

SCAFG District 33 Getting to Know You Meeting Minutes

Date of Meeting: January 08, 2025

Time of Meeting: 5:45 pm

Location of Meeting: ZOOM

Attendees: Bonnie, Charlene, Denise M., Irene, Iris, Katherine, Lil, Tina, Toni, Terri T., Toni G, Ruth, Sandra, Vivian, Yvonne

Absent: April, Diana, Patty B., Rose, Mia.(work), Yolanda R, and Elena (Bonnie mailed items via email),

Guest: None

I. Welcome:

- a. Bonnie opened with the Serenity Prayer
- b. 10th—traditions/Preamble- Read by Toni
- c. 10th—concepts-volunteer Read by Charlene

II. District Rep.-Bonnie R:

a. Minutes Secretary Lil:

1. Correction to minutes:
 - a. Sandra provided the correct spelling being ALEX, and correction to the date on the minutes
 - b. Charlene stated to add an 'e' to La Verne and the Patricia was missing an 'l',
2. Motion made to approve the minutes with corrections by Charlene. Motion seconded by Toni G.
3. Minutes were approved,

III. Alternate DR:(Vacant).

IV. Contribution Treasurer-Terri T

- a. Terri reported our contribution for December came a total of \$250.00.
- b. A large 7th Tradition of \$46.00, for meeting in-person
- c. Total came to \$296.00.
- d. Terri's secondly reported annual totals for group contributions.
 1. Terri suggested to the GR's to make a copy and report the amount to their meeting.
 2. Charlene noted that on group number 308-19024, Tuesday meeting. Reflects 'seminity' it should read 'serenity'.
 3. Total contributions for the year were \$2,091.93, from group meetings.

V. Disbursement Treasurer – Laura V

- a. Laura reported that the December operation funds began with \$2,844.75
- b. Expenses for the month of December 11 were
 1. \$100.00 for rent at the La Verne Church.
 2. Additionally, the monthly bank fee of \$2.00
 3. Total deduction of \$102.00 with the contributions reported by Terri we have an ending balance of \$3,038.75.
 4. With our prudent reserve we have a balance of \$5,038.75.
 5. Bonnie asked for clarification and Laura provided detailed information, regarding that our ending balance for December should be under \$3,000.00
- c. Bonnie asked Yvonne if we have \$38.75 to spend. Yvonne clarified the question by stating what the maximum amount is to be at the end of the year. Yvonne responded to maintain our non-profit association status in order to not have to file formal tax return, the limit is \$5,000.00

1. Laura stated we are over \$38.75 and reported that Irene mentioned she might have some expenses to submit for December or January.
 - a. Bonnie asked if anyone has expenses from a workshop, literature, or Alathon to submit expenses.
 - b. Yvonne believed that there might be a website bill or something and date the check December 31st and amend the report and submit next month.
 - c. Laura submitted a budget, Bonnie found it hard to follow. Bonnie stated she will put together a budget committee for January 29th on a Wednesday at 5:45 pm. Attendees being Denise, Lil, Terri, Laura, Yvonne, and herself. Bonnie invited anyone who is interested in attending, please feel free to attend.

VI. Bonnie reported on the vacant positions i.e. Alternate DR, and Group Coordinator. Bonnie if anyone was interested in being group coordinator.

- a. Terri nominated Yvonne as group coordinator and second by Charlene. Yvonne won the nomination.
- b. Bonnie stated that we do not have an Alternate GR she is breaking from tradition and asking for someone in the group to a Workshop Chairperson for this year or until we get another Alternate GR.
- c. In-Person meetings:
 1. Bonnie suggested that the district group would decide what to have at the in-person meetings, e.g. finger food, speaker, or no speaker
 2. Yolanda has the contract for the in-person meetings
- d. Bonnie stated she would remain silent and leave the floor open
 1. Katherine will go first with a question for Public Outreach; Katherine asked for suggests, e.g. what is important for the community
 - i. Lil suggested starting with Alateen. Tina reported the goal was to have contact with all the unified school districts in our area and to talk with the school counselor and to visit on site
 - ii. Additionally, provide Alateen literature to the campus and to start up an Alateen meeting letting the parents know we exist.
 - iii. Create panels that would go to group homes, hospitals, and rehab facilities
 - iv. We do not do things alone, for example World Service has a public outreach person you could reach out to get additional information
 - v. We are not promotion but attraction
 - vi. AIS for LA County
 - vii. Katherine asked “do you have to have another person with her.” She will contact the World Service office to get the suggestioned literature that should be handed out.
 - viii. Charlene suggested seeking community fairs and seeing if they allow you to have a table to display your literature, Charlene also suggested asking an Al-Anon friend to join you at these fairs. Again, we do not promote but if someone comes up to the table you can hand them information. Additionally, she suggested providing literature at libraries, sometimes they have a display case, and where they may allow you to place Al Anon literature. Shelters for battered women is another place to provide literature. Katherine will to Laura she stated she had some suggestions for outreach.
 - ix. Yvonne offered a suggestion she has a list of literature that is all inclusive and they are inexpensive. She will send the list to you, and you can see if that is something you might want to use. She also stated that they purchased some Al-Anon books and saved them to local libraries. Yvonne also suggested that it is fun to form a committee with some of your Al-Anon sisters or ask at a meeting if someone would like to participate. Sandra reported that Tuesday night Monrovia meeting is still going to continue with their Friday night outreach however with the recent fires to see if the farmers market will still be held.
 - x. Denise informed Katherine that if she needs any literature, she can order it for her. Denise will go through her inventories of literature. Additionally, there are little cards that were

