/SFO, computer help, home care assistance, doctor appointments, errands walking, companionship
TOLL, Andrea Skycrest Dr E4 c 510-913-3256 andreatoll@gmail.com	YES	YES	LIGHT	LIGHT	LIGHT	YES		YES	OAK airport. Straighten home, laundry, plant care. Various chores/errands. Walk small dogs, cat care. Walks, companionship. House sit. Assist with paper work.
Tzur, Cassie Tice Creek Dr. E2 c925-285-4071 imagesbycassie@gmail.com	YES		LIMITED	LIGHT	LIGHT	YES		YES	Retired Social Worker, dementia care, change bed, laundry, plant care, social visits, clean patio/deck/veranda, companionship, read to clients, share photo books
WALSH, Jim Ptarmigan Dr E3 c925-699-0550 925-944-5076 jjimwalsh1829@yahoo.com	YES	YES				YES		YES	Drives to/from: Major Airports: SFO, Oak. SJC SMF, Local Airports. Amtrak; Cruise Ship Piers; Downtown SF/Oak; UCSF, Kaiser John Muir Hospitals; Wine Country/Tahoe; Appts; Shops; Dog Walks; Exercise Assist.
YANCEY, Terry Tice Creek Drive E1 c310-251-3143 925-393-5987 gwsgrandma@gmail.com	YES		LIMITED	LIGHT		YES			Limited caregiver experience, assist with bills/paperwork, organizing, companionship, appointments, errands