

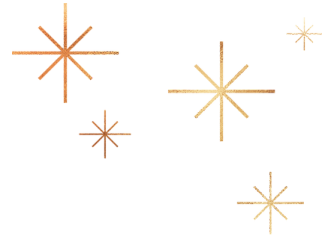
NEWSLETTER

JANUARY - MARCH 2022



DIRECTORS MESSAGE

Happy New Year!



Winter is here...and these next couple of months can get long and cold. We have many different programs and events to help keep families engaged this winter as well as many different services for you and your family.

If you or someone you know would benefit from some extra support, guidance and/or encouragement, please reach out. We are here to help! With the amazing support of our community, a dedicated staff, donors and increased grant funding, Lakeland Family Resource Center has been able to serve more children and families than ever before. With the growing amount of needs in our community we anticipate those numbers to increase once again this coming year. My deepest thanks to all of you who attended and contributed in 2021, as participants, board members, vendors, donors, or volunteers. Know, that I truly understand that our successes would not have been possible without your efforts.

We are honored and thankful to be YOUR Resource Center. For more information on new and existing programs or if you would like to donate, please visit our website at www.lakelandfrc.com or call or text me at 218-409-6901.

Wishing you and your family the happiest of New Years!

Renee Luell

Executive Director

WEEKLY PROGRAMS



PROGRAM SCHEDULE

MONDAY	10:00AM - 12:00PM	DISCOVERY SPROUTS	LAKELAND FAMILY RESOURCE CENTER
TUESDAY	10:00AM - 12:00PM	KIDS CLUB	LAKELAND FAMILY RESOURCE CENTER
WEDNESDAY	10:00AM - 12:00PM	KIDS CLUB	LAKELAND FAMILY RESOURCE CENTER
THURSDAY	10:00AM - 10:45AM	STORY TIME	SHELL LAKE PUBLIC LIBRARY
FRIDAY	10:00AM - 12:00PM	KIDS CLUB	LAKELAND FAMILY RESOURCE CENTER



**STORIES, ACTIVITIES, CRAFTS,
FRIENDS, SNACKS.**

CONTACT JENNI FOR MORE INFORMATION

jenni.lfrc@gmail.com
715-635-4669



RELATIVES AS PARENTS PROGRAM

Relatives as Parents program, offered in partnership between Lakeland Family Resource Center & UW-Madison Division of Extension, serves those that are filling the unique role of raising a relative child. All caregivers raising a relative child are invited to attend along with their children. Join us at a monthly support group for breakfast or a family fun event!

All events are offered free of charge!

For more information or to register, contact Jacquie 715-939-1151, jacquie.lfrc@gmail.com



RELATIVES AS PARENTS EVENTS

January 13	9:00 am	Monthly Support Group	Rustic Corner Cafe, Birchwood
January 27	9:00 am	Monthly Support Group	Lakeland Family Resource Center
January 29	9:00 am	Family Movie Showing	Lake 7 Theater, Rice Lake
February 10	9:00 am	Monthly Support Group	Rustic Corner Cafe, Birchwood
February 12	3:00 pm	Painting Party	Lakeland Family Resource Center
February 24	9:00 am	Monthly Support Group	Riverstreet Family Restaurant, Spooner
March 10	9:00 am	Monthly Support Group	Rustic Corner Cafe, Birchwood
March 19	10:00 am	Museum Tour	Cable Natural History Museum
March 24	9:00 am	Monthly Support Group	Riverstreet Family Restaurant, Spooner

For more information about events visit lakelandfrc.com/rap

POSITIVE PARENTING PROGRAM

The Positive Parenting Program (Triple P) for parents and caregivers of adolescents ages 12 and up addresses the most common parenting issues we all face. Parents will learn strategies to build a better relationship with your teenager, reduce conflict, keep your teenager safe, be realistic about parenting, as well as strategies to take care of yourself. You are welcome to attend sessions individually or register for as many as you would like.

All sessions and materials are FREE of charge.



Register online at
<https://bit.ly/In-personTPTeen>
or contact jacquie.lfrc@gmail.com

Thursdays 5:30-7:00pm at Lakeland Family Resource Center

January 13	Raising Responsible Teens
January 20	Raising Competent Teens
January 27	Getting Teens Connected
February 3	Getting Teens to Cooperate
February 10	Coping with Teen Emotions
February 17	Building Teens Survival Skills
February 24	Reducing Family Conflict

Registration is required to ensure adequate materials and refreshments are available.

MEET THE STAFF



Jenni

Amy

Amber

Renee

Brenda

Kimi

Jacquie

Bryanna

Lakeland Family Resource Center's

School to Home Program

How can School to Home help YOU???