gave given to Frances for the Alathon that come in English and Spanish it asked does someone's drinking bother you and it has alanon.org printed on the card

VII. Committee Reports:

- a. Alathon: 2025: Sandra
 - 1. Bonnie informed Sandra that Patricia is the 2026 chairperson and that she is the current 2025 chairperson, and she had emailed her the Alathon guidelines which explain what each committee's responsibilities are
 - 2. Sandra said she had read the guidelines and confirmed that she is the chairperson not chair-elect or advisor.
 - i. Sandra requested the Al-Anon report for 2024, if anyone has a copy of the final report please forward it to her; her contact information is on the roster
 - ii. Sandra has not been able to get a hold of Patty B she would like to know if there is another contact information for her
 - iii. Sandra is concerned for the location of this year's Alathon
 - iv. Sandra would like to find a site in Monrovia. This would bring more people from the outer edge to participate.
 - v. Sandra inquired if anyone knew of a site she could contact. Lil suggested the Mary Vale site on Huntington drive in Duarte.
 - vi. Tina suggested looking at the churches where we hold meetings, i.e. AA meetings or Al Anon meetings.
 - vii. Sandra will reach out to the district group
 - viii. Bonnie provided Sandra with Patricia's and Frances's phone number.
 - ix. Bonnie suggests to Sandra to ask Patricia about speakers
- b. Alathon: 2026 Patricia 2025 Absent
- c. Location Chair; Yolanda R Absent

VII. Old Business

- a. In March in-person meeting was brought up by Bonnie. She stated there are those who are not comfortable with driving at night. Bonnie called on Iris to share what she would like to see at the in-person meeting
 - 1. Iris stated that she liked the camaraderie of our group and enjoyed the speaker. She suggested inviting a couple to speak.
 - 2. Terry suggested providing a brief report on what our position is.
 - 3. Sandra enjoyed the meeting as is the food and the speaker. She suggested starting the meeting at 6:30 because she is coming from work, so it makes it difficult to be there on time.
 - 4. Ruth like the two previous suggestions brought up. Plus, when we have somebody in a new position to introduce them and describe the position and when people introduce themselves to state their position title.
 - 5. Katherine had a side note from what budget line the literature comes from. Bonnie informed her that it came out of the Public Outreach budget, but she would order it from the literature person.
 - 6. Denise confirmed that funds for literature purchased from public outreach will come out of Public Outreach and not out of the literature's line item. Yvonne nodded her head in a yes position to confirm the statement.
 - 7. Sandra reported that her meeting was excited that the district group Rep visited their meeting. Plus, if Irene would come and share her experiences. Bonnie stated that Irene would still be attending our meeting, she still wants to be a part of the group; however, she would not be a speaker.
 - 8. Yvonne set an attraction to her would be:
 - i. a speaker that would be strong in-service work message, not telling their story. Other ideas mentioned by
 - ii. Speakers sharing traditions or concepts, i.e. It should be a business meeting.
 - iii. Literature show and tell time by Denise.

- iv. Have sign-up sheets for the different service committees such as public outreach, Alathon etcetera
 - v. Have GR bring Flyers if they have a speaker at their meeting.
 - b. Bonnie asked Iris if she would be interested in being workshop chair or anyone here on zoom
 - 1. Bonnie asked for ideas
 - 2. Themes for workshops
 - i. Concept panel
 - ii. traditions panel
 - iii. Books on intimacy, discovering our losses, use any of our pamphlets for a theme for the workshop.
 - iv. Literature piece like detachment
 - v. How Al-Anon works
 - vi. Merry go round of denial
 - vii. Communication out of the book how Al-Anon works
 - viii. Present our new literature to encourage purchasing the literature.

