



TRANSFORMATIONAL LIFE COACHING

P.O. Box 18223

Missoula, MT 59808

(406) 370-8043

www.Transformational-Life-Coaching.com

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Coaching – Terms, Session Procedures, and Acknowledgment

Please print out this Agreement, sign and date it, scan it, and return it to me via email at least three days before your first scheduled session.

COACHING TERMS:

Fees: \$149 for a single session, \$499 for a package of four sessions plus email support. Additional packages and student discounts available on request.

Duration of session: Up to one hour.

Coaching sessions may be in person, by phone, or online through Zoom.

Please visit our website, www.Transformational-Life-Coaching.com, to schedule your appointment(s) and provide payment.

PROCEDURES:

If we are doing a telephone session, call (406) 370-8043 for our sessions. If you call in and get my voice mail, please call back after one full minute – I may be finishing up with my previous client. Please do not leave a message and wait for me to call you back. I may not get your message in time to attend the session.

If we are doing a Zoom session, I will send you a link before the session begins.

ACKNOWLEDGMENT:

I understand that life coaches at Transformational Life Coaching are not licensed therapists and that I am responsible for all my decisions, actions, and feelings.

I have read the Coaching Policies and Procedures. I understand my coach's role and my own role in our co-creative coaching relationship. I will ask questions and clarify anything I don't understand. I am committed to doing everything I need to do to get 100% from my coaching relationship.

Optional: Please put your initials next to each statement you agree to below:

_____ I give Transformational Life Coaching permission to release my name, phone number, and email address to the International Coach Federation (ICF), a professional association and accrediting body for coaches. This information is give for credentialing purposes only and will be held confidential by the ICF.

_____ I give Transformational Life Coaching permission to record my sessions for ongoing training review. At any time, I can ask for a session not to be recorded. I understand that my coach may share or discuss these recordings with their own coach for peer review or credentialing purposes. Otherwise, they will be kept safe and held confidential.

Client Signature

Date Signed