Students

- Truancy
- Academic Concerns
- Concerns about behavior
- Social Emotional Learning
- Homelessness

Families

- Resource Coordination
- School and County Supports
- Poverty
- Employment

Contact your
School to Home Liaison
for more information

Birchwood School District

Amy Lang - amy.lfrc@gmail.com

Spoooner School District

Amber LaRue - amber.lfrc@gmail.com

Shell Lake School District

Brenda Thomas - brenda.lfrc@gmail.com

Northwood & Spooner School Districts

Kimi Leach - kimi.lfrc@gmail.com

UPCOMING EVENTS

Family Skate Night

Date: Friday January 21, 2022

Time: 6:00 - 8:00PM

Place: Spooner Civic Center Ice Rink



Free Skate Rentals

Free Skate

Games

**Refreshments for sale
by SAYHA**

SPONSORED BY
**Community Alliance
for Prevention**
Washburn County



LAKELAND FAMILY RESOURCE CENTER &
THE SACCO GROUP PRESENT

Tastefully Together

A MIDWINTER GALA CELEBRATING FAMILIES

Saturday • January 22, 2022 • 6:00pm

UNIQUE FOOD
ROUND MAN BREWING CO.

DRINKS
JERSEYS SPORTS BAR

LIVE MUSIC
THE VICTONES

The Spooner Civic Center

\$75.00/Ticket

PURCHASE TICKETS AT LAKELAND FAMILY RESOURCE
CENTER OR THE SACCO GROUP, EDINA REALTY

FUNDS RAISED SUPPORT LAKELAND
FAMILY RESOURCE CENTER

715-939-1151 LAKELANDFRC.COM



Thank you to our gold sponsors!

**Burnett County
Abstract Company**
- Protecting property rights since 1906 -



Lakeland Family Resource Center & Hunt Hill Audubon Sanctuary's Annual Winter Festival

Date: Saturday March 5, 2022

Time: 10:00AM - 2:00PM

Place: Hunt Hill Audubon Sanctuary



Winter Activities. Food. Family Fun.

Join us for a day of fun WINTER activities for the whole family.

Pop-Up Pantry
SELF-SERVE PANTRY

AVAILABLE TO ALL **DAILY 5 A.M. - 8 P.M.**

SAUCY SPAGHETTI
NET WT. 14 OZ.

gracery
Malibu
OATMEAL
Sandines
IN TOMATO SAUCE

LAKELAND FAMILY RESOURCE CENTER
LOCATED IN THE INNER LOBBY
819 ASH STREET, SPOONER

Lakeland
FAMILY RESOURCE CENTER

Feed My People
FOOD BANK

Lakeland Family Resource Center's

FOOD 4 FAMILIES

SCANNING HERE TO ENROLL

SERVING WASHBURN COUNTY

FULL MEALS FOR YOUR ENTIRE FAMILY

FUN CRAFT OR ACTIVITY INCLUDED

FOR FAMILIES WITH A CHILD 0-5 YEARS

FOOD 4 FAMILIES

Lakeland
FAMILY RESOURCE CENTER
connect. play. grow.

Bryanna Green
218.206.6675
bryanna.lfrc@gmail.com

Feed My People
FOOD BANK

NO KID HUNGRY

How can Lakeland Support YOU



Parenting
Housing
Food Assistance
Poverty
Raising a grandchild/niece/nephew
Transportation
Alcohol/drug abuse
Resource Coordination
Housing
Utilities
Basic Needs
Employment
Mental Health
Clothing
Benefits

How can YOU Support Lakeland

AmazonSmile

Amazon smile is a program where Amazon donates 0.5% of the purchase price of eligible products to Lakeland Family Resource Center. Support Lakeland with your Amazon purchase in three simple steps:

1. Visit <https://smile.amazon.com/>
2. Log in to your Amazon account & choose Lakeland Family Resource Center Inc as your charity.
3. Start shopping!

Monetary Gifts

The simplest and easiest donation option available — can be made through online credit/debit card transactions, outright cash, or checks. Visit our website at lakelandfrc.com

Wish List

Lakeland accepts in-kind donations to help support our programs, events, families in need and general operation. We also have an Amazon wishlist titled "Lakeland Wish List" for easy shopping and shipping.

White card stock	Kleenex
Ziploc bags	Paper plates
Copy Paper	Paper Towels
Clorox wipes	Toilet Paper
Disinfecting spray	Gas or Grocery Cards

Volunteer Time

We are always looking for volunteers to help with Lakeland programming as well as assist at local fundraising events.

Lakeland Family Resource Center is YOUR resource center with the goal to strengthen our community. We seek to bridge the gap between services and offer hands on support to all families.