VIII. New Business:

- a. Group coordinator.
 - 1. If you are not getting the information, please make sure you are current on our list additionally contact Yvonne or Lil.
- b. Reminder of the budget meeting on January 29th, Tina, please record the meeting. Tina and Denise are added to the five who need to be at the budget meeting. Everyone else is welcome.
- c. March 12th, is the in-person diamond bar meeting from 6:00 PM to 8:00 PM
- d. If you have any concerns, e-mail Bonnie or address them now
- e. Charlene informed Lil the calendar needs to be updated.
- f. Bonnie stated Irene is still the web person so if there are any updates Leo is getting them from the website.

IX. Coordinators Report:

- a. **Alateen Tina**
 - 1. Nothing new to report
 - 2. SCAC is up in the air for next year
- b. **Archives Toni G**
 - 1. Bonnie will take the archives to the workshop on Saturday.
- c. **Site Coordinator:**
 - 1. Reported contract for site and required signatures
 - 2. Bonnie asked Laura to issue a check and send it to Yolanda for the rent
- d. **Institutions Vacant**
- e. **Literature-Denise M**
 - 1. If you need literature, let Denise know what you would like.
 - 2. Six sway bags for sale
- f. **Newsletter Vacant**
- g. **Public Outreach Katherine**

XI. Group Representatives/ Reports

Sun 11 am Covina Spiritual Mtg (Hybrid)	Charlene H.	April G. (Alt GR)
Doing well, read the qualifier letter to help avoid using the word qualifier		
Mon 10:30 am Glendora Writing Mtg (In-Person)	Open	
Mon 6:30 pm Charter Oak Mtg (Zoom)	Open	
Mon 6:30 pm Glendora pm Mtg (In-Person)	Yvonne B.	
Strong meeting, all positions are filled: meeting in room 102l		

Mon 8:30 pm Covina Beginners Mtg (Hybrid)	Barbara C.	No report
Tues 10 am Covina Step Study Mtg (In-Person)	Cindy C.	
Cindy is no longer GR but Bonnie is still sending her information until a new one is selected		
Tues 6:30 pm West Covina Alateen Mtg (Not Mtg)	Tina N.	(AMIAS)
Tues 7:00 pm Monrovia Candlelight Mtg (In-Person)	Sandra L.	
Doing well		
Tues 7:00 pm Monrovia Candlelight Mtg (Zoom)	Open	
Tues 7:30 pm Diamond Bar Mtg (In-Person) Yolanda R. (Alt GR)	Open	
Doing well		
Tues 7:30 pm Diamond Bar Mtg (Zoom)	Ruth F.	
Doing well		
Tues 7:30 pm West Covina Men's Stag Mtg (Hybrid)	Open	
Wed 12:30 pm Covina Up Front Mtg (In-Person)	Rose S.	
Standing room only. Speaker once a month.		
Wed 7:00 pm Step Study Mtg (Zoom)	Kathy H.	No report
Thurs 10:30 a.m. Glendora Writing Mtg (In-Person)	Denise M.	
Had to leave the meeting, no report		
Thurs 6:30 pm Glendora Girls' Night Out Mtg (In-Person)	Laura V.	
Laura has taken over 4 Irene and the meeting is thriving		
Thurs 6:30 pm Girls' Night Out Mtg (Zoom)	Open	
Thurs 7:00 pm La Puente Spanish Mtg	Open	
Thurs 7:45 pm Covina Young at Heart Mtg (In-Person)	Vivian P.	
No report		
Fri 9:00 am Hacienda Heights Armonia Spanish Mtg	Elena O.	
Bonnie mailed items via email, will need to contact her		
Fri 10:00 am Covina Living in the Solution Mtg (Hybrid)	Katie H..	No report
No report absent		
Sat 9:00 am Hacienda Heights Spanish Mtg (In-Person)	Open	
Tues 7:30 pm Pomona AFGTuesday Night Mtg (In-Person)	Iris H.	(Contact, not a GR)
attendance is doing well		
Tues 7:30 pm Pomona AFGTuesday Night Mtg (In-Person)	Diane P	(Alt Contact, not a GR)
No report		

XII. Announcements:

Service Manual Study, Tuesdays 4:00pm ID:99255665269 pw:121212

Special Note: ~~My computer lost a few files of which two were our recordings. Some notes may not be complete. If there are items, I missed please let me know.~~

XIII. Yvonne closed with the serenity prayer

Respectfully, Minutes Secretary

Lil Sass

Remaining Meetings for 2024/2025

2025			2025		
Jan 8 th	Z	5:45pm	July 9 th	Z	5:45pm
Feb 12 th	Z	5:45pm	Aug 13 th	Z	5:45pm
Mar 12 th	IP	6pm-8 pm	Sept 10 th	IP	6pm-8 pm
Apr 9 th	Z	5:45pm	Oct 8 th	Z	5:45pm
May 14 th	Z	5:45pm	Nov 12 th	Z	5:45pm
Jun 11 th	IP	6pm-8 pm	Dec 10 th	IP	6pm-8 pm

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